

THE EXTRA MILE



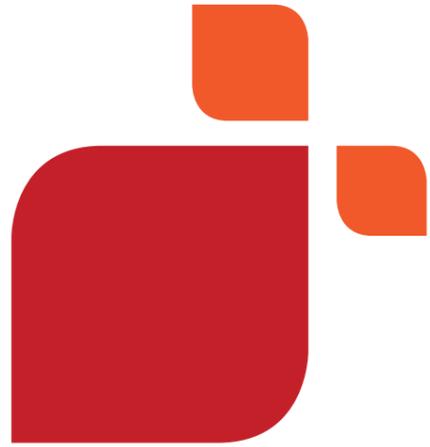
NUTRITION



EDUCATION



HEALTHCARE



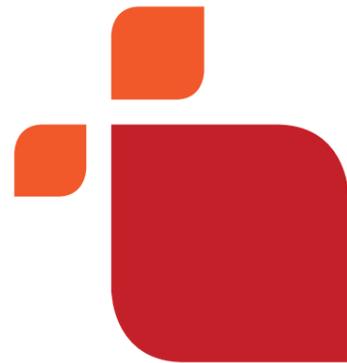
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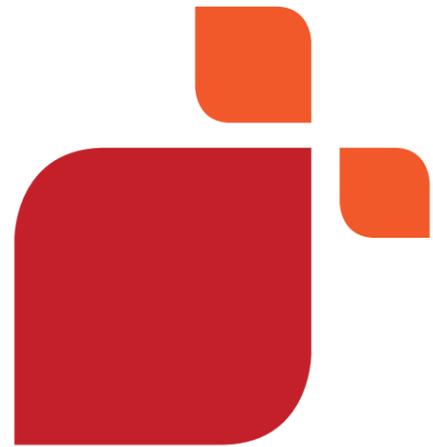
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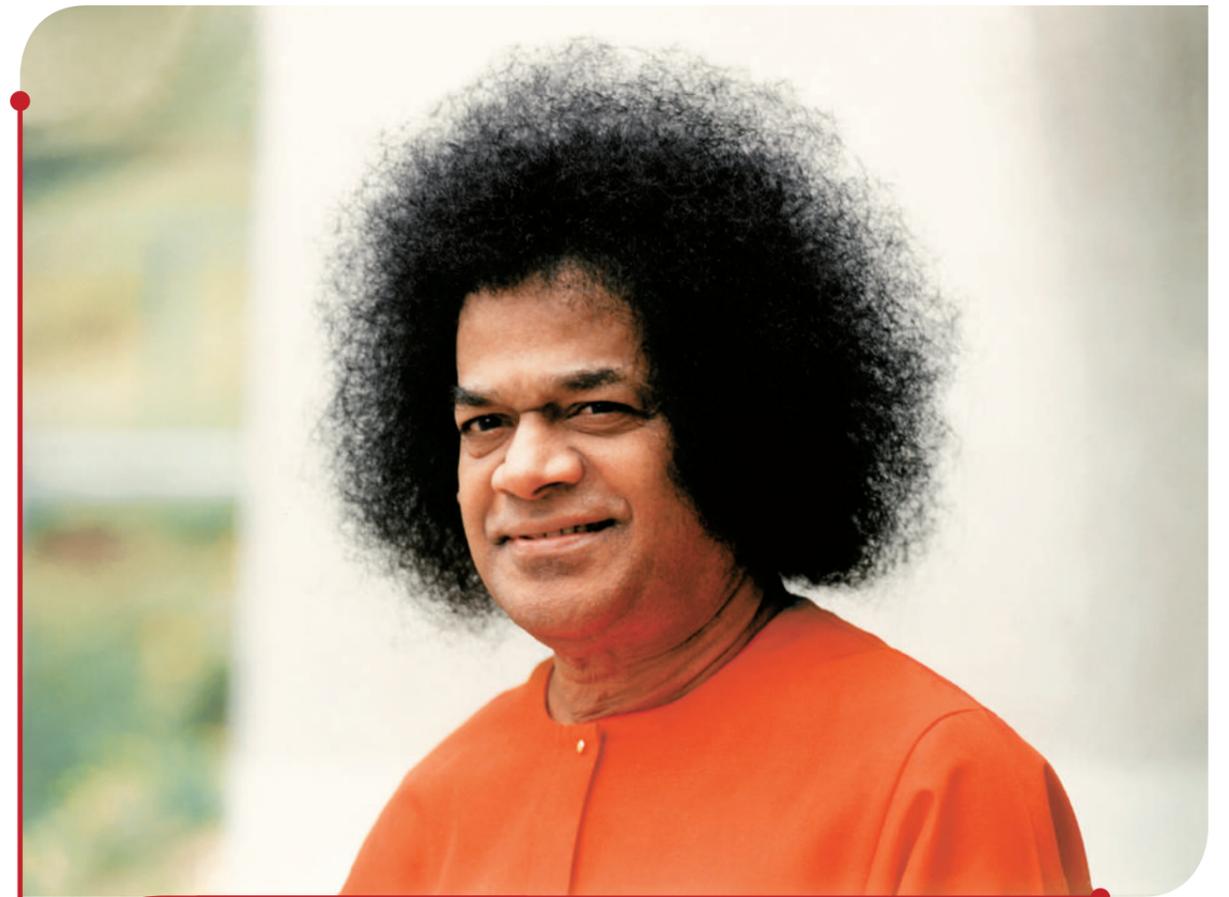
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COMMITTED ACTION INSPITE OF THE COVID COMMOTION



A MISSION
INSPIRED BY
SRI SATHYA SAI BABA
**IN THE FOOT
PRINTS OF
LOVE AND
SERVICE**



SRI SATHYA
SAI BABA

Sri Sathya Sai Baba was born as Sathyanarayana Raju in the year 1926 at Puttaparthi, a small, pastoral village in the South Indian State of Andhra Pradesh. He grew up to be loved and revered as a humanitarian and a spiritual leader the world over. His message of 'Love All Serve All' and 'Help Ever Hurt Never' formed the basis for all the philanthropic work in the fields of education, healthcare, community service and drinking water projects that He pioneered. Baba's simple yet effective teachings on life and spirituality continue to guide all His service institutions even today. His mission of touching the hearts of individuals and transforming societies through acts of selfless love and service still lives on.

SADGURU SRI MADHUSUDAN SAI

SPIRITUAL AND SOCIAL LEADER OF THE GLOBAL MISSION OF NUTRITION, EDUCATION AND HEALTHCARE



Sadguru Sri Madhusudan Sai spearheads the mission of love and service. Walking in the footsteps of Baba, Sri Madhusudan Sai is instrumental in furthering Baba's mission by establishing various humanitarian service projects across **33 countries**. Since 2011, he has been leading dedicated volunteers and passionate individuals to establish institutes of excellence in Education, Healthcare, Nutrition and Sociocare across the world. The life of Sri Madhusudan Sai is indeed a reflection of the timeless message of love and service, as several lives are being illumined through these benevolent acts of service every single day.

The Extra Mile

The COVID pandemic rocked the whole world, confining people to their homes during lockdowns, denying them of their livelihoods, and spiralling a world-wide crisis of healthcare, education, and nutrition—precisely the areas of our work.

When the going gets tough, the tough gets going, and so did we, during these unprecedented pandemic times, when the toughest part of going was going that extra mile to serve the unserved. The hungry could not come to have their food, so food had to go to the hungry. Children could not come to schools, and so schools had to go to the children. Patients couldn't come to the hospital, and so hospitals had to go to the patients. And that's the extra mile that we covered to bring that extraordinary smile on the faces of those who found relief and succour through these service initiatives during the pandemic. Sure enough, tough times don't last but tough people do, and we survived the pestilence together, by supporting and serving each other.

On the nutrition side, the Sri Sathya Sai Annpurna Trust walked that extra mile to provide ration kits to the needy families of the school children, who would otherwise go hungry during the lockdown. The Trust forged new partnerships with newer States and Union Territories to deliver breakfast meals when the schools reopened; at the same time, going the extra mile beyond the call of their duty to provide food relief to migrant workers who lost their livelihoods. The end result was the smile on the faces of more than 45 million satisfied beneficiaries.

On the education side, the 'Sri Sathya Sai Loka Seva Gurukulam', walked that extra mile by launching a totally free of cost online learning app where hundreds of lessons across subjects and classes were uploaded for anyone to watch and learn from their homes. And for those students who could not afford a device and internet, our schools provided them with the same absolutely free of cost. As a result, more than 40,000 students smiled and so did their parents and teachers. The *gurukulam* also launched the first-of-its-kind '*veda pāṭhaśālā*' that would provide absolutely free of cost education in *vedic* traditions as well as secular subjects to the aspiring *brahmacaris*—the likes of which are usually never done in other *vedic* schools. The University forged new partnerships with other esteemed organisations and launched Post Graduate as well as Research programmes. For the first time, not just full scholarships were given to the students pursuing post graduate studies; but an additional monthly stipend was given to these students in an effort to encourage the pursuit of higher education, especially for the many first generation women graduates. That was the extra mile that the University covered this year and a unique one indeed!

On the healthcare road, the journey of the extra mile was to take healthcare to the door steps of those who

could not come to the hospitals, while at the same time reinventing ourselves to serve the needy children during the pandemic, under all the prescribed COVID protocols. The Sri Sathya Sai Sarla Memorial Hospital upgraded itself to a multi-speciality facility with 125 oxygenated HDU and 25 ICU beds that would serve for free, in times of the pandemic when medical oxygen was a rare commodity, causing loss of lives. Not just that—medicines were couriered to the regular patients at no cost to them and free telemedicine consultation facilities advised them, as well as assuaged their anxieties about the pandemic. Meanwhile, the Sri Sathya Sai Sanjeevani Chain of Child Heart Care Hospitals, continued their work, even though most other hospitals stopped elective surgeries owing to the pandemic. This extra mile had to be covered because if not due to the pandemic, the child would still die due to the heart disease that needed immediate intervention. Another effort was to develop infrastructure for the last mile coverage in terms of starting mother and child hospitals that would predict and prevent incidents of congenital heart diseases by detecting it early in the foetus, providing holistic maternal healthcare and ensuring safe deliveries. Volunteers of the Sri Sathya Sai Aarogya Vahini Programme had to 'not walk the extra mile' but rather ride a boat to the remote rural areas of Sundarban delta in the State of West Bengal.

While on the service side such extraordinary strides were made, on the spiritual side, giant leaps happened when the publication team of Premamrutha Prakashana and Sanathana Vani recorded spiritual teachings on the *upanishads* and other *vedantic* texts, with a special video series 'Master the Mind' that comprised of a four-week step by step approach to mastering one's thoughts—something that was much needed during the anxious times of the pandemic to keep one's sanity and mental balance. Thanks to these spiritual online classes that when people were not able to go out, they could go within and cover that extra spiritual mile in their inner journey.

All around the world, the Sai Global Federation of Foundations provided meals, medicines and moral support to their fellow beings, in the spirit of *vasudhaiva kutumbakam* – one world, one family.

All in all, this year was all about walking the extra mile to bring a smile on the face of millions who needed us the most. As we look back at the bygone year, we find ourselves to be better versions of ourselves than previous years, as while this year tested our convictions and challenged our commitments, it also helped us grow in our courage and capacities to serve our fellowmen.

We are happy that we walked the extra mile together – without and within!

Sadguru Sri Madhusudan Sai

OUR
GUIDING
PHILOSOPHY

SERVICE AND
SPIRITUALITY

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ABOUT US

'Altruism' with 'Awareness' about the needs of our society, responsibilities of our institution, and alignment with the global goals of nations worldwide — the focal points which drive the path of the various institutions of Nutrition, Health, Education and allied activities, is the principle of the Global Sustainable Development Goals of the United Nations which says, 'leaving no one behind.' A values-based approach to fulfill the basic rights of the society, for no cost what so ever to its beneficiaries, the Trusts and Societies which govern these Institutions deploy a holistic strategy to achieving sustainable development for all. All the Trusts and Societies are united in their purpose and are managed independently, each by a separate Board of Trustees and governed by the statute under which they are set up.

OUR TRUSTS



NUTRITION

SRI SATHYA SAI ANNAPOORNA TRUST

This charitable Trust was set up in November 2015 to serve free morning nutrition to needy school children, typically those attending rural government schools across India. The sole objective of the Trust is to promote rural upliftment and transformation across the rural hinterlands of the country. It is headquartered at Sathya Sai Grama, Muddenahalli, Chikkaballapur district of Karnataka, India.

EDUCATION

SRI SATHYA SAI LOKA SEVA TRUST



Known previously as the Loka Seva Vrinda, the Sri Sathya Sai Loka Seva Trust was registered at Chikkaballapur in 1978 to establish and manage the two educational Campuses in Alike (Dakshina Kannada district) and Muddenahalli (Chikkaballapur district). Together, these two Campuses manage nine Institutions that impart primary, higher primary and secondary education including pre-university courses. The two Campuses are presently governed by separate managements in Alike and Muddenahalli. The purview of this Annual Report is limited to the activities of the educational Institutions located in Muddenahalli only.



PRASHANTHI BALAMANDIRA TRUST

Prashanthi Balamandira Trust (PBMT) is a public charitable Trust that came into existence in 1981. The Trust serves children through its core competency of education, which is bequeathed as a gift and as a right to every child, considering it as an investment into creating a better future for the individual child, its family, society, nation, and the world at large. The Trust currently operates 17 educational Campuses along with 5 other Campuses of its allied Trusts, which provides quality, values-based, integral and spiritual education from Grade 6 till Doctoral studies absolutely free of cost for both boys and girls.



**SRI SATHYA SAI
SARASWATHI
EDUCATION TRUST**

This Trust was established in the year 2011 with the alumni of Sri Sathya Sai Educational Institutions as Trustees. Registered in Chikkaballapur district, the Trust defines offering free, values-based education to children as its purpose. The Sri Sathya Sai Vidyaniketanam in Kalaburagi, the Sri Sathya Sai Sharadaniketanam in Mandya and the Sri Sathya Sai Divyaniketanam in Chikkamagalur district are managed by this Trust.



**EACH ONE
EDUCATE ONE
FOUNDATION**

The Each One Educate One Foundation is a registered not-for-profit organisation set up to galvanise e1e1 as a global movement to envelope children the world over into the fold of education. It is run by a Board comprising the alumni and alumnae of the Sri Sathya Sai Educational Institutions. The belief that quality education should not be commercialised and thereby should include the underserved and marginalised sections of society, drives the Foundation to promote education at no cost to children. Presently, the Foundation supports the education of children enrolled in the network of schools that are run and managed by the Sri Sathya Sai Loka Seva Gurukulam.

HEALTHCARE

**SRI SATHYA SAI HEALTH
AND EDUCATION TRUST**



Sri Sathya Sai Health and Education Trust was established in May 1970 at Bengaluru as a public charitable Trust, under Section 12A of the Income Tax Act, 1961. It establishes and manages healthcare institutions across India that offer quality medical care to all, totally free-of-cost. It currently manages the Sri Sathya Sai Sanjeevani Centres for Pediatric Cardiac Care at three locations – Nava Raipur, Chhattisgarh; Palwal, Haryana; and Kharghar, Navi Mumbai, Maharashtra.



**AAROGYA
VAHINI TRUST**

Aarogya Vahini Trust (AVT) is a Kolkata-based charitable organisation, providing free-of-cost healthcare services to vulnerable communities in rural West Bengal, Jharkhand, Bihar and Assam since 2015. It offers accessible and affordable preventive primary health care services with a focus on Non-Communicable Diseases (NCDs).



**SRI SATHYA SAI
ARADHANA TRUST**
SATHYA SAI GRAMA, MUDDENAHALLI

SPIRITUAL ACTIVITIES

**SRI SATHYA SAI
ARADHANA TRUST**

This Trust was set up in the year 2014 and was registered in Chikkaballapur district, Karnataka as a religious Trust under the Charitable and Religious Trusts Act 1920. All *yajñas*, *pujas*, religious and spiritual talks by learned scholars are organised and conducted under the auspices of Sri Sathya Sai Aradhana Trust, at Sathya Sai Grama, Muddenahalli.

Notably, the Navarathri Homa, Durga Puja and Maha Rudra Yajna are conducted every year during the Navarathri period. Once in five years, the Athi Rudra Maha Yajna is also conducted. These *yajñas* are conducted for world peace as well as to safeguard the rich cultural heritage of Bharath.

PUBLICATIONS

**SRI SATHYA SAI PREMAMRUTHA
PRAKASHANA SOCIETY**



Sri Sathya Sai Premamrutha Prakashana (Sai Prakashana) is a not-for-profit Society registered under the Karnataka Societies Registration Act in the year 2012. A publications and communications division of Sri Sathya Sai Loka Seva Trust, the sole purpose of Sai Prakashana is to spread the profound truth – 'I am divine and so are you.' This is done through the messages of Sadguru Sri Madhusudan Sai on unity of religions, service to humanity and service with love. This voice of eternal truth is being delivered to all parts of the world in various forms and languages best suited to the varying needs of different audience groups.

GLOBAL ACTIVITIES

**SAI GLOBAL FEDERATION OF
FOUNDATIONS**



The Sai Global Federation of Foundations (SGFF) is the parent body of all the Trusts, Foundations and Societies registered in India and overseas. It is a platform for its member organisations to collaborate and support each other in the journey of service and transformation. It is registered in the United States of America as an LLC under Section 501(c)(4) of the Internal Revenue Code for promoting social welfare.

NUTRITION



Sri Sathya Sai Annapoorna Trust

“ As is the food, so is the mind;
As is the mind, so are the thoughts;
As are the thoughts, so is the conduct;
As is the conduct, so is the health. ”

SRI
SATHYA
SAI BABA

FROM THE CHAIRMAN'S DESK

MR NARASIMHACHARI SAMPATH



Mr Sampath, the Chairman of Sri Sathya Sai Annapoorna Trust, is a retired Indian Government official from the Indira Gandhi Centre for Atomic Research (IGCAR). An extremely enthusiastic and down-to-earth person, he is fully involved in running the everyday affairs of the Trust. Additionally, he is also the current Chairman of the Vanatantra Beauty Essentials Pvt. Ltd. In the past, he has also served as the President of the Co-operative Society, Kalpakkam, under the Government of Tamil Nadu for five years. He has been involved with the Sri Sathya Sai Organisation in various service activities for over 30 years.

Childhood malnutrition is a chronic problem and a fiery challenge that has not found a way out, despite decades of investment in this cause. India's childhood malnutrition rates are still one of the most alarming in the world. The Global Hunger Index (2021)—which is calculated based on four factors – 1. Undernourishment (share of the population which is undernourished due to insufficient calories), 2. Child Wasting (share of children under the age of five who are wasted – low weight for their height), 3. Child Stunting (share of children under the age of five who are stunted – low height for their age), and 4. Child Mortality – mortality rate of children under the age of five due to ill-health and unhealthy environment—puts India at the 101st place amongst 116 countries.

Child wasting, stunting and mortality have long-term ramifications not only for the children and their families, but for the national economy as a whole. A child who is malnourished during the first three years of life has fewer neural connections in his or her brain. This is an irreparable harm caused to the child, and such a child is more likely to quit school, and even if she/he does attend a school, he/she is 'less able' to study. It has also been shown that India loses 4% of its GDP annually due to malnutrition. **It is absolutely the right time now to ring the alarm bells to combat malnutrition!**

The COVID-19 pandemic has directly impacted child survival, health and nutrition in a significant manner due to the breakdown of economic machineries worldwide. Food production and supply system was impacted in a major way leading to increase in the prices of various food commodities, due to which millions of households had to rely on nutrient-poor alternatives.

During the lockdown, the mid-day meal programme, which functioned as the principal source of nourishment for millions of school-going children in India, was forced to come to a halt due to school closures. In addition, the lifeblood of Annapoorna, which is its serving morning nutrition to children, also came to a halt. Most notably, children who already have Moderate or Severe Acute Malnutrition (SAM/ MAM) had to be confined to their homes without medical attention or supplementary nutrition. Not only children, but also their entire families were facing the heat of the COVID.

Narasimhachari Sampath

Chairman, Board of Trustees, Sri Sathya Sai Annapoorna Trust

It is during this time that the Sri Sathya Sai Annapoorna Trust served several needy families with dry rations and other essentials, in collaboration with various Foundations like RIST, PFC, GAIN, Sri Ramakrishna Sevashrama, Adanya Chetana... etc. By this way, distribution of dry rations to the doorstep of over **11 million beneficiaries** was accomplished and more than **50,000 individuals** were served food. **15,000 mid-day meal cooks** in Government schools who also assist in preparing breakfast for children, were paid due gratitude by providing dry ration kits during the trying times. Nutrition kits to COVID patients and distribution of food to the COVID frontline warriors during the second phase of the pandemic, was done with due diligence.

SAM/ MAM children in the States of Karnataka and Telangana were provided SaiSure with the support of Anganwadi centres. SaiSure, a multi nutrient delicious health mix is a proven boon to boost the health of children. It is a wholesome, free of cost, simple, scalable solution to bridge the nutrition gaps and meet the needs of wholesome nutrition.

As on March 2021, Sri Sathya Sai Annapoorna Trust, through its morning nutrition programme has been able to reach out to over **500,000 children** spread across **17 States and 3 Union Territories**. This programme, owing to the efforts of over **600 volunteers**, has seen a huge positive impact on children, not only in their health parameters, but also in their academic performances. Higher attendance, lower dropout rates, marked increase in academic performance and attentiveness have been constantly observed in children. This holistic growth in the child's well-being, will surely go a long way in nation building. Complemented with Government and Corporate CSR teams, this is indeed the very materialisation of the principle of 3S model – *samāja, sarkāra, samsthā*.

The service extended by the Annapoorna volunteers has been commendable without a doubt. Upon witnessing a very encouraging positive transformation in children, through the efforts of Sri Sathya Sai Annapoorna Trust, I am sure that, realising the dream of Annapoorna Morning Nutrition Programme to build a nation, where no child goes to school hungry, EVER, is very much within achievable reach and saying so, let this mission of restoring back to children their basic right of NUTRITION continue with further zeal and zest!



VISION

Gramodharan, Gramaparivartan
(Rural Upliftment, Rural Transformation)



MISSION

To invest in the needy and the rural through 'anna' (nutrition), 'akshara' (education) and 'arogya' (health), leading to the transformation of children, parents, community and volunteers.



VALUES

- Team work: Love, Humility, Compassion, Commitment
- Discipline: Process, Accountability, Quantitative Analysis, Impact, Outcomes
- Transformation: Selfless service to humanity

OBJECTIVES

- To ensure that no child goes to school hungry ever
- To provide holistic healthcare interventions for the needy
- To provide supplementary educational services to children and teachers
- To network with individuals, institutions and industries
- To provide volunteering opportunities for self-transformation



TOPICAL AFFAIRS OF CHILDHOOD NUTRITION

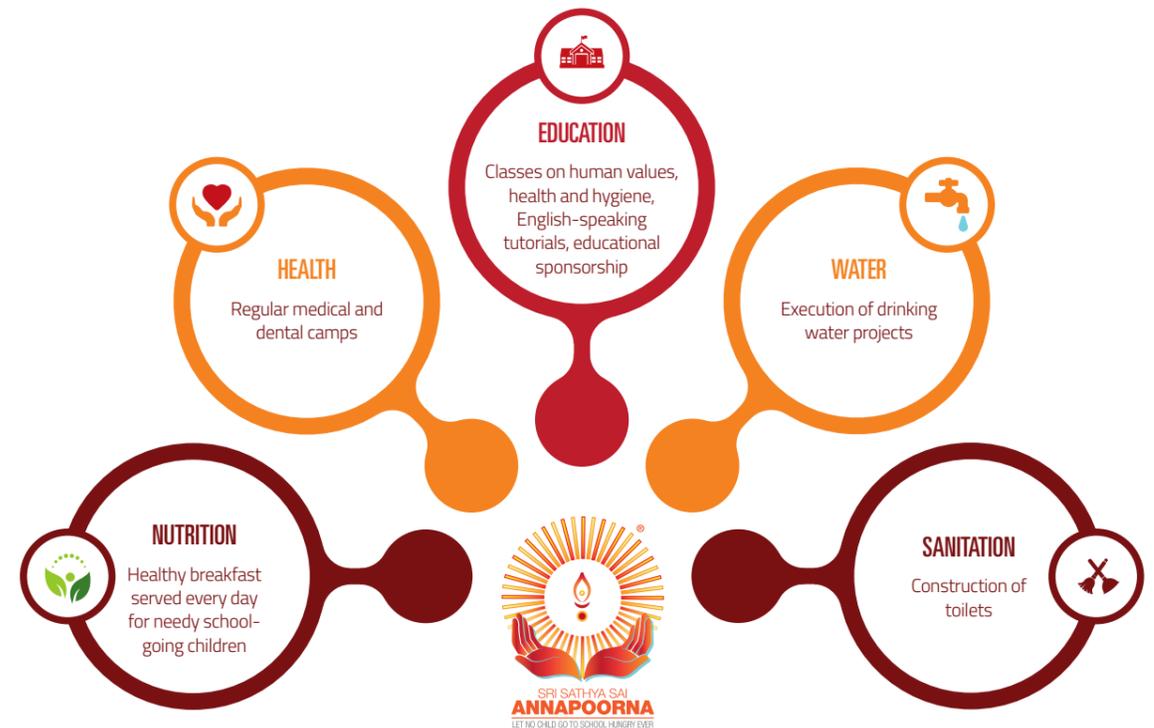


Good health and holistic well-being, and equal access to health for all, especially children, are their basic right. Unfortunately, not every child in India enjoys this right. According to the 2021 Global Hunger Index, India ranks 101 out of 116 countries. It was in the position of 94 in the year 2020 and has worsened since then and this downward trend is definitely alarming. Moreover, the COVID 19 pandemic has impeded the progress towards achieving the global nutrition targets. With a large number of people being pushed into extreme poverty during the pandemic, there has been hardly any progress in reducing 'wasting' in children. Also over the last decade, child stunting, which is described as underdevelopment of a child due to lack of nutrition, poor health and repeated infections, has reduced at a rate of about only 1% per year, which is a sure sign of a very slow decline of this health condition in children.



Some of the reasons for childhood stunting and wasting are:

- ❁ Most of the expecting mothers and lactating mothers, lack in nutrition, since they belong to poor, tribal families where they work as daily-wage labourers with a hand-to-mouth existence
- ❁ A newborn does not get sufficient breastfeeding during the first six months. The mother is malnourished and hence the infant too
- ❁ Lack of access to clean drinking water is a major concern for infection in children



Statistics indicate that in India, 17.3% of children under the age of five are underweight, 34% of children under the age of five show stunted growth and approximately 53% of women of reproductive age have anaemia. Low cognitive skills and lack of growth and development are very common in these underweight and stunted children. According to the current trend analysed by India's Food and Nutrition Security Reports, one out of every three children in the age of five will be stunted by the year 2022.

Many of our school-going children have no access to nutritious and balanced diet. The key reason for child malnutrition is economic inequality. Many children hail from poor and displaced tribal families that have a hand-to-mouth existence and hence come hungry to school. Despite several schemes introduced by the State Governments such as the midday meal scheme, a lot still needs to be done.



Let
**NO
CHILD
GO TO
SCHOOL
HUNGRY
EVER!**

ANNAPOORNA – AN INNOVATIVE NUTRITION REGIME

Every adversity can be taken as an opportunity! It only takes a good heart and a determined mind to do this. Thus, came about Sri Sathya Sai Annapoorna Trust to save children who are suffering from stunted growth and chronic malnutrition, especially in the rural and underprivileged sections of the society. A vision—'Let no child go to school hungry ever!'—translated into action by providing nutritious morning meals to school-going children, through the Annapoorna Morning Nutrition Programme.

Breakfast, as research has shown, has a lasting effect on the health of children and aids in their physical and mental well-being, academic achievement and cognitive development.

Nutrition is provided to school-going children in the form of cooked breakfast, milk, and banana, or nutritious cookies or balanced health supplement mixed with milk. This alleviates hunger, increases attention span, and improves the academic and health profile of children.

The breakfast menus are prepared under the guidance of expert nutritionists panel and are designed to meet the calorie requirements of growing children. The high cost of many nutrient-rich foods is a major barrier towards making it accessible for people who do not have the means to afford it. Thus resolving malnutrition warrants urgent policy attention.

The key objective of pro-equity and nutrition-sensitive food policies should be to improve the affordability of nutrient-rich foods for all, especially for the poorest households. Also, according to

the Food and Nutrition Security Analysis 2019 report, fortification, diversification and supplementation may be used as simultaneous strategies to address micro and macronutrient deficiencies. Considering these aspects, the Trust invests its trust on the health supplement mix called SaiSure, which has been designed to specifically meet the protein, calorie, vitamin and mineral requirements, as well as micronutrient requirements for growing children.

The tasty and highly nutritious SaiSure health mix augments the milk provided by the Government in the schools and thereby makes it a wholesome meal for

the children. The SaiSure product is certified by FSSAI and is manufactured in a FDA-approved facility. The product can be easily consumed by simply mixing it with milk and is also easily transportable to remote geographies. It doesn't require expensive means of storage, and thus, is scalable from a convenience and economy perspective. It

is extremely cost-effective, where the cost per student per day is just INR 2.00 as compared to other commercially available health mixes. In collaboration with VRL Logistics Ltd., the single largest private fleet owner of commercial vehicles in India, Annapoorna is able to distribute SaiSure to more needy children across the country. First American India Pvt Ltd provided the Trust with vehicles which enabled easy distribution of food and dry ration items during the COVID pandemic. The collaboration of Dabur India Ltd. and Sri Sathya Sai Annapoorna Trust provides food products like fruit juices, honey etc. to school children.

At the core of Annapoorna's menu design is nutritional compliance to ensure that the required RDA (Recommended Dietary Allowance) is adhered to.

Jharkhand, Maharashtra, Goa and also North Eastern States like Tripura, Mizoram and Nagaland for exchanging Memorandum of Understanding (MOUs) and procuring official permits to operate in the respective regions and to address hunger and malnutrition of school-going children in the rural pockets of these States.

The Trust also conducted many webinars during the lockdown period by addressing various topics of child nutrition. During these webinars the growth story of Annapoorna from 'nine to ninety' schools was shared with everyone and joint discussions were held about making Mahatma Gandhi's vision of rural uplift a reality. New insights were encouraged from all the participants and gratitude was expressed to teachers and school authorities for their co-operation.

The young volunteers of the Annapoorna team performed with avidity by contributing towards coding and apps development, graphic designing, making creatives for campaigning the Annapoorna initiatives, desktop publishing, video recording of lessons for the Sri Sathya Sai Loka Seva Gurukulam Online App and other CSR collaborations.

ANNAPOORNA'S EXTRA MILE

The extant COVID Outbreak that tantalised the world helped Annapoorna take the edge off the pain by going the extra mile over and above the expected standard.

Soon after the COVID outbreak, Annapoorna Team started engaging with Government officials of various States and Union Territories like Uttarakhand, Delhi, Punjab, Bihar,



WHAT'S UNIQUE ABOUT US?

Our greatest strength is our volunteers. From identifying needy schools and centres, to negotiating the best compensation for vendors and working tirelessly to provide nutritious breakfast to children, on time, every morning, our volunteers lead the way. Comprising of men and women across professions and age groups, our volunteers are united in their passion to participate in the cause of nation-building. We have a decentralised model of operations where in local vendors and

suppliers are leveraged for raw materials. This empowers the villagers economically, while making them willing partners of growth in their children's lives. We operate at very low administrative costs which help in directing the majority of our financial resources to our core operation of providing breakfast to children.



- ✿ Sponsoring of education for children through the Each One Educate One Programme
- ✿ Clean drinking water facilities arranged for the villagers
- ✿ Regular health screening conducted at the villages
- ✿ Involving the villagers themselves in the improvement of hygiene factors and infrastructure of the villages



OUR HOLISTIC APPROACH TO CHILD WELFARE AND NUTRITION

It is said it takes a village to raise a child. To ensure that children continue to reap the benefits of healthful breakfast and values-based classes, we aim to reach out to their whole village. Towards this, we have adopted a four-pronged inclusive approach, modelled on the 4Vs of *vaidya*, *vidyā*, *vāri* and *vidyut*.





PEOPLE

- ❁ Inspired and self-motivated
- ❁ Access to diverse talents and skills
- ❁ Very low admin costs and overheads

PLANNING

- ❁ Custom-designed menu
- ❁ Decentralised day-to-day operations
- ❁ Training of human resources

PROCESS

- ❁ Select schools, vendors and cooks; allocation of resources
- ❁ Running a pilot to streamline operations
- ❁ Engaging everyone as a community to participate

PASSION

The innate desire to make a difference and contribute to the society and the nation is our driving passion



ANNAPOORNA MORNING NUTRITION PROGRAMME FOR NEEDY SCHOOL-GOING CHILDREN

WHY BREAKFAST?



**Increases
Metabolism**



**Builds
Immunity**



**Enhances
Memory**



**Energises
Body & Mind**

A COMPARISON

HEALTHY CHILDREN



- Higher IQ
- Better cognitive skills
- Higher chances of performing well at school

UNDERNOURISHED CHILDREN



- Lower IQ
- Lower concentration levels
- Decreased over-all health



HOW WE OPERATE?

ANNAPOORNA'S DECENTRALISED MODEL OF SERVICE

At Annapoorna, we believe that rapid and large scale transformation is possible only when all the stakeholders join hands together and work towards a common cause. Annapoorna's 3S principle advocates the role of *sarkāra* (Government), *saṁsthā* (Institutions) and *samāja* (Society and Individuals at large) in tackling large scale, and often, vexing problems in the country today.

There are several real instances that illustrate this principle. When free morning nutrition is served to the children, Annapoorna works together with various collaborators to make the programme work. Government provides access and permissions to the kitchen, the cooks in the Government Schools and also few of the large ingredient requirements. Annapoorna provides the other ingredients

Healthy children are the building blocks of a country. By serving balanced and nutritious breakfast, the Annapoorna Morning Nutrition Programme meets the nutrition gap of children in rural India and the disadvantaged sections of the society.





and covers the remaining costs. Many a times, the village and the elders come forward and provide co-operation to make the arrangement work, by taking care of other incidental expenses.

Similarly, SaiSure is an example of Annapoorna adding value to the Ksheera Bhagya Scheme of Karnataka Government, where the Government provides milk to the children, while Annapoorna supplements it with SaiSure health mix to augment the nutritional value.

Annapoorna deploys creative solutions to complex problems and works together with the larger society to achieve the Sustainable Development Goals (SDGs).

BREAKFAST MENU

OPTION 1: COOKED BREAKFAST

Our breakfast menus have been specifically designed to provide a variety of nutrients that will help keep students energetic and ready to learn until lunchtime. The menu is meticulously planned, making sure that the breakfast is wholesome in its nutrition quotient and meets the quality standards.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Avalakki Upma

Upma

Vegetable Rice Pulav

Vegetable Upma

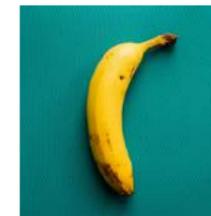
Rice Pongal

OPTION 2: BASIC FOODS

Suitable where cooking food is not feasible.



MILK



BANANA



COOKIES OR OTHER NUTRITIOUS SNACKS

OPTION 3: SAISURE

Annapoorna's nutritious and delicious health mix collaborates with Governments to reach out to a larger base of children



SAISURE

KSHEERA BHAGYA MILK

A QUICK AND SCALABLE SOLUTION TO ADDRESS MALNUTRITION AMONG CHILDREN

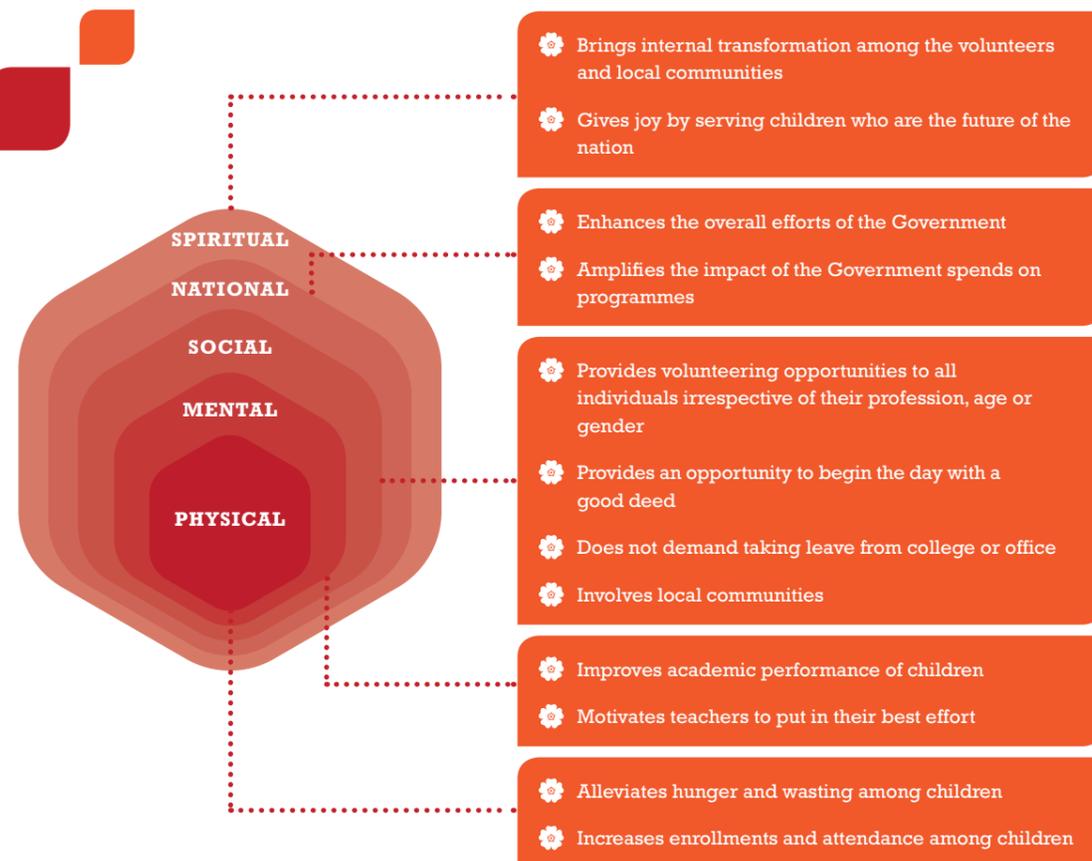
- A rapid response to a serious issue
- Can be scaled up and expanded quickly to different parts (relatively less intense logistics)
- Provided in addition to breakfast in several schools, thus adding to the nutrition quotient of children
- Demonstrable positive results backed with scientific data and studies
- Available in vanilla, chocolate and cardamom flavours



SaiSure™

New Strides of the Nutrition Supplement

70% of India's population live in villages without access to quality healthcare, education and nutrition. Lack of access to quality nutrition, prevalence of maternal anaemia, childhood stunting and wasting are some of the major challenges faced in India. More than 45% of under-five mortality in rural India is attributed to malnutrition. The COVID pandemic has further threatened an increase in the percentage of children suffering from malnutrition. The need for good quality multi-nutrient supplement for vulnerable groups especially in rural areas is significant and will play an important role in bridging the nutritional deficiencies. Multi-nutrient supplements currently available in the market (Horlicks, Bournvita, etc.) are beyond the reach of the economically weaker sections and hence school-going children are unable to get these supplements on a daily basis.

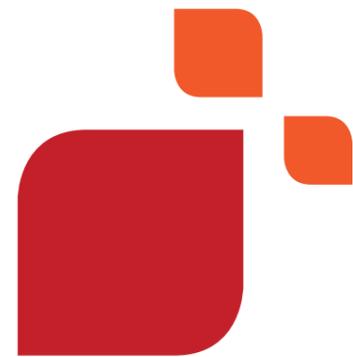


SaiSure is a malt-based multi-nutrient supplement that is prepared for expecting mothers, toddlers, pre-schoolers and school children, and distributed totally free of cost. It is prepared to meet 75% of the recommended daily allowance (RDA) of most of the micronutrients. This health supplement is known to improve immunity, enhance cognition, optimise weight gain, increase bone mass and boost the health of blood. SaiSure is available in vanilla, chocolate and cardamom flavours. This product can be scaled up and expanded rapidly since it is easy to be prepared and is also quite cost-effective. Children relish SaiSure when mixed with the milk provided by Ksheera Bhagya Programme of State Governments.

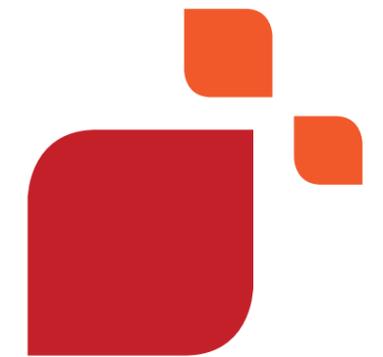
SaiSure is manufactured in a FSSAI Licensed, FDA approved, WHO-GMP certified manufacturing facility in Bangalore with the highest quality standards. The compositions have been approved by CFTRI, Mysore and the State Food Laboratory, Bangalore.



A comprehensive programme to address malnutrition was conducted at the Chikkaballapur district of Karnataka between September 2020 and April 2021 and an impact study of SaiSure's nutritional support for vulnerable children, especially during the COVID times was studied. During this programme, Primary Health Centres at Muddenahalli, Peresandra and Mandikal villages were identified and SaiSure was distributed to expecting mothers, toddlers, and pre-school children at these centres. The results in



SaiSure has reached needy children of various characters like the mentally challenged children at Nagapattinam district of Tamil Nadu, where the health mix was distributed by Mr Thamimum Ansari, Member of Legislative Assembly of Nagapattinam district. Antharaganga Mentally Challenged Children Residential School in the district of Kolar, Krishnashraya Orphanage at Bengaluru, destitute children of Pune, rural children in West Bengal, and SAM and MAM children at the Yadgir district



the children of age group 6 months to 5 years showed significant reduction of 25% and 54% in the number of children with MAM (Moderately Acute Malnutrition) and SAM (Severely Acute Malnutrition) conditions, respectively. There was a symbolic improvement in children without acute malnutrition as well. SaiSure's impact study on children under five is scientific, scalable, and can be directly integrated with existing national nutrition programmes like POSHAN Abhiyaan.

Similar impact studies of SaiSure multi-nutrient supplement on SAM and MAM children under the age of five are being implemented in different districts of Karnataka.



of Karnataka were also generously given the SaiSure health mix. Anganwadi workers at the various centres participate actively in the distribution of SaiSure to malnourished children. In association with the district administration of Ramanagara district, SaiSure is distributed to 377 tuberculosis patients in order to improve their immunity.



SAISURE WITH SRI SATHYA SAI AAROGYA VAHINI

WEST BENGAL

Sri Sathya Sai Aarogya Vahini, which is a Mobile Hospital Service at West Bengal collaborates with Divine Will Foundation (USA) and Sri Sathya Sai Annapoorna Trust to address the needs of rural communities by undertaking several primary healthcare initiatives at multiple locations of rural West Bengal. They have been able to reach out to over **1,200 rural children** of West Bengal, every month, for their health and nutrition needs, ever since the pandemic started. Meticulous evaluation of the Body Mass Index (BMI) of children and monitoring of their overall health are done regularly. School children in the adopted villages of Hooghly district are being given the SaiSure health mix by Sri Sathya Sai Aarogya Vahini on a consistent basis. The Aarogya Vahini team is also reaching out to neighbouring districts of Kolkata and distant villages in the cities of Durgapur (Bardhaman/ Burdwan district) and the Chunakhali village in Sundarbans.



UTTARAKHAND

In January 2021, the Governor of Uttarakhand, Ms Baby Rani Maurya distributed the nutritious SaiSure health mix to needy children from Bharti Seva Samiti. She has worked for the welfare of backward and underprivileged women for the last two decades through the Navachetana Jagriti Sansthan, and through her experience and passion, SaiSure could be taken to many children of Uttarakhand.



UTTAR PRADESH

Annapoorna launched its morning nutrition programme at Ayodhya in Uttar Pradesh during the month of February 2021 with the support of Mr Vishal Singh, Municipal Commissioner of Ayodhya.



NEW DELHI

Annapoorna Morning Nutrition Programme was launched at a needy school, Gyan Shakti Vidyalaya situated in Basti Chilla Khadar opposite Mayur Vihar in Delhi during March 2021. SaiSure is being provided six days a week (Monday to Saturday) to all the **150 children** studying in this school. This marks just the beginning of the outreach of Annapoorna at the capital.



COLLABORATIONS WITH THE GOVERNMENT

The Government of India along with the State Governments has planned and propagated the National Nutrition Mission known as POSHAN (Prime Minister's Overarching Scheme for Holistic Nutrition) Abhiyaan on March 08, 2018 to address the malnutrition gap in the country. Seeing the impact that the Annapoorna Morning Nutrition Programme was making on school-going children, many State Governments have accepted Annapoorna as their key partner to address malnutrition.



Sri Sathya Sai Annapoorna Trust has signed Formal Memorandum of Understanding (MoU) with several State Governments to implement the provision of morning nutrition to children at Government Schools. There are Government Schools in every village that are equipped with a kitchen and staff for providing mid-day meals. Sri Sathya Sai Annapoorna Trust leverages the schools' existing infrastructure to prepare morning nutrition and serve children at their schools itself.



The Trust operates through a committed base of 500+ honorary volunteers, who are located across multiple States of India, and consists of a mix of working professionals, homemakers, entrepreneurs, teachers, doctors and retired professionals, who bring in the much-needed diversity and experience to the programme.

The volunteers oversee the entire array of activities from selection, planning and execution of the morning nutrition programme across hundreds of our centres in the country. Some of the responsibilities include maintaining a quality check on the food served, selecting local vendors and cooks, interacting with teachers, students and school authorities, conducting regular health screening camps, working with the village officials, and local authorities. The Trust also works closely with local vendors in a decentralised model, with customised menu to suit the regional palate, and standardised menu within a region to ensure quality.

IMPROVEMENTS / IMPACTS

1. Health Impact on Children:

Significant improvement of health in children has been scientifically established through the growth parameters of height and weight, and haemoglobin count in their blood.



Tangible Benefits in a Short Term:

- Average Hb levels went up from 11.6 to 12.3g/dL. Average percentage change was 6.1% over a three-month period
- Better Body Mass Index (BMI)
- Increased academic performance, school attendance, and attention span in children
- Lower school dropout rates
- Decline in wasting, stunting, anaemia, amoebiasis, protein-energy malnutrition (PEM), acute diarrhoeal disease and acute respiratory illness
- 25% reduction in the number of MAM children and 54% reduction in the number of SAM children



Impact Indicators in a Long Term:

- Reduction in the hunger quotient/nutrition gap in children
- Collaboration with Panchayats/Self-Help Groups and Government Bodies for longer sustainability of the nutrition programme
- Overseeing and conducting health screening camps that help to assess the health profile of children, leading to early diagnosis of significant medical conditions that can be reversed with timely interventions
- Providing educational sponsorship to needy children for their further studies
- Setting up of Reverse Osmosis Drinking Water Plants at select villages which have contaminated water, thereby benefitting over 300,000 villagers and 100,000 school-going children
- Construction of toilets at select villages in line with the spirit of 'Clean India' initiative
- Facilitation of prenatal and postnatal mother and child healthcare, to reduce maternal and infant mortality and morbidity



2. Social Impact on the Children:

Respect and Gratitude are the two valuable virtues that make a man happy and contented. Children who have been the beneficiaries of the morning nutrition programme have been transformed and touched by these two virtues. These children are inspired to become the future contributors of society from being its recipients. This in fact is an unsaid, yet a powerful wave of transformation that can heal the society.

3. Impact on the Villages:

Due to the close interaction of the volunteers with the schools and therein with the village communities, rural upliftment and transformation in the villages have been achieved through focus on education, healthcare, drinking water and sanitation needs of the villages, thereby making them models of sustainable growth and development, leading to transformation of the children, parents, community and volunteers, while living the values of Love, Compassion, Humility, Commitment and Team Work.

SUSTAINABILITY

Volunteer Driven – Nil Administration Cost

Sri Sathya Sai Annapoorna Trust has been able to scale up significantly from just few hundred children in 2015 to 500,000 children as of March 2021. This is due to the fact that Annapoorna Trust is a highly volunteer-driven organisation, consisting of individuals who have come forward for a cause from various walks of professional life, purely out of compassion for the children and a desire to serve the community. Hence the administration cost and overhead cost is negligible. Every penny spent by the Trust is spent for the welfare of needy children.

CSR Friendly – Government Favourable

The Trust also provides an efficient social platform that helps receive CSR funds from both India and outside India. The virtuous ecosystem and effective collaborations created by Annapoorna Trust positively affects children and families at a micro level; while at a macro level, it helps the various Government schemes reach the doorsteps of the intended beneficiaries.

Hunger and Education – 4 SDGs Looped

Annapoorna through its morning nutrition programme is committed to addressing hunger, promoting education, and steering towards specific Sustainable Development Goals (SDGs) of the 2030 Agenda for Global Sustainable Development of the United Nations. Today, Annapoorna contributes to four SDGs directly and is also planning to design and implement its programme to contribute to many more SDGs.

SDGs	ANNAPOORNA'S ALIGNMENT
SDG 2: Zero Hunger	Annapoorna's main goal is to remove hunger, especially across the needy and underprivileged sections of the society.
SDG 3: Good Health and Well-Being	The Morning Nutrition Programme along with SaiSure helps reduce undernutrition and malnutrition in school-going children.
SDG 5: Gender Equality	Annapoorna's sole goal is to help improve the health and performance of every school-going child across the breadth of India. This includes every needy child that has been affected due to historical marginalisation, or due to economic distress or disability. Annapoorna also conducts regular medical camps and provides medical support to all children, and helps children with disabilities by swiftly connecting them to secondary and tertiary healthcare. Annapoorna welcomes partners and volunteers from different backgrounds, professions, religions, caste, creed, sect, gender, and also embraces differently-abled individuals without any discrimination.
SDG 6: Clean Water and Sanitation	Annapoorna has executed drinking water projects to meet the drinking water needs of villages. Simple and cost-effective RO water plants, bio-sand filters and other such solutions have been developed on a need basis in the villages. In line with the Indian Government's initiative of Swachh Bharat Abhiyan, Annapoorna has also constructed toilets in schools. Organising cleanliness drives and ensuring provision of dust bins in schools, and introduction of safe waste disposal systems are also part of the efforts. Doing these have helped instill in the children and villagers, the importance of personal health and hygiene.



ALIGNMENT WITH NATIONAL POLICIES OF NUTRITION

POSHAN ABHIYAAN

POSHAN Abhiyaan, earlier known as National Nutrition Mission is the Central Government's flagship programme to improve nutritional outcomes for children, expecting mothers and lactating mothers. This overarching scheme directs the attention of the country towards the problem of malnutrition. In line with POSHAN Abhiyaan, Annapoorna targets to reduce levels of undernutrition, stunting, anaemia among children, women and adolescent girls, and aims to reduce the instances of low birth weight.

Sri Sathya Sai Annapoorna Trust has been a luminary in the cause of fighting the menace of malnutrition since 2015. Annapoorna's health mix powder SaiSure that is provided free of cost, comes as a game-changer to ensure scalability as well as efficiency in attaining the required results of health in children, toddlers, and women.

Annapoorna has tied up with the Government of Karnataka to help children with conditions of Severe Acute Malnutrition (SAM) and Moderate Acute Malnutrition (MAM) in a few districts, and this is expected to scale to other parts of the State as well.

The main approach of POSHAN Abhiyaan is to instigate a People's Movement or Jan Andolan around malnutrition, which again is similar to the methodology followed by Annapoorna Morning Nutrition Programme.



Apart from having a highly dedicated team of volunteers, Annapoorna has tied up with many organisations that have like-minded goals of that of weeding out hunger and malnutrition. Besides this, Annapoorna is actively bringing onboard many youth from across the country through tie-ups with various universities.

Last, but not the least, Annapoorna has a very active base of corporate volunteers who, thanks to their wonderful intent of giving back to society, have gone beyond their call of duty to reach out to many more thousands of children.

Annapoorna along with Divine Mother and Child Health Program works towards 'intensified health and nutrition services for the first 1000 days' as advocated by POSHAN Abhiyaan, by reaching out to thousands of mothers and infants in remote areas of the country.

Annapoorna will continue to endeavour to create a nourished society by co-operating with various Government bodies, similar organisations, individuals, Trusts, etc. to build a robust healthy society. Given the crucial need to overcome hunger and malnutrition that is spread widely and wildly in the country, Annapoorna sets itself lofty goals year on year with an intention to reach out to maximum needy children across the country. The growth has been exponential in the last six years with the number of beneficiaries having multiplied 50 times from where it all started. And, Annapoorna shall stop not till each and every needy child is reached out to.

NATIONAL EDUCATION POLICY 2020

It was a great sense of validation to note that the National Education Policy (NEP) 2020 mentioned that the midday meals provided to students at Government schools or aided schools should be supplemented by breakfast. This is exactly the cornerstone of Annapoorna Morning Nutrition Programme that was started back in 2015. The NEP was approved by the Union Cabinet and it noted that a nutritious morning breakfast can be particularly productive for the cognitive capacity of students and hence recommended expansion of the midday meal scheme to include provision for breakfast in schools.

Annapoorna has built its foundation on the idea of alleviating malnutrition and hunger through breakfast. Sri Sathya Sai Annapoorna Trust runs the country's largest morning nutrition programme currently reaching out to 500,000 and more children. With the Union Government taking note of this and looking to implement it through the National Education Policy, Annapoorna's role in nation building has taken a prominent place.

It will play a pivotal role in partnering with various Governments and will bring this act of service to success by ridding the society of malnutrition and hunger. Thus, Annapoorna programme is playing a leading part in furthering the cause of national policies related to addressing malnutrition and hunger, thereby building the Nation through Nutrition.

TEACHERS – BANDWAGONS OF EDUCATION AND NUTRITION

The year 2020 came with challenges that were unprecedented for. With the spread of COVID-19 pandemic and complete lockdown of schools and offices, an uncertainty about the future loomed over the world and during these times, teachers have emerged strong. Annapoorna initiative strives to create a world where no child ever goes to school hungry, and as this initiative inches towards achieving the goal, teachers from across the world lend stamina by pledging unwavering support through all times.

Being a teacher is not a mere job, it is an unending responsibility that requires courage and strength. Annapoorna's association with the various Head Masters, Head Mistresses and teachers from schools across the country has redefined what a teacher can do when their best interests lie focussed on children. Teachers have been with the Annapoorna team through every step of the way, from serving and sitting down to eat breakfast with the children every morning, scrutinising and giving constructive feedback that helps improve Annapoorna service, keeping track of surplus supplies, transporting and distributing rations to needy families during the lockdown, to arranging for basic amenities to cook.

The Annapoorna team's motivation to serve children further heightened by witnessing teachers travelling 30 kms a day to take classes and teaching children in small groups at temples by following the norms of social distancing strictly. In one of the schools, the Annapoorna team witnessed a ramp being built to enable a polio stricken child to attend school. Few teachers collaborated with other



NGOs to teach children some arts and crafts and to organise science fairs. They conducted home visits to children's homes to enquire about their wellness and joined hands with Annapoorna team to provide for school sanitation facilities, installing drinking water plants in over 120 Government schools, arranging health screening programmes for people in various villages...etc. Teachers have been instrumental in identifying needy students who can be enrolled in the educational institutions of Sri Sathya Sai Loka Seva Gurukulam Group of Institutions.

Anganwadi teachers play a big role in educating and creating awareness among the parents. Training these anganwadi teachers for proper usage of SaiSure and the basic etiquettes of hygiene goes a long way in ensuring proper holistic bringing up of the child. To ensure that every child is benefitted in the right way, the Annapoorna volunteers call upon the parents and distribute SaiSure in their presence. They even take feedback from the parents. Teachers inspect the homes of children to





check if the SaiSure product has been consumed in the right manner. Care has been taken to ensure that, milk has been boiled before mixing SaiSure into it. Teachers even assist Annapoorna team in maintaining the records of the child like height and weight of the child, head, and arm circumference etc.

The Annapoorna team finds great inspiration from teachers who dedicate their lives for the sake of children. The most difficult of situations have been waded through with the involvement of such sincere teachers. Many schools have made the whole education experience better by the use of innovative teaching aids that produces excellent results. These have reinstated the faith that teachers are the angels in disguise, and they play a huge part in changing the world by moulding one child at a time.



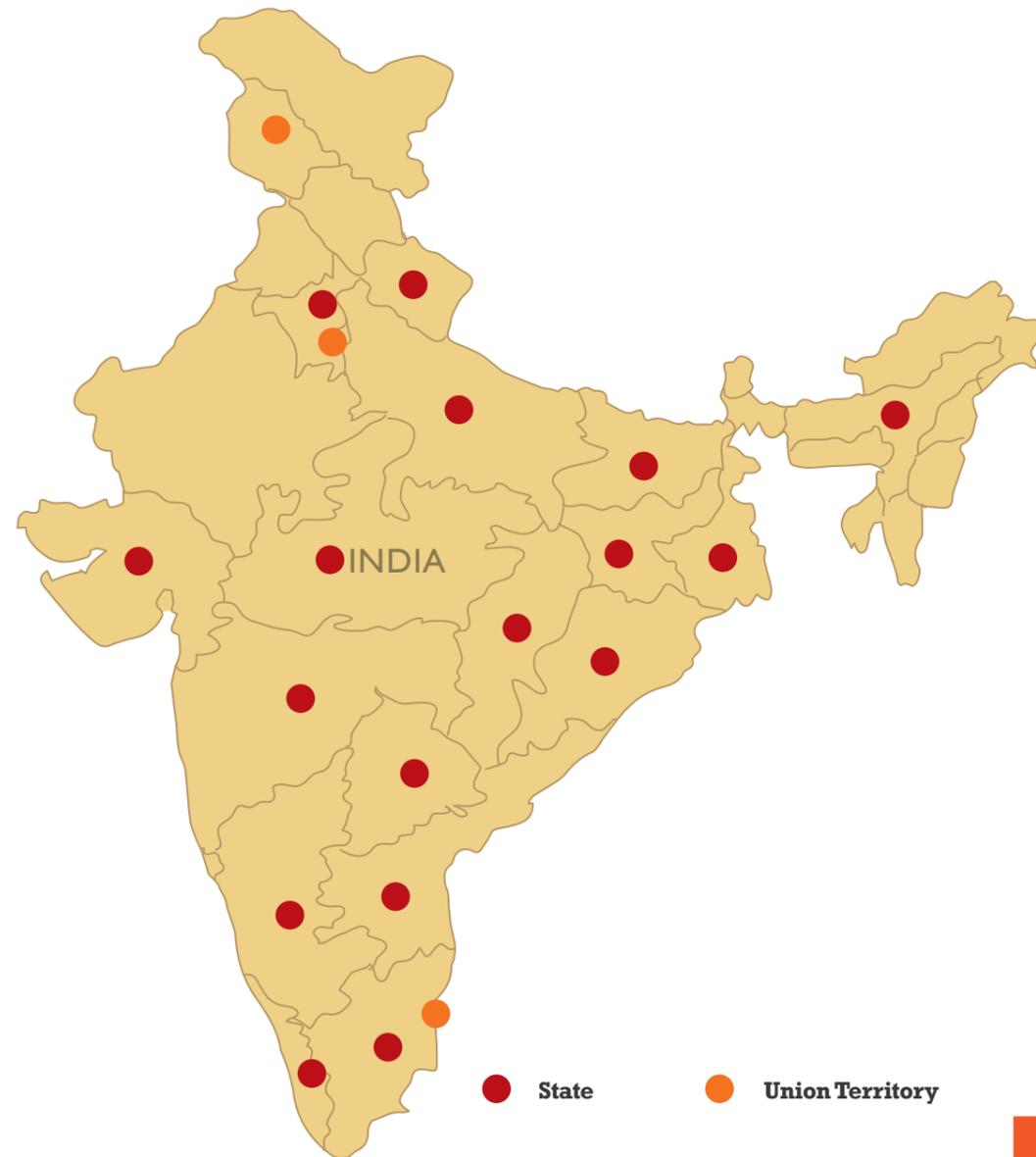
The Annapoorna team is fortunate to find such noble teachers who align with the cause of giving children a healthy childhood. Selfless at the crux, determined and responsible in the enactment of their roles, teachers have been leading from the front line to help many lives, live a better life. Sri Sathya Sai Annapoorna Trust is proud that the roots of altruism have been dug deeper and are grateful to these real life heroes – the teachers who have now become a part of the Annapoorna family.

"One child, one teacher, one book, one pen can change the world."

– Malala Yousafzai

PRESENCE OF ANNAPOORNA BREAKFAST SERVICE TODAY

17 States, 3 Union Territories



State	No. of Students	No. of Schools
Karnataka	380,683	5,004
Telangana	31,207	320
Bihar	25,732	154
Andhra Pradesh	21,880	295
Puducherry	19,422	213
Tamil Nadu	12,908	160
Kerala	3,187	35
Haryana	1,288	9
Maharashtra	1,122	19
Uttar Pradesh	957	3
Uttarakhand	754	8
Jharkhand	453	6
Jammu and Kashmir	343	7
Chhattisgarh	340	9
West Bengal	163	3
Gujarat	105	1
Odisha	86	2
Madhya Pradesh	79	3
Delhi	60	1
Assam	33	1
Grand Total	500,802	6,253

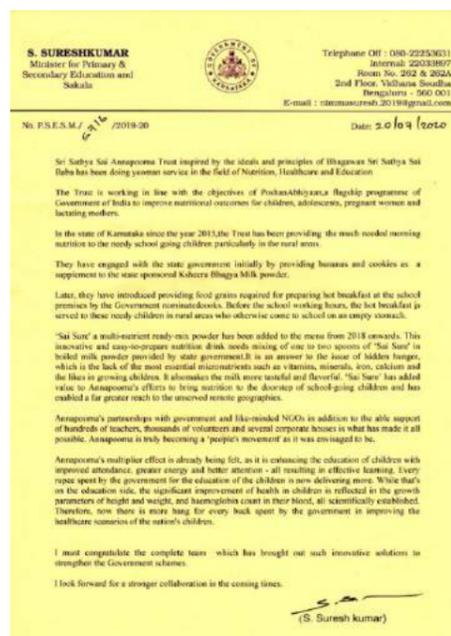
Statistics as of April 2021

MR S SURESH KUMAR

Minister of Primary and Secondary Education,
Government of Karnataka



"Breakfast means to break the fast. In our State, scores of people do not even know what is meant by breakfast. Many people are not aware of it. In many of the homes, breakfast means, to eat food only if something is left out from the previous day's meal. Mr Anand, the Secretary of Sri Sathya Sai Annapoorna Trust conveyed the story of a school girl who asked him if they would be coming the next day as well. Think of these little children who relish a good morning meal and hence look forward to it every day! That really touched my heart and I consider it a wakeup call for all of us. Breakfast is very essential for children. Morning breakfast is the most important meal of the day. We become healthy, active, and lively only when we take breakfast early in the morning. We are very proud to state that, this important task has been undertaken by Sri Sathya Sai Annapoorna Trust and they have been serving 500,000 children on a daily basis. I am very pleased that such a thoughtful step has been undertaken, keeping in mind the welfare of the children and well-being of the society. This Trust has lofty goals and I see it in all their welfare programmes. I have seen students who have studied and graduated from the various educational campuses of this great institution, coming back and serving the institution. This is very rare and can happen only with divine intervention. There is no doubt that the projects undertaken by this Trust will surely be successful. I would like to say that our Government will always stand, hand in hand with the society and this great institution, till no child goes to school hungry ever."



DR SHALINI RAJNEESH

Additional Chief Secretary to Government Planning, Programme
Monitoring and Statistics Department, Government of Karnataka



"Previously while working in the Education department, a Formal Memorandum of Understanding (MoU) was signed between the Karnataka State Government and Sri Sathya Sai Annapoorna Trust, which permitted the implementation of Annapoorna's Morning Nutrition Programme at Government schools. In addition to the morning breakfast, tasty and nutritious SaiSure health mix that augments the nutritional value of milk— which is provided as part of the Ksheera Bhagya Scheme of the Government of Karnataka, made it a wholesome meal for children. Hot milk can be directly mixed with this health mix. Along with Sri Sathya Sai Annapoorna Trust, anganwadi and local self-help groups have come forward to spread awareness about the proper usage of SaiSure among expecting mothers, toddlers, and children. This is definitely an enabler for a healthy society. Let us join hands and work together to eradicate malnutrition!"



MR UMESH GOPALDEV JADHAV

Member of Parliament, Lok Sabha, Kalaburagi Constituency



"Today, in the district of Gulbarga, an important and prime event is happening which is the launch of Annapoorna Morning Nutrition Programme for government school children. This area is one of the most backward areas with many issues. No matter what we do to alleviate problems here, it won't work until we focus on educating children here. I had not even imagined in my dreams that such a never-seen-before event will happen in this backward area. I convey my deepest gratitude and congratulate Adanya Chetana Trust and Annapoorna Trust for launching this programme. On behalf of the Central Government, I promise full support and co-operation of the Central Government for this breakfast initiative."

SWAMI JAPANANDAJI MAHARAJ

Founder and Chairman, Sri Ramakrishna Sevashrama, Pavagada



"Since the last two years, a lot of people have been suffering various health complications due to the COVID-19 pandemic. All the scientific and technological advancement of our country could not provide a buffer against the aftermaths of the COVID pandemic. The children of our country were the most affected by malnutrition, the effects of which intensified during COVID. At this time of crisis, SaiSure multi-nutrient supplement that was provided by the Sri Sathya Sai Annapoorna Trust really helped in a big way. Around 50,000 children in the districts of Tumkur, Ramanagara and Chikkaballapur have been provided with SaiSure and it was observed that within a span of two months, the body weight of children increased.

There is a speciality in the vision and ideology of Sri Sathya Sai Annapoorna Trust which prepares this product and the speciality is that the taste of SaiSure is not found in other products in the market. When SaiSure was launched at Pavagada in Tumkur, I personally noticed that children would come back asking for more milk so that they can partake spoonfuls of SaiSure in it. Later, we noticed that even parents were regularly drinking SaiSure with milk at their homes. The reason they tell for preferring SaiSure over other products is that the taste of SaiSure is unique. Without a doubt, SaiSure is a true enabler that shall end malnutrition in our country.

SaiSure is a product that has found its birth out of the pure intent and selfless cause of serving the downtrodden. We have been giving SaiSure to all the schools in and around Madhugiri Taluk in Tumkur district. There are many spiritual organisations which spends hundreds of crores for different kind of projects. But when Sri Sathya Sai Institution takes up any project, it is soaked in divinity, grandeur and purity. We cannot find these kinds of institutions anywhere else.

The ultimate purpose of these institutions is to serve the divine in all through the various nutrition, healthcare or educare programmes—as befits the words of Sri Sathya Sai Baba or Swami Vivekananda who addressed everyone as – *divyatmaswarupalara*. The real power of Bharat lies within the walls of schools that are spread across the length and breadth of our country. Thus, the future of our country depends on our children who have to be brought up with culture along with education, so that they live moral values in their day-to-day life. Hence, I see these service projects as ones that feed the soul of children with values along with feeding their body with nutrition.

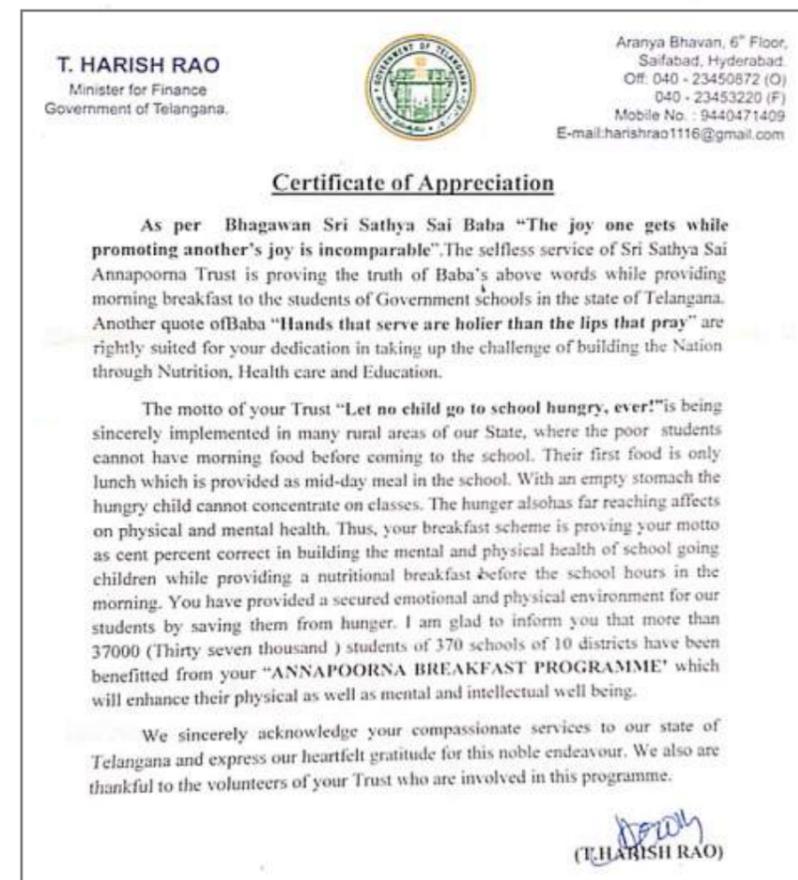
The core principle is '*ātmano mokṣārtham jagat hitāya ca* – salvation of our individual self and welfare of the entire world.' Sri Sathya Sai Annapoorna Trust has given us an opportunity to serve in this maha yagna by accepting us as facilitators of this programme. The year 2020 marks the fifth anniversary of the Sri Sathya Sai Annapoorna Trust and it would certainly serve for 500 more years, since it is supported by the Divine will through the instrument of Sadguru Sri Madhusudan Sai."

MR THANEERU HARISH RAO

Minister of Finance, Health, Medical and Family Welfare, Government of Telangana



"The Annapoorna Morning Nutrition Programme is engaging the local communities to participate in the process of feeding children and this is a key factor in bringing about social responsibility among communities. Along with the government and various other NGOs, the local communities also need to engage in these noble initiatives. There are many children who come to school with an empty stomach and providing a morning meal at the school will bring better academic performance. We want to expand this programme to many more schools in our State. Healthcare, Education and Nutrition are the three areas of focus for the Trust and we will provide the necessary support wherever needed."



DR AUDIMULAPU SURESH

Minister for Education, Andhra Pradesh



"I am very happy about the service initiatives undertaken by Sri Sathya Sai Annapoorna Trust for providing breakfast for school-going children in rural government schools. This nutrition programme will definitely help in eradicating extreme hunger and malnutrition in growing children. We don't want poverty to stand between the child and his/her education. The breakfast model will help us in many ways especially to get more children admitted in our Government Schools. Our Government is working closely with the Trust to expand this Annapoorna Morning Nutrition Programme further."

annadātā sukhībhava

'Let the one who serves food be happy'.

MR K A SENGOTTAIYAN

Former Minister for School Education, Government of Tamil Nadu



"For many children in India, the most fundamental need of everyday breakfast is a rare opportunity. In such circumstances, how can the country produce able and noble human resources? Hence, the State of Tamil Nadu is introducing the breakfast scheme in collaboration with Sri Sathya Sai Annapoorna Trust. This will help children to focus on studies, become good citizens and contribute to building a better Nation. Sai Baba had undertaken many welfare activities when He was in the physical form and even today His work continues. We are keen on widening the scope of this beneficial programme to every nook and corner of Tamil Nadu."

MR V NARAYANASAMY

Former Chief Minister of Puducherry



"We have a proverb in Tamil, that translates to say that the one who gives food is a giver of life. When the hungry is fed food, he blesses you more than when he is bestowed with wealth and property. This is the true blessing that one can earn. Hence, providing food is the best charity of all charity. I am very happy that Annapoorna Morning Nutrition Programme has been launched in Puducherry at more than 200 schools. As a Chief Minister, I am blessed that this morning nutrition programme was first launched in our State of Puducherry."

MA FOI K PANDIARAJAN

Former Minister for Tamil Official Language,
Tamil Culture and Archaeology



"I met four people from the Sri Sathya Sai Annapoorna Trust, who came forward voluntarily to feed poor children in my constituency. I come from a place called Avadi in Tamil Nadu. Unasked for, they offered to give morning breakfast to the poor children who were studying in the various government schools in my constituency. More than what they offered, it's how they offered which made a very big impact on me. We have worked with many institutions. But this one is very different. Absolutely no demand, absolutely no need for recognition! 'As I serve, I gain, I grow, I discover myself' – they were living this philosophy, and this I could see clearly in the four hours that I spent with them. They laid out plans for feeding the poor children with morning breakfast in all the 37 schools in my constituency. I felt that it was an amazing gift from Lord Sri Sathya Sai Himself."

MRS BABY RANI MAURYA

Governor of Uttarakhand



"I am very happy and extremely grateful that the Annapoorna team is coming to Uttarakhand to feed breakfast to schoolgoing children. This along with lessons on moral values will be a key step to ensure the wholesome development of children into socially responsible citizens with excellent character. The mission of Annapoorna is in alignment with our Honourable Prime Minister's vision and with the National Education Policy that has been drafted. I am very sure that the Annapoorna Morning Nutrition Programme which started in the southern State of Karnataka, will spread to all parts of the country."

MR A BALASUBRAMANIAN

Managing Director and Chief Executive Officer,
Aditya Birla Sun Life AMC Limited



"The way the Annapoorna Programme started and the way it has progressed in the last few years is something amazing to note. Clearly, this programme is benefitting school-going children in a big way and hence participation from the larger community across all levels of society, will be of extreme importance to take this initiative to greater heights for spreading more generosity and well-being."

OUR COVID COVERAGE

COVID RISE

The COVID-19 pandemic is considered as the most crucial global health catastrophe of the century that brought the whole world to a halt. It has led to an economic crisis probably more radical and global than ever before. The pandemic has caused a major children's rights crisis and disrupted their learning and their social-emotional development on an unprecedented scale. All the service sectors are profoundly impacted, and its natural consequence is that the disadvantaged sections of the society are disproportionately affected. No part of the world, India included, is prepared for the multiple fallouts of COVID-19. Extended lockdowns, closed businesses, and restricted movement are causing loss of incomes, remittances, and livelihoods. The prolonged pandemic threatens to push vulnerable communities back into extreme poverty, hunger and malnutrition.

COVID RELIEF

The COVID situation has led to expanding the scope of Annapoorna from just providing breakfast to children, to ensuring that the whole family of these children are taken care of, especially in those cases where the families are unable to access the relief materials provided by the Government for various technical reasons. Food Security Programmes such as the Annapoorna Morning Nutrition Programme is a perfect example of *sarkāra* (Government), *samsthā* (Institutions) and *samāja* (Society) joining hands together to mitigate the effects of COVID on the health of humanity.

Annapoorna volunteers acted like the '**warriors of light**' by doing yeoman service. They identified needy families and delivered a whole month's ration to these families consistently till their situation stabilised. During the period from April 2020 to March 2021, close to 25,000 relief ration kits and 22,000 meals have been provided to the needy. More than 40,000 face masks and about 500 face shields have been distributed to several street vendors, helpers, and truck drivers in collaboration with Nayonika Charitable Trust. In collaboration with the Governments of several States, the Sri Sathya Sai Annapoorna Trust has reached far and wide to do its best for people in need.

COVID Relief

States Covered: Karnataka, Telangana, Andhra Pradesh, Tamil Nadu, Odisha, Bihar, Jharkhand, Uttarakhand, West Bengal, Kerala

April 2020 till March 2021

Beneficiaries	Dry Ration Kits	Cooked Meals	SaiSure Multi-Nutrient Supplement Packets for Children
3,840,741	25,068	22,774	16,048



STATE-WISE SPREAD

Karnataka

The pandemic held in its claws daily wage workers, cooks and agriculturists, to whose rescue the Annapoorna team came just in time. With due permissions in place and with the right knowledge about the precautionary controls; relief in the form of meals, ration kits, and blankets were distributed at several districts of Karnataka such as Bengaluru, Chikkaballapur, Tumkur, Ramanagara, Kolar, Koppal, Hubli and Dakshina Kannada.

Annapoorna collaborated with organisations such as Team Marga, Lions International Club, Lions Club in Bengaluru and Chintamani (Chikkaballapur district) to reach out to many needy families with food packets and groceries.

In collaboration with Sri Ramakrishna Sevashrama, Tumkur the Annapoorna team distributed food packets to several mid-day meal cooks. This came as a relief at a time when they were without their monthly salaries for several months. A couple of months later, Annapoorna Trust collaborated with Swami Vivekananda Integrated Rural Health Centre (Tumkur) and distributed ration kits to the families of these mid-day meal cooks.

With the support of the Government of Karnataka, the Annapoorna team intensified their relief distribution spree. Several thousands of relief kits were distributed at Mohammed Ikramulla Shariff's office, the Chief Executive Officer of Ramanagara district. At Kolar, the relief materials were distributed at the Kolar Gold Fields in the presence of Mrs Roopa Kala Shashidhar, Member of Legislative Assembly. At the town of Yelburga in the Koppal district, Mr Siddaramaiah, Former Chief Minister of Karnataka and Mr Basavaraja Rayareddy, Former Minister of Higher Education of Karnataka graced the event of distribution of relief kits. At Hubli, the Annapoorna team visited the villages and handed over the ration kits to the needy.

Annapoorna and One Nation Youth volunteers joined hands and distributed woollen blankets and ration kits to the slum dwellers and underprivileged in Bengaluru.



Telangana

A band of committed volunteers at Telangana generously distributed several thousands of relief ration kits and meals to indigent people. Sri Sathya Sai Annapoorna Trust shook hands with First American India (FAI), a financial services company and the Telangana Government to support their various programmes and initiatives.

Mr Harish Rao, Minister of Finance, Government of Telangana and Mr Raghu Poolapalli, Director of First American India (FAI) supported the distribution of dry ration kits in the district of Siddipet.

With the support of the Deputy Mayor and Municipal Mayor of Siddipet district, the Annapoorna team launched a food distribution programme in which hot meals were cooked and distributed to more than 700 people on a daily basis for a period of one month.

The District Educational Officer of Yadadri Bhuvanagiri district in Telangana felicitated the Annapoorna team with a Certificate of Appreciation in which they noted that Annapoorna Morning Nutrition Programme helped keep hunger at bay and is instrumental in the overall well-being of children.



Andhra Pradesh

Annapoorna team reached out to several needy families in Vizianagaram and Vishakapatnam districts of Andhra Pradesh. Several interior remote villages were identified in these districts for the distribution of ration kits and food packets. Sri Sathya Sai Annapoorna Trust collaborated with Tech Mahindra Foundation and provided ration relief kits to several mid-day meal cooks employed in Government schools and temporarily out of job due to the pandemic. District Education Officer – Mrs G Nagamani, Mid-Day Meals Additional Director – Aruna Jyoti, and Mandal Education Officer – Sri Kurma Rao attended the relief distribution event as patrons of the cause.



Tamil Nadu

In the State of Tamil Nadu, the Annapoorna volunteers served a large number of daily wage workers, needy families, migrant workers, tribals, and children who come under NCLP (National Child Labour Project). The reach swept the districts of Chennai, Coimbatore, Tirupur, Sivakasi (Virudhunagar district) and Krishnagiri. Beneficiaries were given ration kits, and breakfast was provided to tribals and migrant workers.

Ma Foi K Pandiarajan, Former Minister for Tamil Official Language, Tamil Culture and Archaeology distributed ration kits to daily wage workers in Chennai.

Sri Sathya Sai Annapoorna Trust collaborated with Danirasa Foundation to distribute ration kits to several tribal families who had lost their jobs and hence were unable to make ends meet.

Almost 10 tonnes of food essentials were provided to several migrant workers in collaboration with Sri Sathya Sai Maruthi Seva Trust.

Children who come under NCLP (National Child Labour Project) were provided with ration kits in Sivakasi.

The relief materials comprised of 10 kilograms of rice, two kilograms of atta (wheat flour), turmeric powder, one litre sunflower oil, 500 grams of toor dal, salt, tamarind, black gram dal, mustard, fenugreek, and soaps.



Kerala

Students at some of the tribal schools in Trivandrum received new clothes, stationery and vegetables. Around 100 grocery kits were delivered at the houses of the most deserving families at Kannur in Kerala. Some of the bedridden patients and those suffering with ailments in some of these families were also provided the necessary help. Nearly 160 families were given Onam food kits during the holy occasion of Onam festival which brought joy and delight on their faces.



Odisha

Ganjam is one of the districts in the southern part of Odisha. It comprises of many economically backward villages that lack basic health and sanitary facilities. Annapoorna volunteers made their presence in about six villages in Ganjam – Dahanipalli, Chirikipada, Kushapalli, Golia, Badua and Mareipalli and distributed ration relief kits to the needy tribal families.

Similarly, relief kits were provided to over 200 tribal families living remotely in the areas of Singipur and Kanderai in Odisha.



Bihar and Jharkhand

With the support of Tata Steel Land and Marketing Department, ration kits were provided to needy families whose bread winners were facing job losses in Jamshedpur. The Annapoorna team also distributed dry ration kits to 50 porters and 10 sanitation workers working at the Tatanagar Junction Railway Station in Jamshedpur.

The transgenders in Jamshedpur were extended support by distributing about 170 ration kits to them. The pandemic had struck them in an insolent way as they could not even undertake their routine ways of finding some means of income.

To commemorate World Food Day on October 16, 2020 and International Day for the Eradication of Poverty on October 17, 2020, the Sri Sathya Sai Annapoorna Trust in association with Sri Sai Surya Panchajanya Trust started serving dinner to the attendants of patients at Mercy Hospital, Jamshedpur on a daily basis. This continued as a year-long service and a total of **22,846 food packets** were served consistently.



Uttarakhand

Based on the request from the Government of Uttarakhand, the Annapoorna team distributed cooked meals (lunch and dinner) to a large number of people for a month-long duration until the lockdown restrictions eased.

On January 11, 2021, Sri Sathya Sai Annapoorna Trust met the Governor of Uttarakhand, Mrs Baby Rani Maurya to discuss the pilot project implementation of SaiSure in the rural areas of Uttarakhand. The Honourable Governor personally took part in the distribution of SaiSure health mix to 50 needy children from the Bharti Seva Samiti. These children shall be nourished with SaiSure continuously by the distribution of fresh packets of the supplement on a monthly basis.

Subsequently, the Annapoorna team also met the Honourable Union Minister of Education, Mr Ramesh Pokhriyal 'Nishank' to launch the Annapoorna Morning Nutrition Programme at Haridwar, Uttarakhand State. SaiSure multi-nutrient health mix will also be served to children in the Haridwar constituency.



RELIEF TO MIGRANTS



The announcement of nationwide lockdown triggered mass exodus and reverse migration of unskilled and semi-skilled labourers from cities back to their villages, most of whom went without food and money in the cities. Migrants belong to the most marginalised sections of the society and are dependent on daily wages for their living, and in times of a distress such as the pandemic, they are the most impacted due to the fallout in economy.

With the help of the Government that arranged special buses and Shramik Special Trains to steer stranded people and migrants back to their native States, Sri Sathya Sai Annapoorna Trust acted like the keel to mobilise the migrants and escorted them to the correct place from where they can find their way back to their own safe homes.

Sri Sathya Sai Annapoorna Trust associated with Danirasa Foundation in Chennai, Tata Steel Foundation and People for Change in Jharkhand to assist the migrants.

In Jharkhand, the Annapoorna team helped migrant workers transiting Jamshedpur from various places, to reach their destinations within Jharkhand, Bihar, Uttar Pradesh, West Bengal and Northeast.

Annapoorna team received a call for assistance from Tata Steel Foundation to shepherd stranded migrant workers to the Shramik Special Train that was departing from Chennai. Hand in glove with the Danirasa volunteers, the Annapoorna team assisted several migrant workers, originally from the seven-sister States of Northeast India, travel back to their native States. More than, 3,200 migrants mainly from Manipur, Assam and Meghalaya travelled by these trains. These migrants were provided with food packets and water.

In Bengaluru, food packets were distributed to several stranded migrant workers.



DISASTER MANAGEMENT



Cyclone Amphan Relief, West Bengal

Super Cyclonic Storm Amphan was a powerful and catastrophic tropical cyclone that caused widespread damage in Eastern India, specifically in West Bengal, Odisha and Bangladesh in the month of May 2020. It was termed the costliest disaster ever recorded in the North Indian Ocean, causing over US\$ 13 billion of damage. Thousands were rendered shelterless and without their basic essentials. The cyclone simply became an added encumbrance to the COVID situation.

At such an apposite time, Sri Sathya Sai Aarogya Vahini and Sri Sathya Sai Annapoorna Trust came together to act as the buttresses against the sweeping storm and the clangouring COVID.

Two community relief kitchens were set up in the coastal areas of Chunakhali (a village in the Sundarbans of West Bengal) and were equipped with the required provisions and vegetables to make over **7,000 meals per week** for about **600 villagers twice a day**. Volunteers equipped the kitchen with 1,000 kilograms of rice, 300 kilograms of potato, 200 kilograms of dal, 60 litres of mustard oil and 30 kilograms of soybeans.



The team also reached out to three coastal Adivasi villages – Gangadharbar, Janapara, and Adivasi Para to distribute dry ration and milk.

Flattened rice, jaggery, baby milk powder and pure drinking water were distributed to the communities who were living in broken, manmade dams. Tarpaulins were supplied to the people without huts.

A telemedicine centre is being planned at Chunakhali to cater to the health needs of people in this area, and also to serve them with food and relief supplies during the times of disaster.

Sri Sathya Sai Aarogya Vahini in partnership with Sri Sathya Sai Annapoorna Trust offered food essentials such as – 500 kilograms of rice, 200 kilograms of potato, 50 kilograms of dal, 50 kilograms of soya chunks and 50 litres of oil to the Goudiya Sevashram at Kakdwip which is a town in West Bengal. Daily prasadam was cooked in the ashram to serve the people affected by the severity of the cyclone.

The Aarogya Vahini team went to one of the remote villages – Kalidaspur, by taking a ferry service for about three and a half hours. About 100 families were provided with groceries in this village. The volunteers also provided masks, sanitisers, and sanitary napkins for the rural women and counselled them about health and hygiene. Tarpaulins were also given to those whose huts were blown away due to the cyclone.



CORPORATE PARTNERS

Supporting Partners



Food Partners



Supporting Foundations | India



Supporting Foundations | Global



Other Partners



Annapoorna Trust is empanelled with Sammaan which is an initiative by the Confederation of Indian Industry (CII), Bombay Stock Exchange (BSE) and Indian Institute of Corporate Affairs (IICA). Sammaan is a first of its kind platform to bridge the accountability gap between Corporations and NGOs.



Annapoorna was selected for the Solidarity Award, a special edition of the UN Sustainable Development Goals Action Campaign, which recognises the top 50 most heart-warming and impactful acts of humanity that have improved the lives of others, inspired resilience, and lifted hopes during the global health crisis due to COVID.

“As a child of God, I am greater than anything that can happen to me.”

– Dr APJ Abdul Kalam

On July 27, 2020, the Secretary of Sri Sathya Sai Annapoorna Trust, Mr Anand Kadali received the 'Dr APJ Abdul Kalam Award of Excellence' for the Trust from Mr Arjun Ram Meghwal, Honourable Minister of State for Parliamentary Affairs, Government of India.



Annapoorna was selected as the 'Winner of Rotary Karnataka NGO Awards 2020' in the category 'Health, Safe Drinking Water and Sanitation' and received the Award from Honourable Deputy Chief Minister of Karnataka, Dr C N Ashwath Narayan during the Third Annual Rotary Karnataka CSR Conference and Awards.



EDUCATION



Prashanthi Balamandira Trust



Sri Sathya Sai Saraswathi Education Trust



Sri Sathya Sai Loka Seva Trust
MUDDENAHALLI



Sri Sathya Sai Loka Seva Gurukulam



Sri Sathya Sai University for Human Excellence



Each One Educate One Foundation

“ It is the duty of every individual who has enough resources to support and provide the right kind of education to children who are deprived of education due to various reasons. Given the right kind of education and guidance, any child can not only stand on his or her feet, but also grow into a talented adult, useful to the society. ”

**SADGURU
SRI MADHUSUDAN SAI**

FROM THE CHANCELLOR'S DESK

MR B N NARASIMHA MURTHY



Mr B N Narasimha Murthy, the Chancellor of Sri Sathya Sai University for Human Excellence and also the Chief Mentor of Sri Sathya Sai Loka Seva Gurukulam Group of Institutions. An eminent educationist who has been associated with Sri Sathya Sai Baba's Educational Institutions since 1968, Mr B N Narasimha Murthy is an engineer by education, a teacher by profession, a prolific writer by passion, and a sincere spiritual seeker. He has many books to his credit, the notable of which are the Volume 5, 6, and 7 of the biography of Baba and '*sanātana dharma*' which has brought forth the essence of all the religions of the world in the spiritual light of *sanātana dharma* – the eternal law. For having been associated with the educational institutions of Baba for the past 50 years, he carries erudite knowledge of the academies and administration of an institution, and the treasure of spiritual wisdom that preserves the soul of an institution and of education on the whole.

A mile in mathematical terms is almost 1.6 kilometres. To travel several miles like these, without having known how much distance was covered, is probably the best way to travel, because in this kind, the traveller had probably enjoyed his journey thoroughly that he didn't realise the distance traversed. Who could this traveller be and what is it that he enjoyed so much?

He is one of those simple characters with almost a 'next-to-nothing' desire for himself, a lot of love in his heart, an inexhaustible treasure chest that doles out gifts to all the needy, specially children—and what kind of gifts?—the ones they cherish the most—good food, knowledge that kindles their curiosity, and one that bestows them with wholesome health. Hence, he had to take several pit stops to share love through selfless service. No wonder he enjoyed his journey!!!

This is exactly the story of Sri Sathya Sai Loka Seva Gurukulam Group of Institutions, formerly known as Sri Sathya Sai Loka Seva Group of Institutions. The journey of more than 53 years, accelerated since the last 10 years, and with each new expedition, there is more joy and optimism.

The transition to the name 'Gurukulam' was a deliberate move this year to restate the Institution towards 'high thinking and simple living'. Here are the reasons why we consider the Gurukulam System of Indian education, the best way of bestowing education:

It gives access to quality education to all students irrespective of their caste, religion, gender or economic backgrounds. All the students live like a family, with teachers who also play the role of their parents, and with their fellow peers in the bonding of sisterhood/ brotherhood. Unfrazzled

nature and its intangible impact on the conscious and subconscious minds of students make them nature-friendly and hence the Campuses are located amidst beautiful naturalistic settings. Education is imparted to all equally, without a price tag attached. Specious learning is replaced with sincere bestowment of knowledge by the teachers and an earnest assimilation of the same by students, which paves way for 'joy in learning more and learning deep.' Students at the Gurukulam lead a disciplined life that instills in them the qualities of self-reliance, mutual co-operation, sharing of resources, an attitude of prioritising knowledge to opulence, and like said in our scriptures – the perseverance of a crow, concentration of a crane, control over sleeping and eating habits, and sacrificing luxury for knowledge. These ultimately make every student a 'humble and noble individual' who is ready to serve the society.

The COVID pandemic taught us to repose and reflect on the transience of life, and hence the necessity to do good with all the power of love and the ardour of altruism. Free online classes that were open to all the children, with no exclusivity to students of our Campuses; and virtual *parā vidya* sessions conducted by Sadguru Sri Madhusudan Sai—kept everyone in the Institutions busy with work, for the larger good; and more importantly initiated all of us into the 'journey within – the inner view' to find the permanence of true peace.

Many a mile have gone past, and many more are there to go, and yet there is no effort, no exhaustion—it is simply the labour of love that shall continue undeterred to do whatever it takes, and be ready to tread many more 'EXTRA MILES' if need be!

B N Narasimha Murthy

Chancellor – Sri Sathya Sai University for Human Excellence

Chief Mentor – Sri Sathya Sai Loka Seva Gurukulam Group of Institutions



WHY ARE WE HERE?

- ❁ To establish centres of educational excellence from Grade 6 till Research studies
- ❁ To promote the cause of true education that is spiritual, integral, values-based, holistic and free of cost, especially for the children of the world who are denied access to quality education due to poverty, gender inequality, lower socio-economic status, malnutrition, poor health and hygiene, and other related factors
- ❁ To bestow the gift of education without any discrimination based on caste, gender, geography, language and religion, and promote equality as a stepping stone towards poverty alleviation
- ❁ To empower children not only by imparting academic knowledge but also through the ancient spiritual wisdom of 'non-duality' that enlightens them to understand their true nature, so that they live a life of purpose based on the universal human values of Truth, Right Conduct, Peace, Love, and Non-violence
- ❁ To build the capacity of youth by moulding them as students with brilliant heads, compassionate hearts and competent hands, thereby transforming them into noble and able professionals
- ❁ To promote the education for girls, and protecting them from the social ills of early marriage, sex trafficking, etc., and thus saving the nation a huge monetary cost that may have otherwise been lost due to fertility, population growth, ill-health, malnourishment and low social capital

**'For children, we give ourselves' –
is the sole mission and motto of the Education Mission.**



- ❁ To revolutionise the concept of education through its unique philosophy of a 'pay it forward' model by the alumni initiated 'Each One Educate One' programme
- ❁ To introduce a values-based pedagogy through effective teacher training of not only the in-house teachers but all the teachers of the country, thus reaching the unreachable sectors of Indian schools, its teachers and its children, and help them rise as moral individuals with a positive outlook towards life, and as contributing members of the society with competency, compassion, and right conduct
- ❁ To provide COVID related educational relief by extending free admissions and scholarships for orphaned children, and also provide free online video lessons that are made accessible and available for all children

EQUITABLE EDUCATION FOR ALL

In Concurrence with UNESCO and SDGs

- ✿ Education is gifted **completely free of cost** to all the children from **Grade 6 to Research Studies**
- ✿ Underprivileged rural children are prioritised in the admission process. 75% of the admissions are reserved for rural children
- ✿ There is no discrimination based on caste, gender, geography, language and religion
- ✿ 'Education for Girls' promoted with paramount care
- ✿ Enabling the participation of the alumni of the institution through a 'pay it forward' model that puts them on the stage of responsibility and as key contributors to the education of their own brethren
- ✿ Providing educational scholarships towards primary education to needy students
- ✿ Spiritual Education forms the basis of the educational model as a mark of respect and recognition of the innate spirituality in all

FACTS

In India, 90% of children from poor families remain illiterate despite completing four years of school education. Also, around 30% of children reach the illiteracy rate even after attending five years of school. UNESCO's 11th 'Education For All (EFA) Global Monitoring Report' reported on the financial education trends for all the nations, and stated that – Around the world, Governments are grappling with ways to reallocate their education budgets to those children most in need. Allocations per child still do not adequately reflect the costs of delivering quality education to the marginalised.



GURUKULAM – REVIVAL OF THE VENERABLE BYGONES

Sri Sathya Sai Baba said, *“The end of education is character. If there is righteousness in the heart, then there is beauty in character.”* Thus the very goal of education is to preserve the righteousness that is innate in every human heart. And this righteousness springs from the seat of love – the very life of every life in creation.

While the Sri Sathya Sai Loka Seva Group of Institutions have done humungous service to the nation by imparting values-based education ever since the year 1962, thus doing its share of bequeathing secular education as well as moral education completely free of cost to several thousands of children—these 59 years of its service revealed the path to explore higher and expand wider in ‘Love.’

To think with love strengthened the zeal to pursue truth—our original way of education—the ‘Gurukulam System of Education.’ And thus, **Sri Sathya Sai Loka Seva Group of Institutions was rechristened to Sri Sathya Sai Loka Seva Gurukulam in May 2020.**



CHARACTER – RATIONALISM WITH A HEART

India, as a nation has been able to sustain a robust democratic polity. The vision of democracy articulated by the Secondary Education Commission (1952) is worth recalling:

“Citizenship in a democracy involves many intellectual, social and moral qualities... a democratic citizen should have the understanding and the intellectual integrity to sift truth from falsehood, facts from propaganda and to reject the dangerous appeal of fanaticism and prejudice ... should neither reject the old because it is old nor accept the new because it is new, but dispassionately examine both and courageously reject what arrests the forces of justice and progress...”

Sri Sathya Sai Loka Seva Gurukulam credits **‘Character’** as the foremost outcome of education over and above the 4Cs proposed by education experts – **Critical thinking, Communication, Collaboration and Creativity.** The system believes that ‘Character’ promotes integrity, discrimination, liberal thinking, broad-mindedness, and originality.

Character induces rational thinking, supported by compassionate feelings, and this helps students embrace spirituality along with science, humanities alongside divinity, and excellence equal with enlightenment.



TIME FOR A TRANSITION



The 'Gurukulam' that the Institution has envisioned laid down clear principles that shall mould every student with **brilliant heads, compassionate hearts and competent hands** (3H formula).

1. *sarve vedavidah dhīrah* (सर्वे वेदविदःधीराः)

Knowledge about ancient Indian wisdom – the Bharathiya culture

- Study of spiritual texts and philosophies
- Practical application of *vedic* wisdom in everyday life by discriminating between right and wrong

3. *sarve samuditā guṇaihi* (सर्वे समुदितागुणैः)

Repositories of all the good qualities that emanate spontaneously

- Love, kindness, compassion, dutifulness, discipline, patriotism, service-mindedness etc.

2. *sarve jñānōpa sampannah* (सर्वे ज्ञानोपसंपन्नाः)

Knowledge about all the subjects and skills concerning the world

- Academic excellence pertaining to subject knowledge
- Life skills like communication, technology, inter-personal relations, cooking, maintenance, driving etc.

4. *sarve lokahite ratāh* (सर्वे लोकहिते रताः)

Ever engaged in the welfare of the world

- Dedicated to society's welfare
- Using one's professional skills and knowledge to help others



NATIONAL INSTITUTE OF OPEN SCHOOLING (NIOS) – THE JOY OF LEARNING!

Sri Sathya Sai Loka Seva Gurukulam took a deliberate action in the direction of augmenting the element of 'joy' in learning for all students. As a first step, the Institution transitioned to the NIOS curriculum from State/ CBSE curriculum. National Curriculum Framework 2005 brought out by NCERT is incorporated into NIOS curriculum of Sri Sathya Sai Loka Seva Gurukulam.

Why the move to NIOS?

Largest Open Schooling System in the World: Between the academic years 2016–2019 approximately 18 lakh students took their examination for the secondary and senior secondary boards under NIOS. It has 18 regional offices catering to all States of India.

Nationally Recognised: Examinations conducted by NIOS are similar to the State, CBSE or ICSE, including the standards and the recognition it enjoys. A NIOS student can apply to any school or college, anywhere in the country, due its national curriculum and nationally/ globally accepted certification.

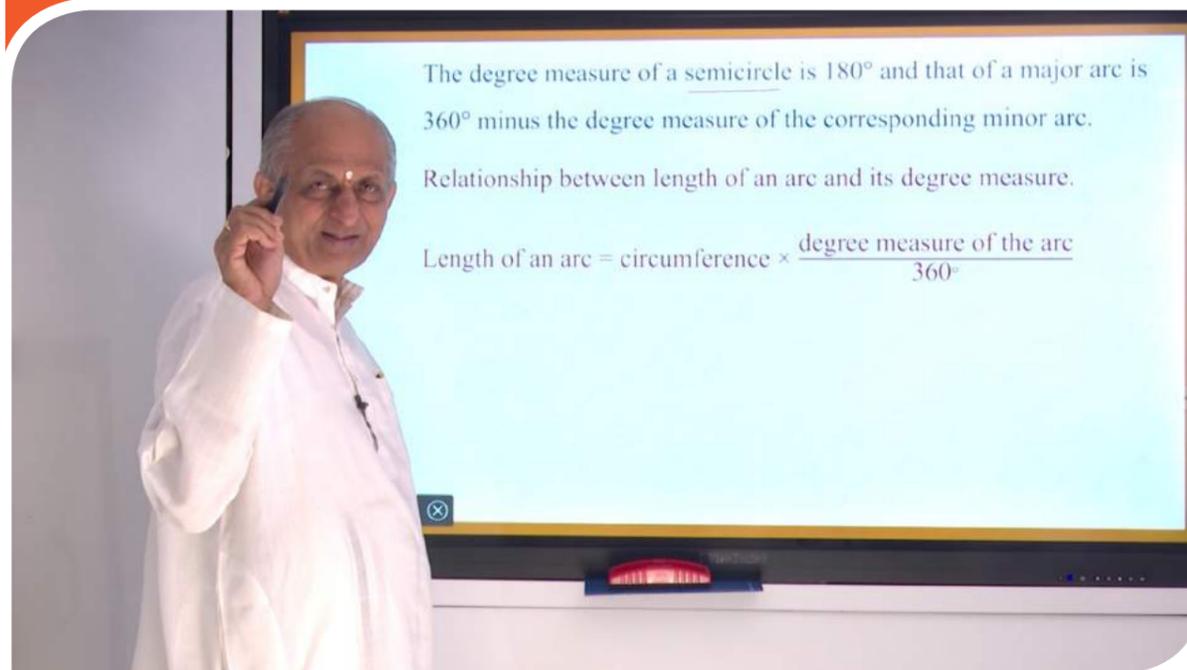
Reduces Undue Pressure on Children: Only two public (board) exams are conducted, that is, for Grade 10 and 12, unlike other boards where quarterly, half yearly or annual examinations are mandatory.

However, students between Grades 6 and 9 will be tested and assessed internally by competent teachers, without burdening the child with the strenuous annual examination which typically lasts for three hours.

Promotes Flexibility to Choose Subjects: Students can select their choicest subjects from the prescribed categories, and thus create and ideal subject combination that suits their aptitude.



Valid to Pursue Higher Studies: Students passing the Senior Secondary Examination from NIOS are eligible to apply for admission in universities and professional colleges. The NIOS certificate is also valid and admissible for applying to competitive examinations such as NEET and IIT JEE.



THE COVID CURVE

FACTS

The COVID-19 pandemic struck mankind in early 2020, and it was projected that the global socio-economic crisis caused by the pandemic could push 142 million more children into monetary poor households in developing countries. Thus, the total number of children living in monetary poor households in developing countries was to reach over 725 million in the absence of any mitigating policies.

In India, around 250 million students were affected due to school closures at the onset of lockdown induced by COVID-19. The pandemic posed several challenges in public and private schools which included an expected rise in dropouts, learning losses, and increase in digital divide. Lack of connectivity and devices excluded at least one third of students from pursuing learning remotely.

As per the UNESCO's report 'State of Global Education Crisis: A Path to Recovery', learning losses were immense and inequitable, disproportionately affecting poorer and younger students. Children in many countries missed out on most or all of the academic learning they would ordinarily have acquired in school, with younger and more marginalised children missing out the most. In rural Karnataka (India), the share of Grade 3 children in government schools able to perform simple subtraction fell from 24% in 2018 to only 16% in 2020. After a year of school closures, the losses were equivalent to one year of learning.



WHAT DID WE DO?

In this scenario of rising COVID numbers and child poverty, how did we ensure that education continued for the ones who were already part of a school and even for the ones who were interested to learn, though not part of a formal curriculum?

With the sharp rise in the COVID curve, Sri Sathya Sai Loka Seva Gurukulam Group of Institutions had to abandon the regular residential schooling and send children back home.

Thus, the Institution launched the **Sri Sathya Sai Loka Seva Gurukulam Online Learning Space** as a YouTube Channel and Mobile App.



<https://www.youtube.com/c/SriSathyaSaiLokaSevaGurukulam>



<https://play.google.com/store/apps/details?id=org.srisathyasailokaseva.gurukulam>



While speaking about the importance of this app, Sadguru Sri Madhusudan Sai said, "In these times of the Corona crisis where millions of children are unable to attend school, sadly there are those who are trying to profit from this opportunity by selling education through apps. While those who can afford may benefit, crores of rural and underprivileged children would be deprived of learning. Therefore, the Sri Sathya Sai Loka Seva Gurukulam app will help those children who would otherwise not have access to high quality online content for their classes. It is primarily to ensure that students learn during COVID, however the bigger purpose is to take education to those eager ekalavyās who wish to study, but cannot go to school. The app is free and available to all without any discrimination whatsoever.

Education is the primary right of every child and must be made available without charges."





I visited the Sri Sathya Sai Loka Seva Institution during its Annual Sports and Cultural Meet in January 2020. The Education Minister of Uttarakhand was also present that time. All of us present on that day were stunned to watch the daring sports performances of students. I was impressed with the education system of these Institutions.

Now, in these times of COVID, this esteemed Institution is commencing a very noble initiative of offering online learning free of cost to students through the Sri Sathya Sai Loka Seva Gurukulam Online Learning Space which offers lessons from Grade 6 to 10 in both English and Kannada medium. I request all the students to use this learning platform effectively. On behalf of Karnataka, I appreciate and thank Sri Sathya Sai Loka Seva Gurukulam for this most thoughtful and kind initiative. I wish them all success!



Mr S Suresh Kumar

Minister of Primary and Secondary Education, Government of Karnataka

FEATURES OF SRI SATHYA SAI LOKA SEVA GURUKULAM ONLINE LEARNING SPACE

Universal – All the learning materials of SSSLSG Online Learning Space is comprehensive and engaging—it encompasses both values and application based learning and is made available free of cost to all.

Volunteer-Driven – Teachers from Sri Sathya Sai Loka Seva Gurukulam, Administrators, Interns, Alumni, Residents of Sathya Sai Grama, Students, and Annapoorna volunteers participate in preparing and recording online lessons.

Effective Tracking – Cloud-based platform is set up to track and monitor the progress and workflow of lessons.

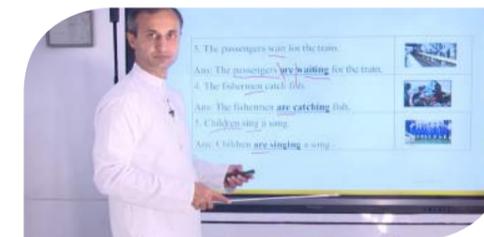
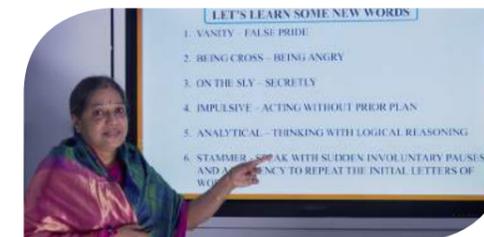
Structured Roles – Instructors, proof readers, camera technicians, video editors, publishers, subject reviewers (both internal and external) and steering committee.

Robust Infrastructure – Top-notch IT equipments and audio video equipments for recording, storing and disseminating content.

Delivery Channels – YouTube, Gurukulam App, Videos, Presentations, and PDF content.

Standardisation and Branding – Help desk kiosks are set up for preparing PPTs, standardising the content for brand compliance, and making it conducive for recording.

Bi-lingual Video Lessons – Video lessons were recorded both in English and Kannada to have a greater reach and better indigenous impact.



ADVANTAGES AND DISADVANTAGES OF ONLINE LEARNING

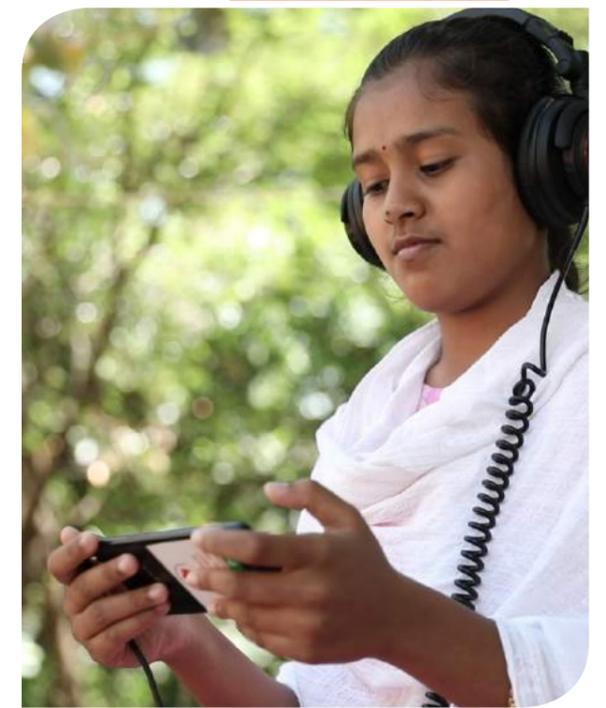
ADVANTAGES

Efficiency – Opportunity to use online resources like videos, PDFs, podcasts—both for teachers to prepare their lesson plans and for students to explore these options of learning. Online lectures could be recorded, archived, and shared for future reference.

Accessibility of Time and Space – Students could attend classes from any location of their choice. This aspect also allowed the Institution to reach out to a more extensive network of students.

Affordability – Online learning reduced the financial costs. Paperless learning made it more affordable to a majority of students.

Suited a Variety of Learning Styles – Some students are visual learners while some others prefer audio. Some students thrive in the classroom while others are solo learners. Online learning system could be personalised to each student's need.



DISADVANTAGES

Inability to focus on screens – Keeping focus on the screen for a long time was challenging for students. Students could be easily distracted with social media and other sites.

Technology Issues – Internet connectivity is a challenge. Consistent connection with decent speed is still a problem in many small towns and villages.

Sense of Isolation – Some students felt better to learn in the company of their peers. In an online environment, there was very minimal physical interaction between students and teachers.

Teacher Training – Not all teachers had the basic understanding about using digital forms of learning

FACTS

DIGITAL DIVIDE

India has the second largest internet user base in the world with more than 630 million subscribers. It also has the lowest mobile data prices offered anywhere. Despite this, for every Indian citizen with an internet subscription, there is a citizen in the rural area who lacks one.

Considering 66% of the population that lives in rural areas, only 15% have internet access compared to 42% of urban households.

Only 4% of rural households and 23% of urban households possessed computers.

DIGITAL BREADTH

99% of mobile learners claim that mobile learning enhances their experience.

67% of people access learning through mobile devices.

SIMPLE SOLUTIONS FOLLOWED BY SSSLSG

- Gurukulam Teacher Enrichment Support Team (GTEST) conducted exclusive teacher training workshops to equip teachers for preparing lessons using online tools and delivering them effectively to students
- Detailed Guidelines were shared with parents with clear Dos and Don'ts, so that the online learning experience can be used in a fruitful manner
- Many children were provided with mobile devices and also assisted with regular recharges for enabling their online learning



**EVERY
CHILD
IS OURS!**

“ During the COVID pandemic, my father lost his job since the college where he was working had to be shut down. My mother is a dance teacher and her dance classes too came to a halt due to social distancing norms. Hence the financial situation at home was receding from bad to worse with every passing day. Despite these difficulties, my education never stopped because of the Sri Sathya Sai Loka Seva Gurukulam Online Learning Space. My teachers were available at all times to clarify doubts, and they were also sharing interesting videos for more knowledge on the subject, and also supplied us with simple and easy to understand study materials. ”

Sankalp Yaragatti

Grade 8

Sri Sathya Sai Sattwaniketanam, Karwar



TEACHERS TRAINING – A COVID SUPPLEMENT

Focal Points

Versatility of Teaching Methods –

Teaching methods have to be tuned to children's aptitude, capability and psychology

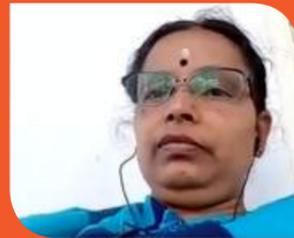
Inducing Original Thinking –

Games, activities and illustrations must be used to kindle curiosity to know more, to think originally and then learn from established facts

Values in Learning – Every lesson has to be linked to human values in an inspiring way

Questioning without Answers –

Leaving questions in the minds of students helps them explore answers and by this way they never forget what they have learnt



LEARNING STYLES

Suited for Students:

- Speaks fast
- Impatient
- Uses words and phrases that evoke visual images
- Sees and visualises

TEACHING TIP –
CHARTS AND GRAPHS

VISUAL LEARNING

Suited for Students:

- Speaks slowly
- Good listeners
- Linear thinkers
- Prefers explanation than text
- Listens and verbalises

TEACHING TIP –
VERBALISATION

AUDITORY LEARNING

TEACHING TIP –
WRITING TECHNIQUES

READ/ WRITE LEARNING

Suited for Students:

- Prefers written text and text-based input and output
- Enjoys reading and writing

TEACHING TIP –
DEMONSTRATIVE TECHNIQUES

KINESTHETIC/ TACTILE LEARNING

Suited for Students:

- Speaks slowly
- Takes time to decide
- Uses all the senses in learning
- Solves by doing
- Prefers hands-on approach
- Learns through trial and error



“One who chooses the Infinite has been chosen by the Infinite”, said Mother Mirra from the Aurobindo Society. I feel extremely fortunate to be chosen as an instrument by my Master Sri Sathya Sai Baba and now Sadguru Sri Madhusudan Sai.

It was during the initial days of COVID pandemic, when most of the schools were shut and students were deprived of their fundamental right to education, when Sri Sathya Sai Loka Seva Gurukulam Group of Institutions pitched in and took the initiative to start recording classes, right from Grade 6 to Grade 12, and post them online absolutely free of cost. By this way, any student from around the country and the world at large had an access to rich educational content irrespective of their social or financial instability. This noble thought and work kindled my heart and ignited the passion in me for teaching again, even after my retirement.

Initially, while recording the lectures, blackboards were used. Slowly they were replaced with presentations on smart screens which made it interesting and easily comprehensible for students. Facing a camera was a real challenge for most of us. Personally, teaching was never a problem for me, but conducting lectures in front of a camera was hard. Whenever I was asked to retake the lessons, because I faltered sometimes, I felt embarrassed. The training that was imparted to teachers by Sri Sathya Sai Loka Seva Gurukulam Group of Institutions really helped me in this regard. From then on, every time I failed to be camera-right, I would try again with confidence. Nowadays, I feel very comfortable to record lectures in front of the camera, without any hesitation. With humility and happiness, I would like to share that, I have managed to record 236 videos for the Higher Secondary Course.



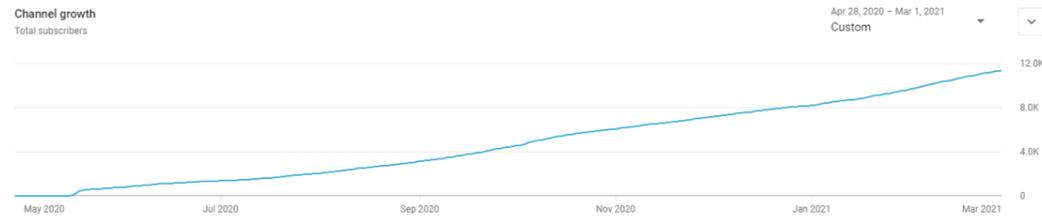
Mr M Ramamurthy

Trustee, Prashanthi Balamandira Trust

OUTCOMES AND LEARNINGS

APRIL 2020 TO MARCH 2021

Steady Linear Growth in Subscriptions



Videos and Subscribers

Date	Videos added	Subscribers	Views
Total	1,909	11,352	903,311
2020	1,596 83.6%	8,173 72%	588,561 65.2%
2021	313 16.4%	3,179 28%	314,750 34.8%

Views from India

Geography > India	Views	Watch time (hours)
Total	835,691	39,087.0
Karnataka	549,442 65.8%	25,080.6 64.2%
Kerala	314 0.0%	10.2 0.0%
Maharashtra	208 0.0%	10.1 0.0%
Tamil Nadu	63 0.0%	3.1 0.0%
Telangana	61 0.0%	2.2 0.0%
Andhra Pradesh	31 0.0%	1.5 0.0%
Madhya Pradesh	13 0.0%	0.4 0.0%
Gujarat	11 0.0%	0.5 0.0%
Punjab	11 0.0%	0.6 0.0%
Delhi	10 0.0%	0.1 0.0%

Views Globally

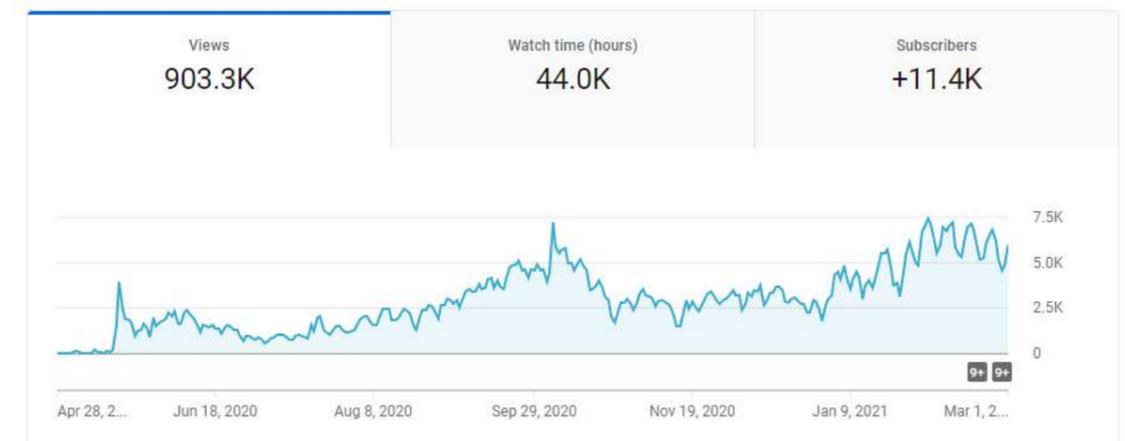
Geography	Views	Watch time (hours)
Total	903,311	43,951.1
India	835,691 92.5%	39,087.0 88.9%
United States	203 0.0%	12.4 0.0%
Singapore	41 0.0%	0.9 0.0%
France	39 0.0%	0.4 0.0%
Switzerland	19 0.0%	0.1 0.0%
United Arab Emirates	16 0.0%	0.3 0.0%
Argentina	13 0.0%	1.1 0.0%
Croatia	13 0.0%	0.8 0.0%

Views – Subscribers Vs Non-Subscribers

Subscription status	Views	Watch time (hours)
Total	903,311	43,951.1
Not subscribed	720,663 79.8%	32,589.2 74.2%
Subscribed	182,648 20.2%	11,361.9 25.9%

Views and Subscribers

In the selected period, your channel got 903,311 views



THE ULTIMATE ALCHEMY FOR THE PANDEMIC – *parā vidyā*

It is said that the 'mind is a beautiful servant, but a dangerous master.' The tumultuous times of the pandemic shook everyone in their shoes, so much so that the intellect which is the discriminatory power of a human's mental makeup weakened, thereby giving way for the lower mind to play its tantrums. At this hour, it was important to repeat and affirm good intentions and thoughts in the mind, so that it fuels the emotions and in turn the body in the right direction.

In this effort, Sadguru Sri Madhusudan Sai recognised the need for not only the mental, emotional and physical health, but more importantly the spiritual health that shall take care of the rest. What is Spiritual Health – to realise the truth of one's existence that liberates and fills one with eternal joy is the kind of permanent wholesome health one should aspire for.

The scriptures of *sanātana dharma* are like the universal mother that sheds her compassion to all of mankind by magnanimously sharing with all the subtle alchemy of liberation. Thus, Sadguru Sri Madhusudan Sai conducted sessions covering the following spiritual texts:

- ❁ *gīta jñāna yajña*
- ❁ *kaṭhapaniṣad*
- ❁ *īśopaniṣad*
- ❁ *muṇḍakopaniṣad*
- ❁ *māṇḍūkyaopaniṣad*
- ❁ *taittirīyopaniṣad*
- ❁ *aitareyopaniṣad*
- ❁ *praśnopaniṣad*
- ❁ *kenopaniṣad*
- ❁ *chāndogyopaniṣad*
- ❁ *narada bhakti sutra*

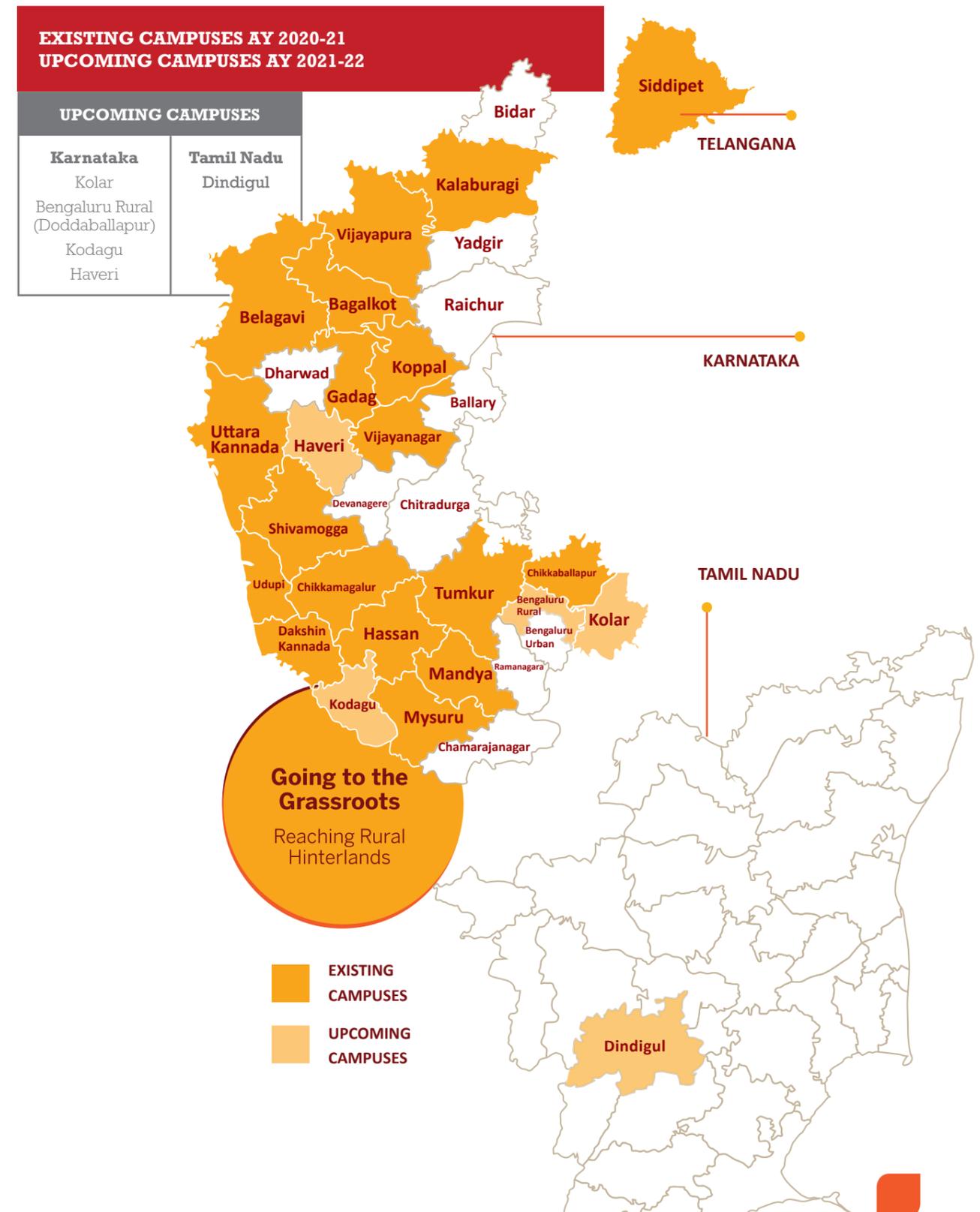


CAMPUSES



DISTRICT	CAMPUS	INSTITUTION	Icon
Dakshina Kannada	Sathya Sai Vihar	Sri Sathya Sai Loka Seva Pre-University College	Icon
		Sri Sathya Sai Loka Seva Vidya Kendra	
	Sharada Vihar	Sri Sathya Sai Loka Seva High School	Icon
		Sri Sathya Sai Loka Seva Higher Primary School	
Vani Vihar	Sri Sathya Sai Loka Seva High School	Icon	
		Icon	
Chikkaballapur	Sathya Sai Grama, Muddenahalli	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
		Sri Sathya Sai Loka Seva Gurukulam – Grade 11 and 12	
		Sri Sathya Sai University for Human Excellence – Post Graduate Centre	
	Prashanti Bala Mandira	Prashanti Bala Mandira English Medium Higher Primary School	Icon
		Prashanti Bala Mandira English Medium High School	
	Sri Sathya Sai Prashantiniketanam	Sri Sathya Sai Prashantiniketanam Pre-University College	Icon
Sri Sathya Sai University for Human Excellence			
Kalaburagi (Gulbarga)	Sri Sathya Sai Vidyaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
		Sri Sathya Sai Loka Seva Gurukulam – Grade 11 and 12	
		Sri Sathya Sai University for Human Excellence – Central Campus	
Mandya	Sri Sathya Sai Sharadaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
		Sri Sathya Sai Loka Seva Gurukulam – Grade 11 and 12	
Chikkamagalur	Sri Sathya Sai Divyaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
		Sri Sathya Sai Loka Seva Gurukulam – Grade 11 and 12	
	Sri Sathya Sai Sriniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Bagalkot	Sri Sathya Sai Anandaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Vijayapura (Bijapur)	Sri Sathya Sai Premaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Hassan	Sri Sathya Sai Sathyaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Gadag	Sri Sathya Sai Vaniniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Siddipet (Telangana State)	Sri Sathya Sai Prashantiniketanam	Sri Sathya Sai Prasanthi Niketanam – Grade 11 and 12	Icon
Vijayanagar	Sri Sathya Sai Vishwaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Koppal	Sri Sathya Sai Sevaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Tumkur	Sri Sathya Sai Karunyaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Uttara Kannada (Karwar)	Sri Sathya Sai Saththwaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Shivamoga	Sri Sathya Sai Sarvaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Mysuru	Sri Sathya Sai Anantaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Udupi	Sri Sathya Sai Ananyaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon
Belagavi	Sri Sathya Sai Nityaniketanam	Sri Sathya Sai Loka Seva Gurukulam – Grade 6 to 10	Icon

CAMPUS FOOTPRINT



OUR CAMPUSES



Sri Sathya Sai Sharadaniketanam, Mandya



Sri Sathya Sai Prasanthi Niketanam (for girls)
Grade 11 and 12, Telangana



Sri Sathya Sai Karunyaniketanam, Tumkur



Sri Sathya Sai Vidyaniketanam, Kalaburagi



Sri Sathya Sai Loka Seva Gurukulam (for boys)
Grade 6 to 10, Muddenahalli



Sri Sathya Sai Loka Seva Pre-University College,
Alike



Sri Sathya Sai Loka Seva Gurukulam
Grade 11 and 12, Muddenahalli



Sri Sathya Sai Loka Seva Gurukulam
Grade 11 and 12, Kalaburagi



Sri Sathya Sai Sattwaniketanam, Karwar



Sri Sathya Sai Sriniketanam, Chikkamagalur



Sri Sathya Sai Sathaniketanam, Hassan



Prashanti Bala Mandira, Chikkaballapur



Sri Sathya Sai Vaniniketanam, Gadag



Sri Sathya Sai Divyaniketanam, Chikkamagalur



Sri Sathya Sai Vishwaniketanam, Vijayanagar
(Architect's Impression)



Sri Sathya Sai Sevaniketanam, Koppal



Sri Sathya Sai Prashantiniketanam
Pre-University College (for girls)
Sri Sathya Sai University for Human Excellence
(for girls), Chikkaballapur



Sri Sathya Sai Premaniketanam, Vijayapura
(Architect's Impression)



Sri Sathya Sai University for Human Excellence -
Central Campus, Kalaburagi



Sri Sathya Sai Sarvaniketanam, Shivamogga
(Architect's Impression)



Vidya Sadan - Sri Sathya Sai University for
Human Excellence (Boys), PG block, Muddenahalli



ACADEMIC EXCELLENCE

GRADE 10 STATE BOARD

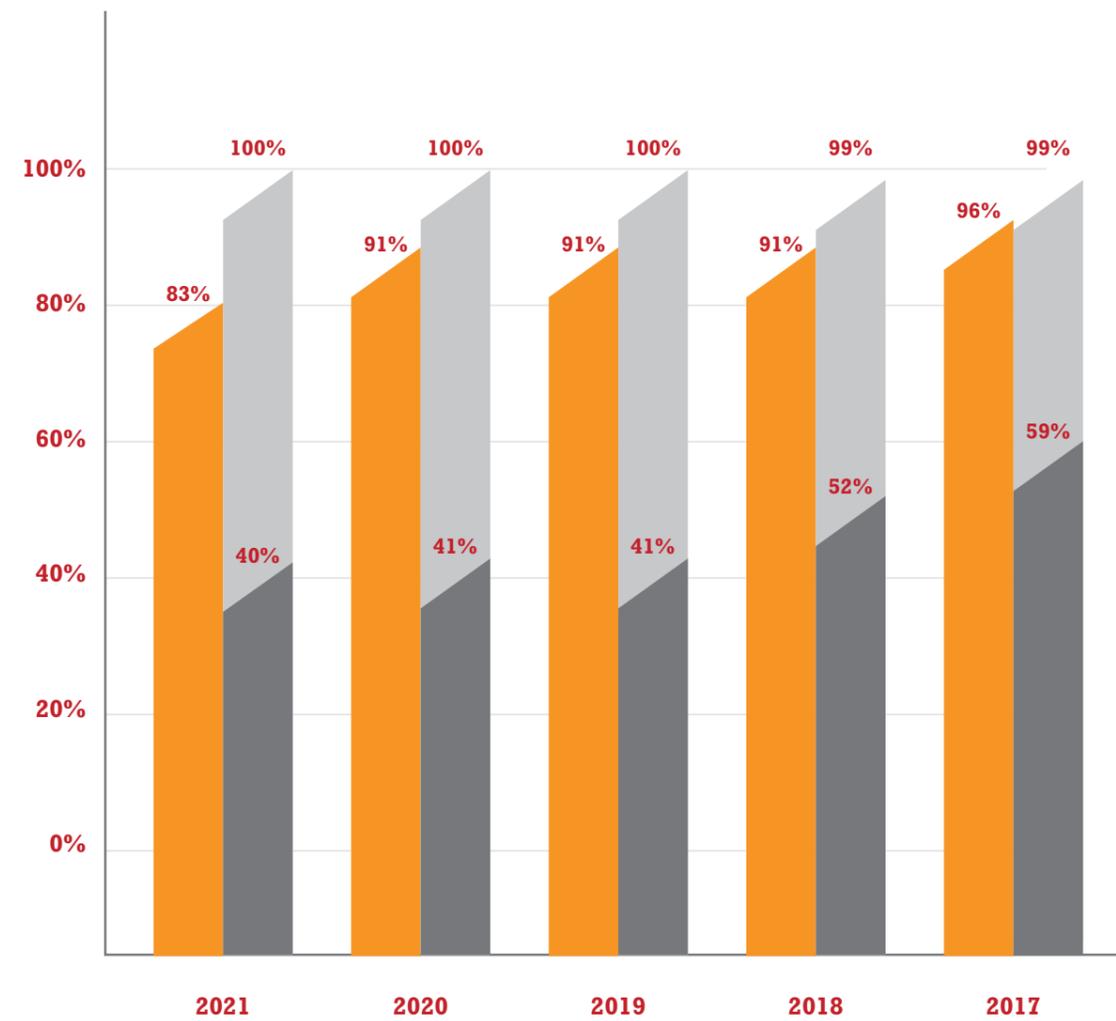
STATE AVERAGE PASS PERCENTAGE OUR SCHOOLS' PASS PERCENTAGE DISTINCTION PERCENTAGE



ACADEMIC EXCELLENCE

GRADE 10 CBSE

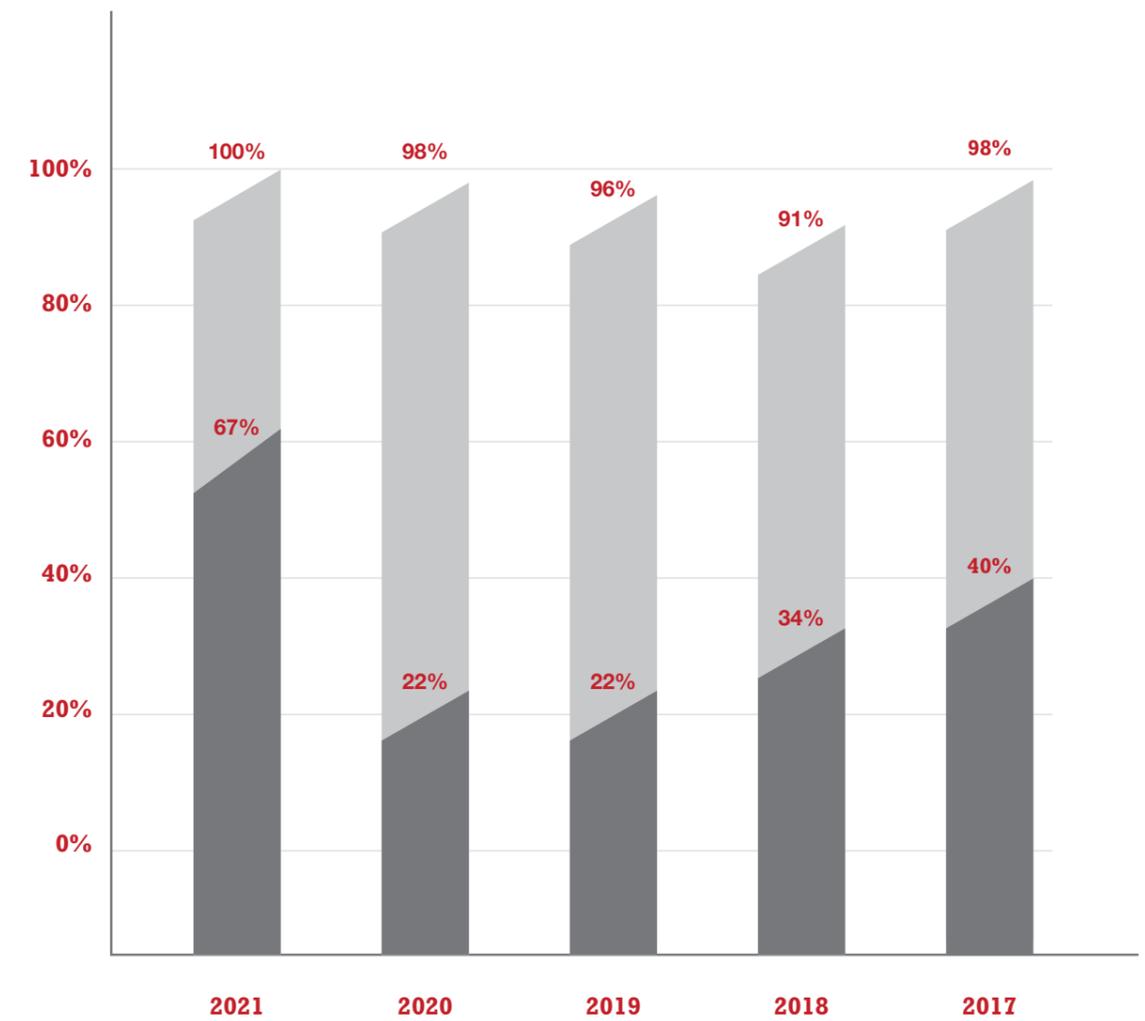
■ STATE AVERAGE PASS PERCENTAGE
 ■ OUR SCHOOLS' PASS PERCENTAGE
 ■ DISTINCTION PERCENTAGE



ACADEMIC EXCELLENCE

PRE-UNIVERSITY

■ OUR SCHOOLS' PASS PERCENTAGE
 ■ DISTINCTION PERCENTAGE



HIGHLIGHTS

MAY 09, 2020 – LAUNCH OF THE FIRST FOUR ONLINE COURSES IN THE INSTITUTE OF HUMAN VALUES (IOHV)

To be born a 'human being' is a biological process but 'being human' is much more than that. Human life is the epitome of all creation and deserves to be lived better than being spent in mere outer material pursuits.

The Institute of Human Values is a humble endeavour by the Prashanthi Balamandira Trust to help individuals unravel the true meaning and purpose of their lives, by offering courses that are relevant to their personal and professional fields. The courses help them strike a delicate balance between the inner and outer spheres of their existence, by being a transformative guide that shall invoke the necessary changes inside them, the outgrowths of which can be seen in the world outside.

Inspired by Sri Sathya Sai Baba's philosophy of integral education, the 'Institute of Human Values' is the first step to help lead the world into the beautiful awareness of its heart – a heart that operates from the seat of human values – truth, right conduct, peace, love and non-violence. The ultimate objective of the courses offered through the Institute of Human Values are not merely for information, but are meant for transformation through love, for love is the highest virtue and is the undercurrent of all human values.

Love as Thought is Truth

Love as Action is Right Conduct

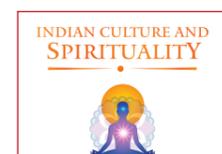
Love as Understanding is Peace

Love as Feeling is Non-Violence

The courses launched were: **Mindful Teaching, Dynamic Parenting, Compassionate Healthcare, and Indian Culture and Spirituality**



Institute of
Human Values



MAY 16, 2020 - LAUNCH OF SRI SATHYA SAI LOKA SEVA GURUKULAM ONLINE LEARNING SPACE

In what will be considered a historic day in the annals of the education mission begun by Sri Sathya Sai Baba many decades ago, Sadguru Sri Madhusudan Sai launched the Sri Sathya Sai Loka Seva Gurukulam programme, beginning with the inauguration of a YouTube channel and a mobile app, that shall offer free online classes for children from Grade 6 to Grade 12. The programme provides an all-comprehensive knowledge package consisting of both secular and moral education.

Sri Sathya Sai Loka Seva Gurukulam Group of Institutions provides education absolutely free of cost to over 5,000 children, across 23 campuses in 17 districts of Karnataka and one in Telangana. With the guidance of Sadguru Sri Madhusudan Sai, this new mobile education app will extend the gift to education to all students from across the world, with no exclusivity to students from the Campuses under the ambit of the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions. High quality video lessons will be provided free of charges to students from Grade 6 up to Pre-University level, in both English and Kannada.

While speaking about the importance of this app, Sri Madhusudan Sai pointed out that in the times of the COVID pandemic, where lakhs of children are unable to

attend school, there are those who are trying to make use of this opportunity by selling education through apps. *"While those who can afford may benefit, crores of rural and underprivileged children would be deprived of learning. Therefore, the Sri Sathya Sai Loka Seva Gurukulam Online Learning Space would help those children who would otherwise not have access to high quality online content for their classes. This app is free and available to all without any discrimination whatsoever. Education is the primary right of every child and must be made available without charges"*, He said.

This online learning space will also welcome volunteers who would like to share their knowledge of not only subjects, but even life and living in general, and train children on life skills, moral, and spiritual education.

On that occasion, Mr S Suresh Kumar, Hon'ble Minister for Primary and Secondary Education, Government of Karnataka, sent a video message wherein, he commended the wonderful efforts of Sri Sathya Sai Loka Seva Gurukulam Group of Institutions for providing free high-quality values-based education. He congratulated the Institutions for bringing out the app which will benefit not only the children studying in Sri Sathya Sai Loka Seva Gurukulam, but also the society at large.



SEPTEMBER 08, 2020 TO OCTOBER 07, 2020 – *rāga rañjanī* – BRIEF LESSONS IN CLASSICAL MUSIC

A musical workshop titled '*rāga rañjanī*' was conducted at Sathya Sai Grama, Muddenahalli. The main objective of this workshop was to expose students and staff alike to the finer nuances of Indian classical music, thereby inducing the love for Indian classical music in their hearts, and helping them appreciate the depth and truth in this music, that is completely inspired by love for the Divine.

The workshop was held for a period of 30 days with one *rāga* being demonstrated each day. The structure and characteristics of the *rāgas*, benefits of singing or listening to the *rāga* and some of the popular bhajans and songs in that particular *rāga* were rendered by the music group every day. Thus, a total of 30 *rāgas* were presented over the course of this workshop.



OCTOBER 25, 2020 – MEMORANDUM OF UNDERSTANDING WITH KALAKSHETRA FOUNDATION, CHENNAI

Sri Sathya Sai University for Human Excellence (SSSUHE) and Kalakshetra Foundation at Chennai signed a Memorandum of Understanding (MoU) with a common objective to protect, promote, and revive Indian Culture and Traditional Art Forms. As part of the MoU, SSSUHE extends scholarships to those students at Kalakshetra, who are dedicated to the art—be it dance, music or visual art forms, but are constrained economically. Kalakshetra, in turn, will support the Bachelor of Performing

Arts – Bharatnatyam stream of students from SSSUHE by conducting annual workshops and by providing their expert assistance to train these students. They would also be tutoring and mentoring the students of SSSUHE in vocal and instrumental music and other visual art forms as well. This collaboration in the future will slowly expand to include joint work on natural dye research, block printing, kalamkari painting, handloom weaving...etc.



Exchange of MOU with Kalakshetra Foundation, Chennai

OCTOBER 26, 2020 – LAUNCH OF BACHELOR OF ARTS IN VEDIC STUDIES

The Bachelor of Arts in Vedic Studies was officially launched on the auspicious *daśamī* day of Dussehra on the October 26, 2020 in the presence of Dr Ashwath Narayan, Deputy Chief Minister of Karnataka, Sri Kuppa Subrahmanya Shastri Avadhani Garu, the Principal of the Venkateshwara Veda Vijnana Peetam, Tirupati and Professor Rakesh Upadhyay, Chair Professor of Bharat Adhyayan Kendra, Banaras Hindu University. Sadguru Sri Madhusudan Sai while outlining his vision for this course elaborated that the students of this course will be moulded in such a manner that they will not only have

personally experienced the Highest Truth, but will also emerge as teachers guiding humanity from untruth to truth, from ignorance to light.

This course shall involve a deep study of the *vedas* and knowledge of ancient India. Unlike the traditional universities which impart this knowledge to only certain members of the society, this course is open to all without any discrimination based on their caste or background. The course aims to instill in the hearts of the students, a burning desire to find the truth.



Launch of Bachelor of Arts in Vedic Studies – Sadguru Sri Madhusudan Sai along with the Dignitaries on the Dias





NOVEMBER 10, 2020 – UGC EXPERT COMMITTEE VISITS SRI SATHYA SAI UNIVERSITY FOR HUMAN EXCELLENCE

UGC Expert Committee consisting of expert academicians from various universities from India visited the Sri Sathya Sai University for Human Excellence at Kalaburagi district and also Sathya Sai Grama at Muddenahalli, Karnataka.

The visiting committee members were:

Dr K S Sambasiva Rao

Vice Chancellor, Mizoram Central University

Dr G Srinivas

Additional Secretary, UGC

Prof Swatantra Bala Sharma

Former Vice Chancellor, Raja Mansingh Tomar Music & Arts University, Gwalior

Dr Ajit Singh Rana

Former Registrar, Saurashtra University, Rajkot

Dr Bhartendu K Singh

Professor, Department of Physics, Banaras Hindu University

Dr S K Chauhan

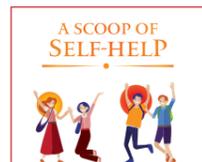
Under Secretary and Research Officer, National Council for Teacher Education



NOVEMBER 22, 2020 – LAUNCH OF THE SECOND SET OF THREE MORE ONLINE COURSES IN THE INSTITUTE OF HUMAN VALUES (IOHV)

The Institute of Human Values – the free online learning platform for values-based living, applicable to the personal and professional context of people across the globe, launched the second set of three more courses – Love Without Duty (for Social Workers), A Scoop of Self-Help (for Teenagers), and Dharmic Management (for Management Professionals). The Teenagers – for being the representation of honest and unimpaired expression of all that life stands for, and in exploring all that life has got to offer; The Social Workers – for being the most benignant spirits who

muster their knowledge, skills, intelligence, courage and more than all these, the 'love' of their hearts to heal, to provide, to empower and to enliven others; and The Management Professionals – for being the front runners to boost countries' economy, employment, quality of work force, enhancement of skills and expertise — to these three different, but equally important contributors of society, the courses were offered to help them see their life, their work with an eye on 'human values', so that they make it more beautiful for themselves and others.



NOVEMBER 25, 2020 – MEMORANDUM OF UNDERSTANDING WITH SRI SRI JAGADGURU SHANKARACHARYA MAHASAMSTHANAM DAKSHINAMNAYA SRI SHARADA PEETHAM, SRINGERI

Sri Sathya Sai University for Human Excellence and the holy Sharada Peetham of Sringeri have joined hands to work together for the most important task which both of them consider their foremost goal – promotion, propagation and revival of the glorious *sanatāna dharma*. In order to achieve this lofty ideal, the MoU seeks mutual collaboration and co-operation between SSSUHE and Sharada Peetham. While Sharada Peetham will provide their expert guidance and support to establish the veda gurukulam at Sathya Sai Grama, Muddenahalli,

and extend help towards teaching and training these students by way of serving as visiting faculty and conducting vedic workshops at both the premises; SSSUHE will dedicatedly support the research programme and publication works of Advaita Shodha Kendra – Advaita Sharada by translating them into English and also by supporting the initiative financially. Additionally, Sharada Peetham will also guide SSSUHE towards preparing the course content for the Bachelor of Vedic Studies programme.



Memorandum of Understanding being exchanged with Sri Sri Jagadguru Shankaracharya Mahasamsthana Dakshinamnaya Sri Sharada Peetham, Sringeri

NOVEMBER 26, 2020 – COMMENCEMENT OF POST GRADUATION AND RESEARCH PROGRAMMES OF SRI SATHYA SAI UNIVERSITY FOR HUMAN EXCELLENCE

The Post Graduate and Research Programmes of the University were formally announced on November 12, 2020 in the presence of Sadguru Sri Madhusudan Sai.

The dignitaries present at the occasion were:

Dr K S Sambasiva Rao

Vice Chancellor, Mizoram Central University

Dr G Srinivas

Additional Secretary, UGC

Prof Swatantra Bala Sharma

Former Vice Chancellor, Raja Mansingh Tomar
Music & Arts University, Gwalior

Dr Ajit Singh Rana

Former Registrar, Saurashtra University, Rajkot

Dr Bhartendu K Singh

Professor, Department of Physics,
Banaras Hindu University

Dr S K Chauhan

Under Secretary and Research Officer,
National Council for Teacher Education

Prof Rakesh Kumar Upadhyay

Centenary Chair Professor, Bharat Adhyayan Kendra,
Centre for Indic Studies, Banaras Hindu University

Prof J Shashidhara Prasad

Former Vice Chancellor, University of Mysore and
Sri Sathya Sai Institute of Higher Learning



The University launched six Post Graduate programmes which were as follows:

School of Arts and Philosophy – M.A. (Sanskrit), M.A. (English), M.A. (History)

School of Science – M.Sc. (Physics), M.Sc. (Mathematics), M.Sc. (Life Sciences)

These programmes are designed with instructional and experimental learning environments to enhance the knowledge of students and enable them to specialise in their respective fields. As part of the Research Excellence, the University envisions to create appropriate environment to conduct and facilitate multifaceted research in various disciplines for societal benefit.

JANUARY 08, 2021 – GROUND-BREAKING CEREMONY OF SRI SATHYA SAI LOKA SEVA VEDA GURUKULAM

The ground-breaking ceremony for the Sri Sathya Sai Loka Seva Veda Gurukulam took place on January 08, 2021 at the sacred spot specifically chosen between the Institutions of *vaidya* (Sri Sathya Sai Sarla Memorial Hospital) and *vidyā* (Sri Sathya Sai Loka Seva Gurukulam Group of Institutions). This *veda gurukulam* is the one that shall complete this loop, and hence is the main artery of the Institution.

The ill-effects of colonisation dismantled the Indian education system. A survey that was conducted by the British in the 1800s to understand the education system of India, found that in every village of India, there was a school. In Bihar and Bengal alone, there were one lakh schools! However, systematically, the Indian education system was destroyed, the indigenous ancient knowledge systems that India possessed coming all the way from *vedas* was dismantled and replaced with the European system of education. All that was Indian – be it the education, culture or

spirituality was considered second rated in front of the colonial European education. 'Free Knowledge' was replaced with 'Knowledge Economy' and education was commercialised. Thus, the Sri Sathya Sai Loka Seva Veda Gurukulam is a determinant step to revive the wisdom behind the Indian education system.

aparā vidya or secular knowledge is necessary to help humanity solve the problems of the world. But without spiritual education of the *vedas*, material education is blind. It does not know where it is going. *vedic* knowledge without understanding the modern world is lame. It cannot take us far in the modern society. Therefore, both must work together. Children should have the foundation of the *vedic* spiritual wisdom and they should build their modern education on top of that. Hence the Sri Sathya Sai Loka Seva Veda Gurukulam will teach *vedas*, rituals and *samskr̥tā*, alongside modern languages, sciences and arithmetic.



MARCH 18, 2021 – MEMORANDUM OF UNDERSTANDING WITH KARNATAKA STATE DR GANGUBAI HANGAL MUSIC AND PERFORMING ARTS UNIVERSITY (KSGH), MYSURU

The MoU between Sri Sathya Sai University for Human Excellence and Karnataka State Dr Gangubai Hangal Music and Performing Arts University intends to facilitate effective utilisation of the talent on both sides, by sharing significant inputs and developing suitable training systems, methods, courses, programmes, and also conducting conferences, seminars, and workshops. The two Universities shall also execute advanced research activities in music, performing arts and other multi-disciplinary fields of art to produce seminal work for the benefit of the field of art, and in the process will work on enhancing their skill and competency.

Sri Sathya Sai University for Human Excellence will sponsor the gold medals and awards for deserving students of KSGH, thus encouraging them to pursue their interested field of art. Based on the recommendation of KSGH, SSSUHE shall also sponsor the education of some of their needy students

Mr B N Narasimha Murthy –
Chancellor, Sri Sathya Sai University for
Human Excellence exchanging
MoU with Karnataka State Dr Gangubai
Hangal Music and Performing Arts
University (KSGH), Mysuru





EACH ONE EDUCATE ONE

Each One Educate One is an initiative to bring quality education to rural India based on the verity of 'Right of Education to All'. It is anchored in the ideal of education as a service to society and every individual in the society as a stakeholder in rendering this service. Founded by the alumni and alumnae of the various Sri Sathya Sai Educational Institutions, who have been beneficiaries of a unique form of integral values-based education that offered a mélange of academic knowledge that was underpinned on spiritual knowledge—EIEI has today embraced many more like-minded individuals who are volunteering their time and resources to the cause of education, making this a truly people's movement.

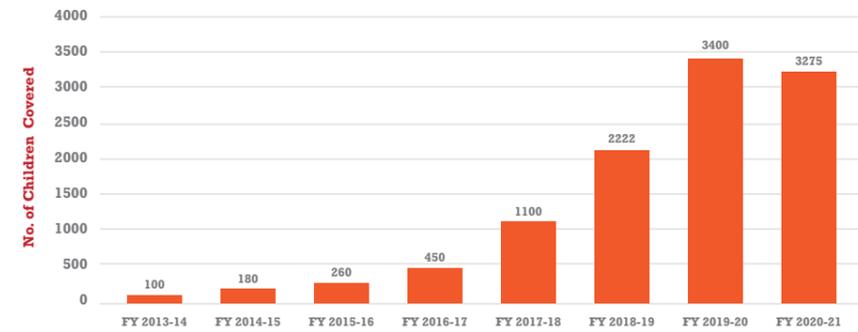
Currently, the Each One Educate One Foundation runs the following programmes:

Each One Educate One – Covers school/ tuition fees from Grade 6 to 12.

Each One Embrace One – Covers school/ tuition fees, hostel expenses and miscellaneous expenses from Grade 6 to 12. This programme came into being from April 2020.



THE EIEI STORY... EXPANSION IN LOVE EIGHT YEARS OF CARING AND SHARING

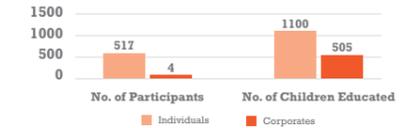


EIEI GLOBAL FOOTPRINT

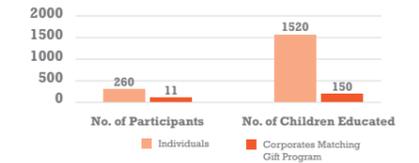


US
Canada
UK
EU Block
Parts of Southern Africa
UAE
Saudi Arabia
Russia
Singapore
Malaysia
Indonesia
Japan
Australia

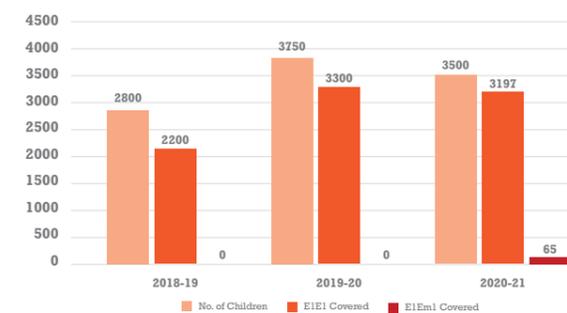
DOMESTIC FOOTPRINT



OVERSEAS FOOTPRINTS



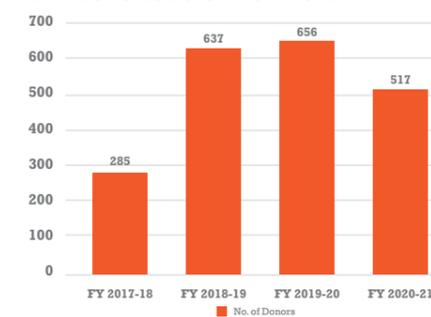
EIEI THE YEAR THAT HAS BEEN...



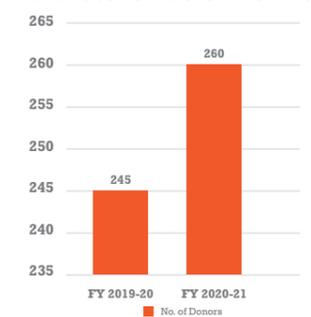
EIEI Family
792

Volunteers
269

EIEI Domestic Donors Y o Y Trend



EIEI Overseas Donors Y o Y Trend



ALUMNI EXCELLENCE AWARDS

Alumni are the pride of Sri Sathya Sai Educational Institutions for they represent the refined products of the education process of the Institutions. Their integrity, skill, and service have always earned them laurels in which ever the space of earth they had treaded.

Alumni Excellence Awards is given to those selected alumni who have stretched themselves in service with commitment and dedication, making a difference to the larger humanity.

Dr Satish Babu

Dr Satish Babu's journey is a testimony to what happens when hard work meets Divine grace. Despite humble origins, he is today a leading endocrinologist and consultant in-demand at various corporate hospitals in Bengaluru. In spite of his busy schedules, Dr Satish Babu remains committed to Baba's values and His mission. He has been leading the Divine Mother and Child Program since its inception in 2017 and continues to participate in various socio-care projects. He also serves as Trustee in the Each One Educate One Foundation.



Ms Amrita Roy Mukherjee

Ms Amrita Roy Mukherjee was born and brought up in a family that revered and practised Sri Sathya Sai Baba's teachings. She graduated with a Honours Degree in B.Com. from Sri Sathya Sai Institute of Higher Learning (Anantapur Campus), went on to do her Masters in Finance, and thereafter joined her family business. She was an active participant in the service activities of the Sri Sathya Sai Organisation and led many initiatives as the Youth Co-ordinator of West Bengal. Since the year 2015, she is an active member of Sri Sathya Sai Aarogya Vahini Programme, which is a mobile medical service that takes healthcare to the doorsteps of the needy.





THE EXTRA MILE

Prashanthi Balamandira Trust (PBMT) has been working consistently to improve access to education; especially for those girls and boys from families who cannot afford any paid mode of online education; by offering **free quality online video** lessons from Grade 6 till 12 for all children; with no exclusivity to students from the Campuses under the ambit of the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions; but open to all students from around the world. As of March 2021, **Sri Sathya Sai Loka Seva Gurukulam Online Learning Space** has recorded more than **1,400 Video lessons** with the help of **100 instructors** from May 2020 to March 2021. The lessons are made available through Mobile App and YouTube.

Apart from this, **45 students** who lost their parents to COVID were embraced with open arms and admitted in the Institution. Scholarships have also been extended to **75 children** who wanted to continue learning at their hometowns.



“Our greatest natural resource is the minds of our children”

Walter Elias Disney

HEALTHCARE



Sri Sathya Sai Sanjeevani Trust



Aarogya Vahini Trust



Sri Sathya Sai Sarla Memorial Hospital

“ For the achievement of the four goals of human life – *dharma* or Righteousness, *artha* or Wealth, *kāmā* or Desire and *mokṣa* or Salvation – a good physical and mental health is of prime importance. ”

**SADGURU
SRI MADHUSUDAN SAI**

FROM THE CHAIRMAN'S DESK

MR C SREENIVAS



Mr C Sreenivas is the Chairman of Sri Sathya Sai Health and Education Trust. He is a visionary with over 30 years expertise, in establishing world class healthcare institutions that provide quality and free care to all, irrespective of caste, creed, or religion. He currently heads the Sri Sathya Sai Sanjeevani Centres for Child Heart Care that works along the national vision of 'Mother and Child Health', with a special focus on 'Paediatric Cardiac Care' through their prevention, cure, training, and research programmes.

Service to fellow beings is an expression of 'Our God Given Gift'. Healthcare workers are specially privileged to be 'serving' while they 'work' to protect and restore 'life' and for that reason they are revered. Sri Sathya Sai Baba has described doctors as the embodiments of the Divine. With such distinction that has been bestowed upon the medical community, it is imperative that the medical community live up to the trust and respect that has been conferred on them.

Healthcare community as a whole also has the responsibility of making choices and decisions that could be life-altering. However, we definitely know where the right choice will lead. At times, the right choice could be difficult and perilous, even to the extent of appearing foolish. It involves disruptions of existing models and making new ones for the new reality. For shattering the comfort of old habits, courage is needed. Courage in making small choices has big impacts—choice to work and save lives or choice of inaction and safety!

COVID-19 gave us a choice—a choice to rewrite our own histories. Is this history going to be the

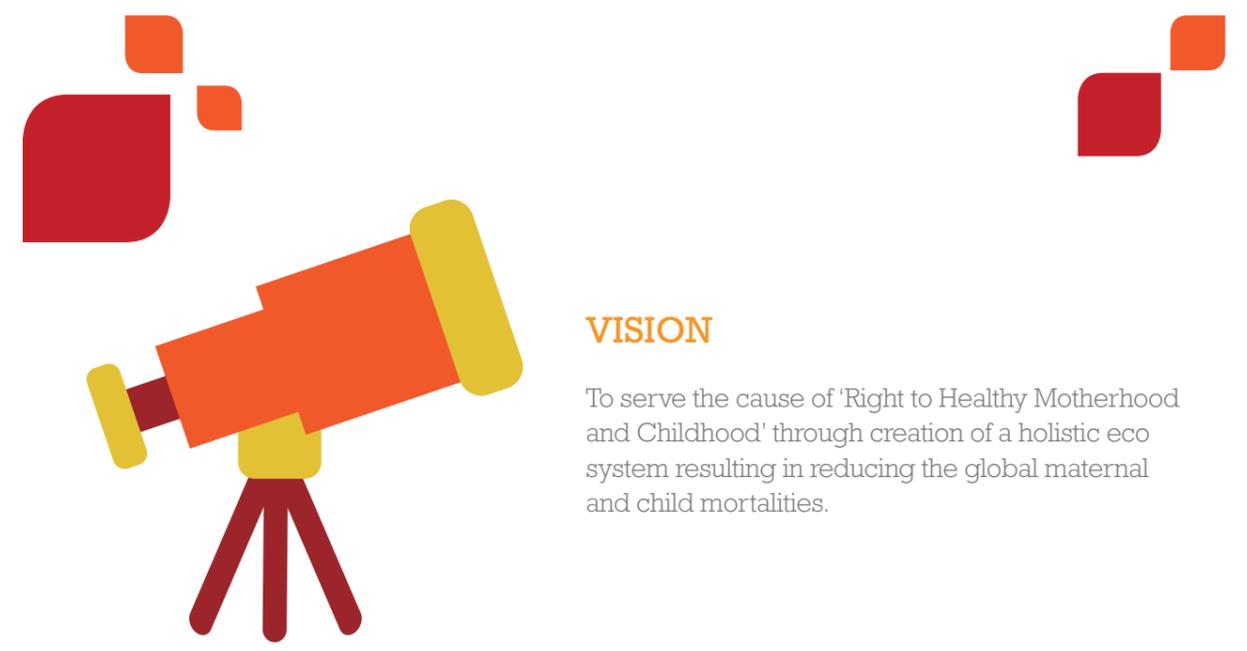
history of heroism of the martyr, unrelenting service of a zealot or the history of inaction? Money, fame, reputation are ephemeral—here today and gone tomorrow—but with a right choice, we have the chance of experiencing the Divine in the form of a happy, healthy child going home after his life saving treatment at Sanjeevani.

The entire Sathya Sai Sanjeevani team and all healthcare teams across States made the choice to save the lives of thousands of mothers and children across India. To address the ever-increasing burden of children with heart disease, three new operation theatres and a cath lab were additionally commissioned during the COVID times. Sathya Sai Sanjeevani also entered the tribal regions of Bastar District in Chhattisgarh to extend loving care to expecting mothers, who are the most vulnerable.

It is important to realise who is with you on the road of your choice. And like the Lord said, "Trust that on the path of good, I will never forsake you." We at Sanjeevani are blessed for we walk with the Divine on the path of right action!

C Sreenivas

Chairman, Sri Sathya Sai Health and Education Trust



VISION

To serve the cause of 'Right to Healthy Motherhood and Childhood' through creation of a holistic eco system resulting in reducing the global maternal and child mortalities.

MISSION

- To endeavour to serve in greater measure the national burden of mother and child health , Totally Free of cost, through Institutions of Healthcare Excellence.
- To develop skilled and compassionate medical, nursing and allied healthcare providers trained to collectively address global mother and child issues.
- To advocate the 'Right to Healthy Motherhood and Childhood', enabled by research and technology solutions that inform all stakeholders in the healthcare spectrum of preventive, curative, educative care, and to ensure every pregnant woman and every child with Congenital Heart Disease has access to quality and affordable healthcare.





A COMPLETE ECOSYSTEM OF PREVENTIVE, CURATIVE AND EDUCATIVE HEALTHCARE MODEL

ECOSYSTEM

Addressing Maternal and Child Health through a comprehensive approach

 <p>SRI SATHYA SAI SANJEEVANI HOSPITAL</p>	 <p>DIVINE MOTHER & CHILD HEALTH PROGRAM</p>			
<p>Child Heart Care</p>	<p>Maternal and Child Health</p>	<p>Education and Training</p>	<p>Research</p>	<p>Nutrition Supplement</p>
<p>Three Paediatric Cardiac Hospitals</p>	<p>Hospitals and Rural Community Wellness Programmes</p>	<p>Training and Capacity Building in Paediatric Cardiac Sciences</p>	<p>Basic Scientific and Clinical Research in CHDs</p>	<p>Improving Maternal and Child Nutrition</p>



SRI SATHYA SAI SANJEEVANI CENTRES FOR CHILD HEART CARE



Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur Atal Nagar, Chhattisgarh

Established in November 2012



Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research, Baghola, Palwal, Haryana

Established in November 2016



Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills, Kharghar, Navi Mumbai, Maharashtra

Established in November 2018



THE COVID CALL

The COVID-19 pandemic filled the world with unpredictability. Life at Sanjeevani Centres too seesawed between the unsafe and the unsure. However the Sanjeevani warriors fought the pandemic and continued their resolve to serve little children every single day. The Sai Sanjeevani Centres' registration and Out Patient teams were the first to meet, greet and treat all who came. Patients first came as a trickle and then in large numbers, travelling hundreds of miles, amidst restrictions and lockdowns.

With a clear understanding that every day of non-functionality would result in lives lost due to the Congenital Heart Disease, the Centres commenced work as soon as national guidelines for surgeries were clear. The inpatient procedures began with meticulous planning and development of guidelines to ensure staff and patient safety. Various structural and civil changes were done to adapt to the quarantining and isolation requirements of Government of India and the respective State Governments. In times when PPE was short, Sanjeevani team members joined hands to make in-house PPE kits from masks to face shields to full length gowns and aprons.

Paediatric Surgical and Interventional work slowly grew and soon the Sanjeevani Surgical and Support Teams were on a drive. Many families with children who suffered severe to critical health conditions walked in, as care for them was unavailable elsewhere. What ticked was its ability to face every challenge that came its way, including frequent cases turning positive. Every Sanjeevani Warrior was and continues to be on a mission to serve thousands of children suffering with Congenital Heart Disease, **Totally Free of Cost.**



DOING THE UNDONE

In the period April 2020 – March 2021:

- 2,675 Paediatric Cardiac surgeries and Interventions were performed on children coming from 12 different States of India across the three Sri Sathya Sai Sanjeevani Centres for Child Heart Care – Chhattisgarh, Haryana and Maharashtra, by implementation of all the COVID-19 controls
- The period also treated patients from developing countries including the Kurdistan Region of Iraq, Tanzania and Nigeria
- Over 1,500 expecting mothers were provided comprehensive antenatal care through the Mother and Child Health Clinics
- A new Paediatric Cardiac Cath Lab was inaugurated at Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Kharghar to conduct paediatric cardiac interventions for children with simple congenital heart diseases
- New-state-of-the-art Paediatric Cardiac Operation Theatres were inaugurated in all the three Sri Sathya Sai Sanjeevani Centres for Child Heart Care at Chhattisgarh, Haryana and Maharashtra

Sanjeevani Calling – Hearts Connected for Life

The World Health Organisation defines Health as, “*A state of physical, mental and social well-being, not just the absence of disease.*” During the COVID pandemic, the importance of having loved ones express small, but meaningful and loving gestures was conspicuous. The need to feel loved and supported during these tough times cannot be overemphasised. Sanjeevani kept in touch with all the beneficiary families who were operated since the commencement of the Hospitals through video calls by doctors, nurses, staff and counsellors, and enquired about their well-being. 6,250 families were called and video consultation and counselling were provided for the families. This personal touch made them feel cared for and loved. Isn't a doctor-patient relationship more than just another rite of passage?



FROM JOURNEY – TO JOURNEY: FROM DESPAIR – TO DELIGHT

Little Saif hails from a village to the north of Banaras. His father, Hassan, is a motorcycle mechanic, and they share a large joint family with grandparents and uncles—all living together. Saif's heart condition came to light two years after he was born, when he fell seriously ill.

The village did not have specialist doctors who could diagnose the exact heart condition and this stalled Saif's treatment for another four months, after which he went to Banaras for an ECHO cardiogram. It is here, Hassan found out about the magnitude of the ailment—a surgery which would cost 5 lakh rupees was to be done, and this was an unimaginable cost, against his monthly income of 10,000 INR.

Good providence made Hassan meet a surgeon who informed him about Sri Sathya Sai Sanjeevani Centre for Child Heart at Nava Raipur. Saif was diagnosed at Sai Sanjeevani and a date was given for the surgery. Being the peak of COVID pandemic, Hassan could not think of any other affordable transport than his two-wheeler, which he drove for about 16 hours – 1,400 kilometres to reach Raipur. Saif took the foremost position of prominence in the bike and braved the heavy rains to finally reach Nava Raipur.

Little Saif underwent successful repair of **Tetralogy of Fallot (TOF)** and returned home again on the motorbike—this time with a healed heart. The outward journey from Banaras filled with uncertainties, resulted in a return journey filled with hope and delight.



TOUCHED BY SANJEEVANI, SHIVAM RETURNS TO HIS HOMELAND AS A NEW BABY!

The COVID pandemic has wreaked havoc in many lives, and Pooja's story is no different.

Originally based out of Nepal, Pooja happened to be at Uttar Pradesh when she gave birth to her baby boy, Shivam during the COVID lockdown period. The happy tidings turned gloomy when she found that her child's heartbeat was very faint, which further led to the discovery that her baby suffered from a complex heart ailment – TAPVC (Total Anomalous Pulmonary Venous Connection), no sooner than two weeks from the baby's birth. The local doctor assured her of only a 5% survival of her child. The child appeared blue, was breathless and could not even be fed. Pooja's husband in Nepal, who hadn't even been able to come and see the baby, was equally devastated upon hearing the news of a heart ailment for his child, that needed 7 to 8 lakh rupees for surgery. Pooja, on her own, ran pillar to post to find an affordable treatment for her child, by selling her jewellery.

Desperate and dejected, Pooja was unsure if she would even be able to return home with a baby in her arms. Like the silver lining on a cloud, Sri Sathya Sai Sanjeevani Centre for Child Heart Care came to lighten her gloom and lit up joy in her heart by treating the child 'completely free of cost'. Shivam received his 'Gift of Life' certificate from Sachin Tendulkar.

Expressing her gratitude to the medical team, whom she deemed as 'Embodiments of God', Pooja hopes to raise Shivam into a heart specialist doctor and have him serve other needy children. Her husband and her older child are yet to meet little Shivam, and are eagerly awaiting their arrival home when travel restrictions are lifted.



BLUES TURN PINKS – A NEW HEART, A NEW HOME AND A NEW FAMILY FOR DIVYANSH

Baby Divyansh was found lying near a garbage bin at Ghaziabad Police Station (Uttar Pradesh). The police took him to a nearby reputed Government Hospital. The hospital responsibly handed over Divyansh to the care of a Government Approved Orphanage – Seva Bharti Matruchaya in Delhi.

Within a few months, Matruchaya caretakers were taken aback to see the child bluing very often, especially when he cried. Thus, Divyansh was diagnosed for a heart defect at the Government Hospital, but were hand-tied due to the COVID pandemic, and could not act on the child's heart defect. The heart-rending fact was that no family was ready to adopt Divyansh due to his medical condition.

Matruchaya lovingly took it upon themselves to do the best that they can for the child and contacted Sri Sathya Sai Sanjeevani International Centre for Child Heart Care at Palwal. They brought the child for consultation and surgery to Palwal. Divyansh was restored with a healthy heart after performance of the Tetralogy of Fallot (TOF) surgery on November 24, 2020.

Post discharge, the Orphanage Management contacted Sanjeevani to share with a sense of satisfaction that Divyansh was doing great and that a couple from USA had registered for adopting him. What a moment of joy for all!



SAVED FROM CYCLONE NISARGA, COVID AND CHD

Cyclone Nisarga hit the Maharashtra Coast in early June 2020 and devastated the lives of many; the worst affected being the fishermen community. The winds of fate, however, blew in a different direction for little Mitansh. Born to a fisherman father from Alibaug, a coastal town in Maharashtra, Mitansh somehow managed to escape Cyclone Nisarga and reach the doorsteps of Sri Sathya Sai Sanjeevani Hospital at Navi Mumbai.

Mitansh was diagnosed with Supra Cardiac TAPVC, wherein all the four tubes carrying pure blood to the left side of the heart were erroneously connected to the right. This made the baby require an early surgery to correct this defect. Despite several challenges, the child was successfully operated. The family was very happy and grateful that they managed to weather out not one but three calamities: Cyclone Nisarga, COVID, and CHD; such is the triumph of little Mitansh!



HIGHLIGHTS

1

October 21, 2020 – Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research, Palwal, Haryana signed an MoU with National Health Mission (NHM), Government of Haryana under RBSK Programme

Sri Sathya Sai Sanjeevani International Centre for Child Heart Care and Research in Palwal, Haryana was empanelled by National Health Mission (NHM), Government of Haryana under Rashtriya Bal Swasthya Karyakram (RBSK) Programme. This is an important collaborative milestone with the Government towards treating children with Congenital Heart Disease from rural Haryana and from poor socio-economic backgrounds.

The first beneficiary was a four-year-old Samruddhi who underwent a Patent Ductus Arteriosus (PDA) Closure. True to her name, little Samruddhi set Sai Sanjeevani on the road to expanding its services to thousands of children waiting for a renewed life.



2

October 25, 2020 – Inauguration of Pediatric Cardiac Cath Lab at Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Kharghar, Navi Mumbai by Mr Rajesh Tope, Minister of Public Health and Family Welfare, Government of Maharashtra and Mr Ashu Suyash, MD and CEO, CRISIL

The Department of Pediatric Cardiology at Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac skills, Kharghar, Navi Mumbai inaugurated the Pediatric Cardiac Cath Lab on October 25, 2020. Mr Rajesh Tope, Minister of Public Health and Family Welfare, Government of Maharashtra congratulated Sri Sathya Sai Health & Education Trust for providing Totally Free of Cost services to children and assured the support of the Government of Maharashtra for all the curative and preventive initiatives of child heart care that are being undertaken by the Hospital.



3

December 21, 2020– Commencement of two new Pediatric Cardiac Operation Theatres and 30-bedded ICU Complex at Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Kharghar, Navi Mumbai

Amidst the pandemic, Sai Sanjeevani at Kharghar, expanded its facilities to serve more. The commencement of two new state-of-the-art Pediatric Cardiac Operation Theatres at the Kharghar centre is yet another milestone that will be etched in the history of Sai Sanjeevani. This expansion shall enable the provision of treatment for more children with congenital heart diseases and shall relieve more families from the pain of seeing their little ones suffer, particular given the COVID health access and travel restrictions.



4

December 20, 2020 – Padma Shri Awardee Phoolbasan Bai Yadav conducted a training programme on high-risk pregnancies for *Mitanins* which was organised at Sri Sathya Sai Sanjeevani Centre for Child Heart Care at Nava Raipur

Padma Shri Awardee Phoolbasan Bai Yadav, an Indian social worker known for her efforts towards the development of economically and socially backward women of Chhattisgarh, conducted a training programme for Mitanins (ASHA Workers). She emphasised on the need to focus on self-development, which is the key to driving larger social goals and activities. She focussed on the power of 'Change Through Right Thought.'



Padma Shri Awardee Phoolbasan Bai Yadav

5

January 2021 – Sri Sathya Sai Sanjeevani Team met Mr Zoramthanga, Chief Minister of Mizoram and Dr R Lalthangliana, Health Minister, Government of Mizoram, to discuss the shared vision of providing quality care to young children of Mizoram suffering with CHD

Sri Sathya Sai Sanjeevani team met Mr Zoramthanga, Chief Minister of Mizoram and Dr R Lalthangliana, Health Minister – Government of Mizoram, upon invitation, to discuss the shared vision of providing quality care to young children from the State of Mizoram suffering from Congenital Heart Diseases. The Government and paediatricians in Mizoram expressed their keen willingness to refer CHD children from Mizoram to Sanjeevani, to address the state's burden of CHD and make care available to underprivileged families.



Team Sanjeevani with Mr Zoramthanga, Chief Minister of Mizoram

6

January 26, 2021 – Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur, Chhattisgarh signed an MoU with Bastar District Administration for strengthening maternal and child health services, and started a flagship programme called 'Niraamayaa Bastar' which emphasises on welfare of expecting mothers and adolescent girls

Sri Sathya Sai Sanjeevani Centre for Child Heart Care signed an MoU with the Government Administration of Bastar, a tribal district of Chhattisgarh for strengthening maternal and child health services. The vision is to improve accessibility of quality healthcare services for tribal families. *"It is very heartening that after eight years of glorious service in Nava Raipur, Sri Sathya Sai Sanjeevani Hospital has stepped into Bastar for the well-being of our tribal brothers and sisters, with particular reference to expecting mothers and adolescent girls. I assure all possible help from the State Government"*, said Mr Bhupesh Baghel, Chief Minister, Government of Chhattisgarh.



Mr Bhupesh Baghel, Chief Minister, Government of Chhattisgarh with Mr C Sreenivas, Chairman, Sri Sathya Sai Health & Education Trust, during inauguration of Niraamayaa Bastar





A tribal child being screened at Bastar



7

January 12, 2021 – Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills, Kharghar, Navi Mumbai recognised as Training Centre for Fellowship/Certificate Courses under Maharashtra University of Health Sciences, Nashik

In recognition of the service provided by Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Kharghar for the children of Maharashtra, the Hospital was accredited for Fellowships in Paediatric Cardiology, Paediatric Cardiac Anaesthesia and Public Health Practice by the Maharashtra University of Health Sciences (MUHS). With this milestone, Sri Sathya Sai Sanjeevani Centre, Kharghar has taken its first step towards establishing itself as an academic institution of excellence in addition to the highest quality tertiary super-speciality care and public health.



Medical Fellowship Programmes at Sri Sathya Sai Sanjeevani Centre, Kharghar

8

February 08, 2021 – Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Kharghar, Navi Mumbai provided antenatal care services for expecting mothers of Rapid Action Force Campuses at Navi Mumbai to commemorate the International Women’s Day

Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Kharghar was honoured to provide antenatal care services for expecting mothers of Rapid Action Force Campuses of Navi Mumbai. On March 08, 2021 – International Women’s Day, expecting mothers from RAF were registered and given essential antenatal care services at Sri Sathya Sai Sanjeevani Centre’s Antenatal Care Clinic. Dr Manisha P Matkar, one of the well-known gynaecologists and obstetricians in Kharghar interacted with the mothers, focussing on the need for women to be self-reliant and self-confident with respect to healthcare access for themselves and their children. The service rendered to the families of Jawans who selflessly serve the country will be a continuing and enriching journey for Sri Sathya Sai Sanjeevani, Kharghar.



9

March 01, 2021 – Welcoming Dr Soma Guhathakurta

Dr Soma Guhathakurta – MBBS, MS, MCh, PhD joined Sri Sathya Sai Sanjeevani Research Foundation on March 01, 2021 as a Senior Consultant, Pediatric Cardiac Research. A cardio-vascular and thoracic surgeon with a clinical career of over 30 years and research career of 15 years in tissue engineering and regenerative medicine along with stem cell technology, Dr Guhathakurta has worked in India and abroad and has several patents and articles in medical and scientific research journals. She is a recipient of the prestigious President’s National Award for Excellence in Technology.



Dr Soma Guhathakurta receiving the award from Former President Mr Pranab Mukherjee in the year 2017

March 14, 2021 – Ground-breaking Ceremony of Sri Sathya Sai Sanjeevani Mother & Child Hospital, Nava Raipur, Atal Nagar, Chhattisgarh, in the presence of Honourable Governor of Chhattisgarh, Ms Anusuiya Uikey

The ground-breaking ceremony of Sri Sathya Sai Sanjeevani Mother & Child Hospital, Nava Raipur, Chhattisgarh was conducted on March 14, 2021, to dedicate the hospital to the services of expecting mothers, new mothers and children. Honourable Governor, Ms Anusuiya Uikey commended Sanjeevani's vision of 'Healthy Motherhood, Healthy Childhood.'



AAROGYA VAHINI TRUST

“Health is the greatest possession.”



LAOZI

Aarogya Vahini Trust (AVT) is a Kolkata-based charitable organisation providing free-of-cost healthcare services to vulnerable communities in rural West Bengal, Jharkhand, Bihar and Assam since the year 2015. The programmes of the Trust are implemented by a core team of development and medical professionals assisted by a large group of community healthcare workers and volunteers.



VISION

Societal transformation through quality and compassionate healthcare services taken directly to the rural doorsteps.

MISSION

Enabling vulnerable communities to transcend the barriers of affordability and accessibility to good health and well-being, by offering free-of-cost integrated healthcare and relief services, through innovation and harmonious community action.





VALUES

- Valuing Life: Enriching and protecting life for all
- Selfless Service: Service based on goodwill for all, by overcoming the barriers of personal preferences, social stigma etc.
- Perseverance: Striving continuously to do good and do better
- Inclusiveness: Health equity bestowed on all without discrimination based on caste, socio-economic status, or religion
- Reliability and Responsiveness: Service rendered based on the need of the community and providing quick turnaround time for emergency services
- Collaboration: Driven by passionate voluntary service and in-kind support from diverse stakeholders in the community
- Patient Centric: The reach and quality of healthcare services depends solely on the need of the beneficiary—their individual sensitivities and that of their community—thus placing the patients over and above everything else

The Trust offers **integrated, completely free of cost, preventive primary healthcare, and relief services** for the economically vulnerable rural communities, with a special focus on non-communicable diseases (NCDs). The activities of the Trust are in alignment with the United Nations Sustainable Development Goal 3 – Good Health and Well Being, the World Health Organisation's mandate on Primary Healthcare and India's National Health Policy. With **compassionate healthcare** as its guiding principle, it also seeks to bring about societal transformation.

Since the year 2015, the Trust has been deploying innovative and harmonious community action by organising outreach programmes for rural health services in different States of India.

Sustainable Development Goal 3 – Good Health and Well-being

Ensure healthy lives and promote well-being for all at all ages.

Targets:

- By 2030, reduce the global maternal mortality ratio to less than 70 per 100,000 live births.
- By 2030, end preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births.
- By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.
- By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.
- Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol.
- By 2020, halve the number of global deaths and injuries from road traffic accidents.
- By 2030, ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes.
- Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.
- By 2030, substantially reduce the number of deaths and illnesses from hazardous chemicals and air, water and soil pollution and contamination.
- Strengthen the implementation of the World Health Organisation Framework Convention on Tobacco Control in all countries, as appropriate.
- Support the research and development of vaccines and medicines for the communicable and non-communicable diseases that primarily affect developing countries, provide access to affordable essential medicines and vaccines, in accordance with the Doha Declaration on the TRIPS Agreement and Public Health, which affirms the right of developing countries to use to the full, the provisions in the Agreement on Trade Related Aspects of Intellectual Property Rights regarding flexibilities to protect public health, and, in particular, provide access to medicines for all.

- 3.12 Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries, especially in least developed countries and small island developing States.
- 3.13 Strengthen the capacity of all countries, in particular developing countries, for early warning, risk reduction and management of national and global health risks.

Sri Sathya Sai Aarogya Vahini Programme addresses 6 targets out of the 13 targets of Goal 3

National Health Policy 2017

Universal access to good quality healthcare services without anyone having to face financial hardship as a consequence.

Sri Sathya Sai Aarogya Vahini Programme is in alignment with this vision of the National Health Policy, and some of its key principles like equity, affordability, universality, patient centred and quality care, and inclusive partnerships.

THE REASONS

Inadequate Health Investment in India Impacts the Poorest

Lack of access to quality, affordable healthcare has been a chronic and deep-rooted problem in India, particularly for the urban and rural poor.

- ✿ According to the Global Burden of Disease Study, 2016, India ranks 145th out of 180 countries on access to quality and affordable health care, with a few Sub-Saharan Countries, Pacific Islands, Nepal and Pakistan ranked lower
- ✿ India has under-invested on health for decades, with the healthcare budget as a percentage of GDP being as low as 1.35%
- ✿ The mandate of the government is to provide free outpatient and inpatient care at government facilities for all Indian citizens. There are a number of well-run government and non-government health institutions in different parts of the country, but quality services are not accessible to a vast majority of economically disadvantaged population. Their options are often limited to poorly-equipped, under-staffed, over-crowded primary health centres (PHCs) and state-run hospitals. While there is a large and growing network of private clinics, nursing homes and specialty hospitals, the humongous cost of consultations, diagnostic services, secondary and tertiary care is way beyond the reach of the poor, particularly due to low health insurance penetration and usage

Prevalence of Non-Communicable Diseases

Non-Communicable Diseases include hypertension, diabetes, cardiovascular diseases (heart attacks and stroke), cancers, chronic respiratory diseases (chronic obstructive pulmonary disease and asthma).

- ✿ According to the National Health Portal, Government of India, nearly 5.8 million people die from NCDs every year in India; one in four Indians has the risk of dying from NCDs before they reach the age of 70

The National Health Policy recognises the need to halt and reverse the growing incidence of chronic diseases.

- ✿ It aims to reduce premature mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases by 25% by 2025
- ✿ It also envisages 80% of known hypertensive and diabetic individuals at household level maintain 'controlled disease status' by 2025
- ✿ It recommends adapting an integrated approach with screening for the most prevalent NCDs and linkages to specialist consultations and follow-up at the primary healthcare level. Medication and access to treatment round the year should be ensured

Rural Health Challenges

The problems related to health are aggravated for people living in remote rural areas due to extreme poverty, subsistence living conditions, ignorance and lack of awareness on health issues resulting in complete neglect of health. Lack of access to health centres due to distance and lack of transportation, compounds the problem. Against this backdrop, tackling key health issues that need attention in rural population groups including the growing burden of NCDs, women's health and child malnutrition, poses a grim challenge.

- There is growing evidence of high NCD prevalence in rural India due to increase in life expectancy and changes in rural life styles. A 2018 report by Dr Yogesh Kalkonde, a public health researcher, asserts that High Blood Pressure is affecting 1 in 5 adults and Diabetes 1 in 20 adults in rural India
- Cervical and breast cancers are a growing concern for women in rural areas, most of which can be prevented with periodic screening and follow-up care, but women in rural areas have poor access to screening
- Among children growing up in rural areas, malnutrition—as indicated by the high prevalence of anaemia, stunting and low body-mass index, is an issue that needs urgent multi-pronged interventions to prevent long-term adverse health consequences

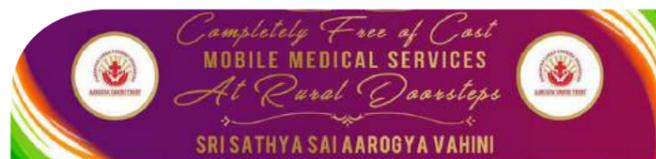
Healthcare Scenario in West Bengal

The Health and Family Welfare Statistics Report 2019-20, published by the Ministry of Health and Family Welfare, Government of India, reveals the following about the state of healthcare in West Bengal:

- The prevalence of hypertension and diabetes is significantly high. In the 15-49 age group, 12% of men and 12.9% of women suffer from blood pressure, and 11.4% of men and 7.4% of women from high levels of blood sugar
- 53.7% of children in the age of 6 months to 5 years are anaemic and 33.6% are underweight, indicating a major problem of malnutrition
- Healthcare access for women is poor as indicated by the fact that only 4.1% of women in the State have had cervix examination as against a National Average of 22%

The Government health infrastructure in the State consists of Medical College and other General Hospitals, Sub-Centres, Rural Health Centres and PHCs, apart from a large network of private hospitals in every district. Yet, people living in rural Bengal face several barriers to access, including distance of PHCs and other hospitals from villages, lack of comprehensive medical facilities and services, non-availability of medicines and overcrowding.





OUR BIT TO HEALTH

In alignment with the integrated approach recommended by the National Health Policy, Aarogya Vahini Trust provides screening and follow-up care for NCDs under its Preventive Primary Healthcare Programme. Impact Assessment Study has been conducted for the healthcare services of Aarogya Vahini Trust in the State of West Bengal.

- Working on the ground with a team of doctors, technicians, pharmacists and volunteer community health workers, the Aarogya Vahini Trust conducts comprehensive health screenings in its Mobile Medical Units for NCDs at **20 rural locations**, covering over **100 villages**, all within an 80 km radius from Kolkata
- Patients diagnosed with chronic medical conditions are provided health counselling and monthly follow-up care consisting of monitoring and supply of medicines. Since 2018, Aarogya Vahini Trust has carried out **over 70,000 consultations** and **over 2,00,000 screenings** in West Bengal and has been providing monitoring and follow-up care to over **30,000 patients** and medications on a monthly basis to over **2,000 patients** diagnosed with hypertension and diabetes at its camps
- For patients diagnosed with conditions requiring surgeries, the Trust facilitates investigations, referrals and free-of-cost surgeries at partner hospitals – **522 surgeries**, including **478 cataract surgeries** have been facilitated until **March 2021**
- Aarogya Vahini Trust's Capacity Building Programme strengthens the outcomes of the Preventive Primary Healthcare Programme, and drives societal transformation through extensive and diverse community participation
- Early Detection and Prevention of Malnutrition in children is being implemented in selected districts where health screenings are conducted in schools and communities to diagnose deficiencies, developmental delays, diseases, and defects at birth, in line with the Government's Rashtriya Bal Swasthya Karyakram (RBSK). The Trust also provides **SaiSure – multinutrient supplement** along with milk and/or nutritional breakfast to school children in some locations. This pilot programme has benefitted over **1,100 children** till date
- Alongside its regular programmes, the Aarogya Vahini Trust has provided 'Relief and Rehabilitation' support to vulnerable communities during Cyclone Amphan and the COVID Pandemic, through supply of relief materials, groceries, regular medicines to comorbid patients and logistics support to partner organisations





SRI SATHYA SAI SARLA
MEMORIAL HOSPITAL

SRI SATHYA SAI SARLA MEMORIAL HOSPITAL

सर्वे सन्तु निरामयाः

Sri Sathya Sai Sarla Memorial Hospital, located at the village of Muddenahalli in the Chikkaballapur district of Karnataka is managed by the Prashanthi Balamandira Trust, to improve the health of villagers, particularly women and children.

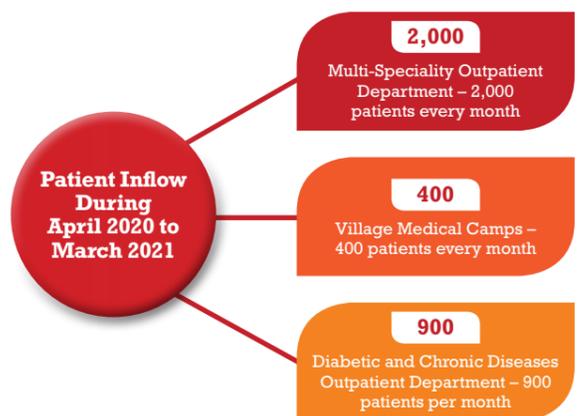
With a vision to provide free quality healthcare to all, at all times, the Trust embarked on the construction of the Sri Sathya Sai Sarla Memorial Hospital, a 60,000 sq.ft., Swastik-shaped eight-wing facility. It has been dedicated to the service of society in the loving memory of Late Mrs Sarla Indulal Shah, a woman who contributed immensely for the upliftment of rural India, particularly women and children.

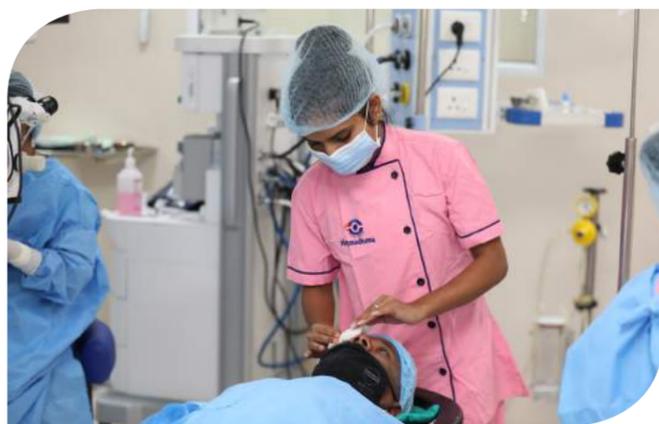
Sri Sathya Sai Sarla Memorial Hospital will be a 300-bedded medical facility and will grow in phases. In the first phase, the Hospital is completed with one wing operational for the purposes of Outpatient Services effective January 14, 2018.

- More than **6,000 residents** from the surrounding towns and villages are benefitting from the outpatient services that are being provided by the Hospital, in the areas of General Medicine, Paediatrics, ENT, Dentistry, Ophthalmology, Obstetrics and Gynaecology, Physiotherapy, Diabetes and Hypertension, Neurology, Orthopaedics, and Lab services
- To reach out to a wider patient base, the Hospital also conducts monthly medical camps to take healthcare to the villagers' doorsteps and it pays periodic visits to Government schools in the vicinity
- Expanding its horizons to serve more patients, the Sri Sathya Sai Sarla Memorial Hospital in conjunction with the Indian Medical Association, Chikkaballapur branch commenced the Diabetic Retinopathy treatment, ever since October 24, 2019. Ophthalmologists from Chikkaballapur district conduct regular screening of patients who visit the Hospital for diabetic retinopathy and recommends treatment as per the need. The Government bus with laser machine visits the Hospital once a month to treat patients who need retinal correction with laser treatment. Those who require cataract surgery are referred to the district hospital at Chikkaballapur for surgery. About 25 patients were identified and treated during the fiscal year

Sri Sathya Sai Sarla Memorial Hospital also works collaboratively with reputed medical colleges and hospitals such as M S Ramaiah Medical College, M S Ramaiah Dental College, RV Dental College and Dhristi Ophthalmic Unit and Sri Krishnadevaraya College of Dental Sciences.

The Hospital was closed from March 2020 to June 2020 due to the lockdown during the COVID 19 pandemic. During this time **2,800 medicine packets** were delivered to the diabetes and hypertension patients through ASHA Workers with the help of District Health Officials.





THE EXTRA MILE

When it came to 'Health' the Sri Sathya Sai Sanjeevani Centres for Child Heart Care, Sri Sathya Sai Sarla Memorial Hospital and the Sri Sathya Sai Aarogya Vahini Programme put their pedal to the metal and reved up to save lives, irrespective of the risks, resources, costs, and concerns.

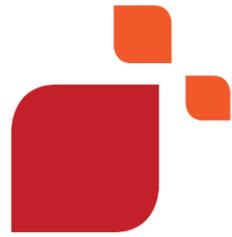
Critical Congenital Heart Surgeries are never easy and the COVID times need a different mindset and tenacity. Adhering to internationally recommended COVID-19 controls, Sanjeevani offered outpatient, surgical, and cath-lab services **Totally Free of Cost** to all. **2,675 Paediatric Cardiac surgeries and Interventions** were performed on children coming from **12 different States of India** across the three Sri Sathya Sai Sanjeevani Centres for Child Heart Care – Chhattisgarh, Haryana and Maharashtra, by implementation of all the COVID-19 controls. The period also treated patients from developing countries including the Kurdistan Region of Iraq, Tanzania and Nigeria.

Here, the need met availability, accessibility and affordability and thus Sanjeevani could be helpful to so many patients from across India and overseas, inspite of the COVID pandemic.

Sri Sathya Sai Aarogya Vahini Programme was present at every spot of pain and suffering and went at it with daunting energy to serve and do all in its capacity to alleviate ailments – be it the COVID relief activities, or the relief for migrant and cyclone victims.

Each and every member of these healthcare initiatives donned the makeover of a warrior on the field to fight the pandemic and heal the suffering with love.





SAI GLOBAL FEDERATION OF FOUNDATIONS



VISION

To spread love through service.



MISSION

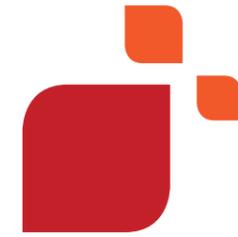
To bring together an international community of organisations that share the goal of alleviating human suffering by making basic needs universally accessible to everyone, everywhere.



VALUES

- ❖ Service suffused with love to be rendered selflessly
- ❖ Care for the environment by undertaking green initiatives
- ❖ Promote harmony transcending all barriers of religion, nationality, caste and gender





The Sai Global Federation of Foundations (SGFF) brings together an international community of like-minded individuals, as one global family, to share the common goal of alleviating human suffering and creating newer opportunities for those in need.

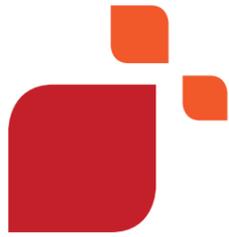
To further Baba's mission of love and service, the Federation conducts service and spiritual activities in over **33 countries**, majorly in the fields of nutrition, education, healthcare and sociocare, including disaster management, relief to migrant workers, etc.

All the Foundations, Societies and Trusts under Sai Global Federation of Foundations are non-profit organisations that work independently, collectively and collaboratively with Governments, Corporates, and other Social Service Organisations to enhance the lives of the needy.



The nutrition, education and healthcare service projects conducted in India also come under the umbrella of Sai Global Federation of Foundations.





The Sai Global Federation encourages the youth across the world to either join them in their projects or start their own. SGFF works with its youth volunteers in the following ways:

		
<p>SHARING</p>	<p>ADVISING</p>	<p>INVESTING</p>
<p>It serves as a platform to share the best practices and works of member and non-member projects. They collaborate with a number of non-member groups worldwide that are involved in projects not represented by SGFF and encourage such groups to acquaint with member groups and projects. Such an exchange of perspective helps SGFF build on its work and its execution.</p>	<p>Having worked on multiple projects and people across age groups, countries and socio-economic backgrounds, SGFF draws on the collective wisdom and experience of its member groups and volunteers to guide, advise and collaborate with youth, the world over.</p>	<p>It brings together inspired youth and volunteers from all over the world and puts their time, energy and resources to good use. SGFF offers interested volunteers a platform to do good by either involving themselves in any of its member group's projects or any good work that inspires.</p>



REGIONS

The Federation organises itself into four regions with member-countries undertaking activities through registered Trusts and Societies approved by the home country. All members are bound by the code of ethics that form the cornerstone of the Federation. The activities undertaken for social upliftment in each country are dictated by the prevalent socio-economic conditions in the country.



REGION 1	REGION 2	REGION 3	REGION 4
Australia	India	Belorussia	Argentina
Fiji	Middle East	Croatia	Brazil
Hong Kong	Nigeria	France	Canada
Indonesia	Sri Lanka	Germany	Mexico
Japan		Greece	United States of America
Laos		Italy	
Malaysia		Kazakhstan	
Singapore		Lithuania	
		Netherlands	
		Poland	
		Russia	
		Spain	
		Switzerland	
		Turkey	
		Ukraine	
		United Kingdom	



HUMAN DEVELOPMENT CENTRES

ESTABLISHED

1	Argentina - Buenos Aires
2	Australia - Murwillumbah (near Brisbane)
3	Fiji - Pacific Harbour
4	Italy - Assisi
5	Malaysia - Kuching
6	Nigeria - Enugu
7	Singapore
8	Turkey - Seyalar

UNDER DEVELOPMENT

1	Croatia - Krnjak
2	Mexico - Chihuahua
3	Spain - Barcelona
4	Sri Lanka - Batticaloa
5	USA - California

HOSPITALS AND MEDICAL CENTRES

ESTABLISHED

1	FIJI Sri Sathya Sai Sanjeevani Medical Centre Sri Sathya Sai Sanjeevani Children's Heart Screening Centre
2	NIGERIA Aruike Speciality Hospital, Enugu Aruike Speciality Hospital, Imo
3	SRI LANKA Sri Sathya Sai Karunalayam Medical Centre
4	USA Sathya Sai Sanjeevani Medical Centre (Clarksdale, Mississippi)

UNDER DEVELOPMENT

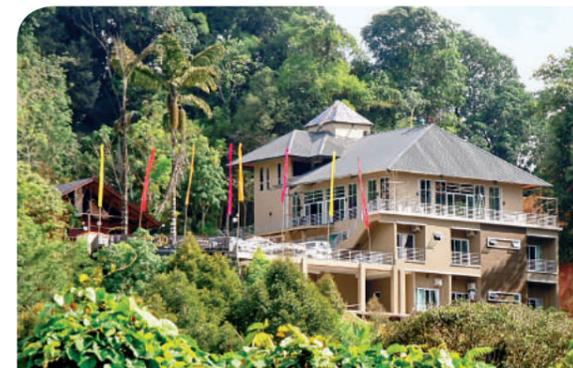
1	FIJI Paediatric Cardiac Hospital
2	SRI LANKA Paediatric Cardiac Hospital



Love and Peace Centre for Human Development and Service, Argentina



Heart of Love Centre, Australia



Vishwa Niketanam Centre For Human Development, Kuching, Malaysia

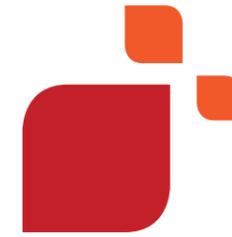


Sai Anandam, Singapore





Casa Del Divino,
Italy



SERVICE ACTIVITIES FROM APRIL 2020 TO MARCH 2021

During the COVID pandemic, the members of Sai Global Federation of Foundations continued some of their service activities to cater to the needy in a timely manner, by distributing meals regularly, ensuring adherence to the Government regulations and COVID protocols.

EDUCARE

- School Breakfast Programme
- School Lunch Programme
- Values-based education imparted through three schools – Embodiment of Love Academy (Nigeria), Toogoolawa School (Australia), and Sri Sathya Sai School (Laos)
- Values-based training for parents and teachers
- Distribution of uniform, stationery, and shoes to students
- Self-confidence and skill development training for youth and children



Joy Village,
Nigeria



Sai Prema Ashram – Centre for Love and Peace and Centre for Human Development,
Fiji



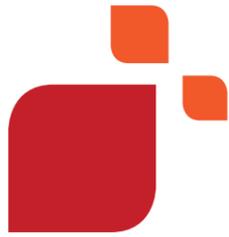
Prema Yoga Centre for Human Development (Phase 1),
Turkey



11,520 Students benefitted

400+ Hours of workshop conducted for parents and teachers





HEALTHCARE

- Medical Camps
- Dental Screenings and Treatment
- Haemodialysis
- Mobile Clinic service
- Paediatric Heart Surgeries
- Paediatric Cath Interventions
- Paediatric Consultations and Screening
- General Medicine Treatments
- Blood Donation Camps
- Training doctors and paramedical staff

284,940

Individuals treated completed free of cost

SOCIOCARE

Distribution of hot meals, health kits, ration kits, clothing, footwear, warm wear...etc.

2 million

Meals served to the needy

50,800,000

Litres of clean drinking water supplied





अद्वैत दर्शनं ज्ञानम्

SRI SATHYA SAI PREMAMRUTHA PRAKASHANA

THE VISION OF ONENESS IS WISDOM

Sri Sathya Sai Premamrutha Prakashana (Sai Prakashana) is a not-for-profit Society registered under the Karnataka Societies Registration Act in the year 2012. A publications and communications division of Sri Sathya Sai Loka Seva Trust, the sole purpose of Sai Prakashana is to spread the profound truth – 'I am divine and so are you', and the vision of 'Oneness'. This is done through the messages of Sadguru Sri Madhusudan Sai on unity of religions, service to humanity and service with love.

Through the internet radio channel – **Sanathana Vani** – the voice of eternal truth is being delivered to all parts of the world in various forms and languages, best suited to the varying needs of different audience groups.

Divisions

- Books and Publications
- SanathanaVani – 24x7 Internet Radio Channel
- Media – Audio, Video, Photography and Live Telecasts
- Communications and Event Management

Service and Support Areas

- Publishing - translation, transcription, transliteration, writing, editing, proofreading, and designing
- Digital Publications (newsletters, journals, eBooks)
- Book Store and E-store
- Audio-Visual Technical Services
- Photography and Graphic Designing
- Live-streaming
- Event Management and Coordination Support
- Internet Radio Broadcasting
- Filming, editing and video production
- Creative Content
- Web and App Development
- Social Media
- Archival

Media Support

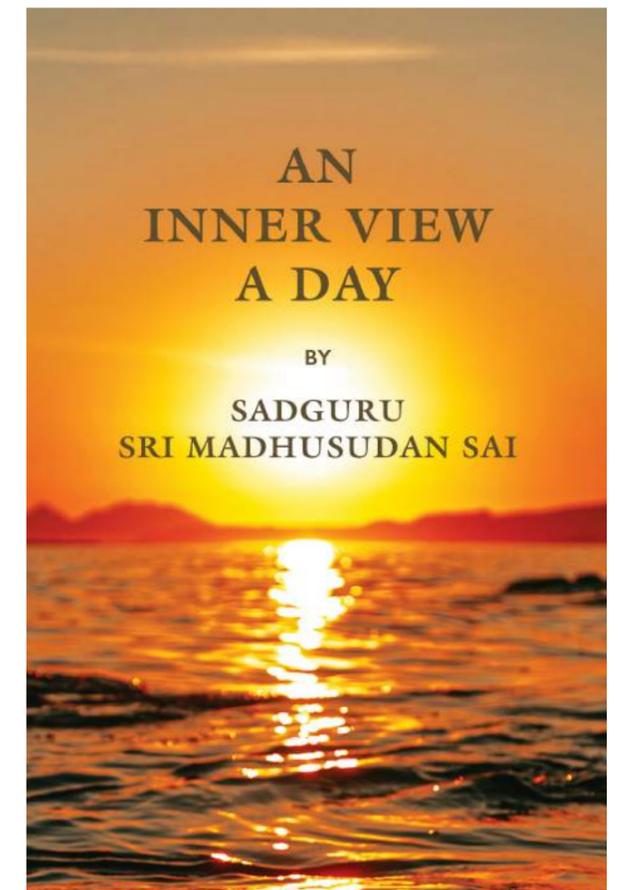
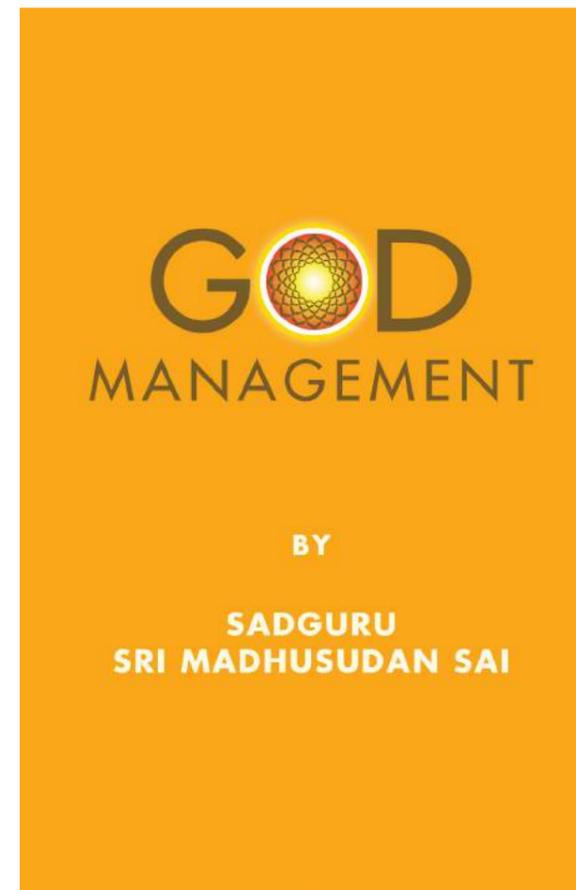
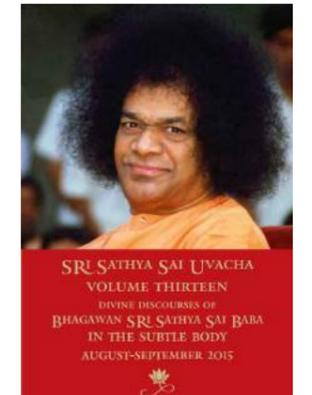
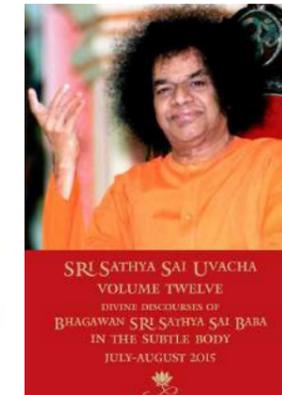
- ✿ Sri Sathya Sai University for Human Excellence
- ✿ Sri Sathya Sai Loka Seva Gurukulam
- ✿ Sai Global Federation of Foundations (SGFF)
- ✿ Prashanthi Balamandira Trust
- ✿ Sri Sathya Sai Saraswathi Education Trust
- ✿ Sri Sathya Sai Annapoorna Trust
- ✿ Sri Sathya Sai Health and Education Trust
- ✿ Sri Sathya Sai Aradhana Trust
- ✿ Sri Sathya Sai Aarogya Vahini Trust
- ✿ Each One Educate One Foundation
- ✿ Institute of Human Values

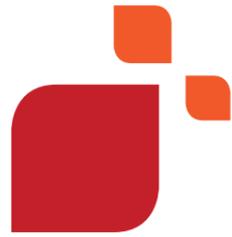
Publications During 2020-21

- ✿ Sri Sathya Sai Uvacha - Volumes 11, 12, 13
- ✿ An Inner View a Day
- ✿ God Management
- ✿ Sanatana Dharma
- ✿ Calendar 2021
- ✿ Global Uvacha Team: 56 books published in 18 major languages across the world

Video Series Launched in 2020-21

- ✿ Master the Mind
- ✿ *kaṭhapaniṣad*
- ✿ *gīta jñāna yajña*





sanathana
VANI THE VOICE ETERNAL

SANATHANA VANI

THE VOICE ETERNAL

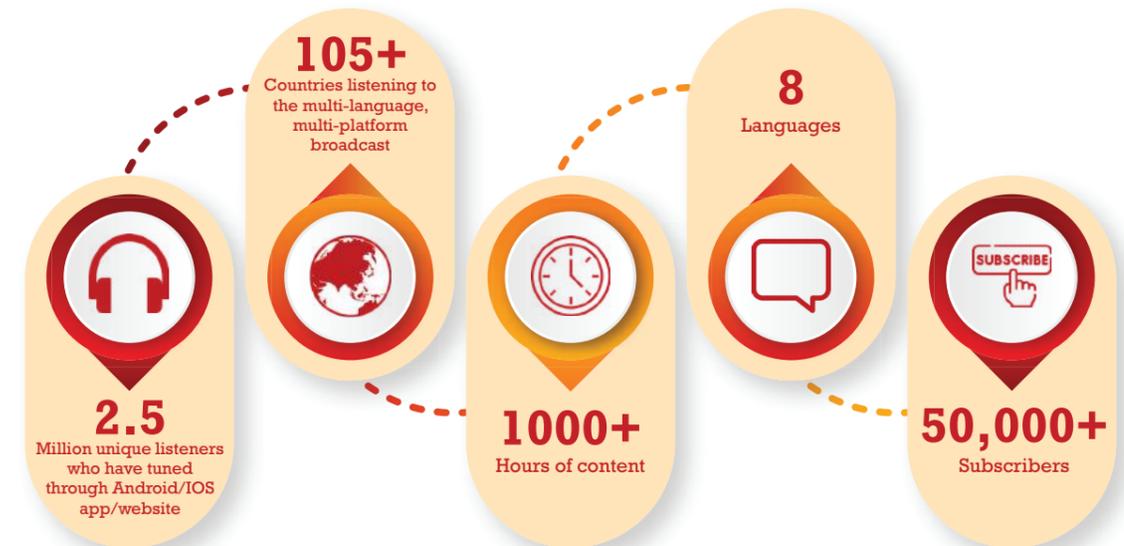
Sanathana Vani Radio – The Voice Eternal (internet radio)

Sanathana Vani is a 24 x 7 radio channel with an objective to spread the eternal Truth of all faiths and religions, irrespective of any barriers in a multitude of languages and a variety of programmes. It enables users to stream *vedic* chants, multi-faith *bhajans*, instrumental music, exhilarating world music, soul-stirring talks by spiritual leaders and saints on interfaith correlations, guidance on *swadhyāya* or self-study, experiences of devotees, narrations of the epics by inspirational *gurus*, and plethora of divine discourses by Sadguru Sri Madhusudan Sai.

The Sanathana Vani mobile app is available on both IOS and Android platforms.

Radio Streams

- Live
- Veda Vani
- Bhajana Vani
- Amrita Vani



Statistics as of March 31, 2021



ALL ABOUT THE RADIO STATION



NEW PROGRAMMES

- Immemorial Tales
- My Lord and I (Video Series)
- Sadgamaya – Towards the Truth (Q&A)
- Sugnyana Sudhe (Kannada)
- Aurora (Russian)
- Growing to be God – (Season 2)



LISTENERS

30,600
SUBSCRIBERS

On YouTube and Facebook via both Sanathana Vani and Sai Vrinda



VOLUNTEERS

8 COUNTRIES

Volunteers from eight countries assist in radio programming, scripting and editing



FOREIGN LANGUAGES

8 LANGUAGES

Italian, Chinese, Croatian, Spanish, Portuguese, Russian, Kannada and English

COLLABORATIONS WITH INSTITUTIONS

Sanathana Vani collaborates with institutions that share similar objectives of spreading secular and spiritual wisdom to leverage resources and content. This helps in extending the reach and in promoting better engagement with a wider digital audience. Some of the institutions that the radio station works closely with are:

- Chinmaya Mission
- Nagarjuna Engineering College
- International Society for Krishna Consciousness (ISKCON)
- Parmarth Niketan

HEAR IT. LIVE IT.

Renowned musicians from the world over play for the radio station. From Jai Uttal, Tina Malia, Deva Premal and Krishna Das and to many more across the world, Sanathana Vani offers a melting pot of world music and art.

ALL THINGS APPY

All the top features the radio listeners look for in a smartphone app are available in the Sanathana Vani App.



VOICE BOX

Listen to, share and request for a programme



LISTEN AT LEISURE

For those whom off-air times are more convenient



REMINDERS

Forgetful? Fret not. You'll never miss listening with the reminder



**SRI SATHYA SAI
ARADHANA TRUST**

SATHYA SAI GRAMA, MUDDENAHALLI

SRI SATHYA SAI ARADHANA TRUST

Sri Sathya Sai Aradhana Trust oversees the financial and administrative aspects of the sacred ceremonies and rituals conducted at Sathya Sai Grama, Muddenahalli, and also temple administration work for the few temples that belong to the Trust. Activities of worship conducted by the Trust are done with the objective of healing the body and mind, and ushering in peace throughout the world.

The financial year 2020-21 marked with the COVID pandemic, locked down the ashram at Sathya Sai Grama. Hence only a few select festivals were observed in conformity with COVID protocols and Government regulations, which allowed only a stipulated number of ashram residents to attend the festivities.



EVENTS



WORLD YOUTH MEET 2020

SPIRITUALITY AND SERVICE

NOVEMBER 19 – 21, 2020

The World Youth Meet 2020 was observed virtually with youth from across 20 countries of the world on the theme – Spirituality and Service, which most aptly described the life of Sri Sathya Sai Baba, on the eve of his 95th Birthday Celebrations.

Service done with the awareness of the divine consciousness in all is Spirituality. In turn, the natural expression of a spiritual person established in the experience of the highest Self is Service. Thus, 'Service and Spirituality' are two sides of the same coin.

Despite the pandemic, the youth of the various countries served with passion

and compassion, the needy and destitute, within the protocols and COVID regulations of their respective countries. The youth shared their experiences of engaging in service, especially during the COVID pandemic, and about the need for an inner view to remain unperturbed in the outer pandemonium.

A special Spiritual Questions & Answers session was held with Sadguru Sri Madhusudan Sai during the three-day meet, where many questions of the budding spiritual aspirants were clarified.



FEBRUARY 21, 2021 MASS UPANAYANA CEREMONY

The auspicious *upanayana* ceremony is a ritual by which a young boy or *vatu* is invested with the 'sacred thread' and is initiated into the *gāyatrī mantra* – the mother of all the *vedas*, the holiest of all the mantras passed down from the ancient sages. After the *upanayana* ceremony is performed, the boy becomes eligible to study the *vedas* and thus, the ritual signifies a spiritual rebirth for the young *vatu*.

On February 20 & 21, 2021, Sadguru Sri Madhusudan Sai undertook the performance of the sacred *upanayana* ceremony for 84 young *vatus*. The proceedings began on February 20th evening, when all the *vatus*, their parents and families gathered for the performance of *guru prārthanā*, *navagraha homa* and *gāyatrī homa* at 5:00 p.m. at the entrance of Sri Sathya Sai Premamrutham

Auditorium in Sathya Sai Grama, Muddenahalli. These prayers and *homas* were performed to invoke Goddess Gayatri to bless all the *vatus* who would be initiated into the sacred *gāyatrī mantra* during their *upanayana* ceremony the following morning. Sadguru Sri Madhusudan Sai performed the *pūrnāhuti* for the *homa* and blessed everyone by sprinkling the sacred water from the *yajña*.

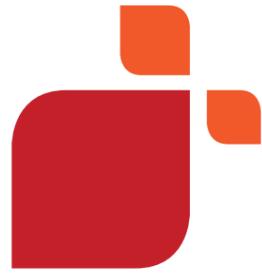
Sadguru then briefly spoke to all the young *vatus*, revealing that this auspicious occasion marked the commencement of a new era which will be characterised by the re-awakening of *sanātana dharma*, which is the true mission of the Sai avatar. Sadguru also revealed that in times to come, *sanātana dharma* would spread not only across India but throughout the globe.



The morning of February 21, 2021 marked the real day when the rituals began at 8:00 a.m. at Premamrutham, where all the *vatus* and their parents were seated. The event began with prayers to Lord Ganesha to remove all the obstacles that may come on the way of good and auspicious beginnings. Thereafter, the rituals of the *upanayana* ceremony began and in the presence of Sadguru Sri Madhusudan Sai, the sacred thread was invested on each of the *vatus* by the father, and the auspicious *gāyatrī mantra* was chanted into the ears of the young boys. This initiation into the *gāyatrī mantra* is also known as *brahmopadeśa*.

This signifies the awakening of the Divine within to inspire and illumine the intellect so that the *jīva* or individual soul may know the *paramātmā* or Supreme Self.

Sadguru spoke about the importance of the *upanayana* ceremony and how the word itself means that it bestows on an individual a closer vision of his own true Self – *upa* means near and *nayana* means vision. When one is born from the mother's womb, one is as ignorant as an animal, but after this sacred *upanayana* ceremony, the *jñāna śakti* or power of wisdom is awakened, thus bringing one closer to the Divine Self.



FINANCIALS

The audited financials concerning the different Trusts are presented in this section in both Rupee and Dollar denominations. The accounts represent the financial statements for the year ending March 2021.



PRASHANTHI BALAMANDIRA TRUST

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	48,72,14,321	65,83,977	58,21,10,503	78,66,358
Interest Income	77,19,661	1,04,320	1,37,05,410	1,85,208
Other Income	2,13,675	2,888	5,04,66,780	6,81,984
TOTAL INCOME	49,51,47,658	66,91,185	64,62,82,692	87,33,550
EXPENDITURE:				
Educational Operating Expenses	21,93,34,524	29,63,980	23,98,49,023	32,41,203
Other Educational Expenses	4,98,53,074	6,73,690	8,73,94,267	11,81,004
University Sponsorship Expenses	3,21,88,177	4,34,975	3,61,64,223	4,88,706
Community Service Expenses	22,351	302	96,44,337	1,30,329
Covid Relief Expenses	1,15,45,660	1,56,022	NIL	NIL
Health Care - Hospital Expenses	72,21,579	97,589	81,24,832	1,09,795
Contribution to Other Charitable Trust	1,60,47,100	2,16,853	8,05,76,960	10,88,878
Award and Recognitions	NIL	NIL	53,44,867	72,228
Administrative Expenses	2,57,65,751	3,48,186	2,71,25,036	3,66,555
Depreciation	11,00,26,184	14,86,840	10,84,30,308	14,65,274
TOTAL EXPENDITURE	47,20,04,400	63,78,438	60,26,53,852	81,43,971
EXCESS OF INCOME OVER EXPENDITURE	2,31,43,258	3,12,747	4,36,28,840	5,89,579

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	2,93,36,37,129	3,96,43,745	2,73,46,83,367	3,69,55,181
Secured Loan	38,85,17,490	52,50,236	26,18,85,587	35,38,994
Unsecured Loan	26,59,50,000	35,93,919	26,59,50,000	35,93,919
TOTAL (A)	3,58,81,04,620	4,84,87,900	3,26,25,18,954	4,40,88,094
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Asset	2,87,61,65,376	3,88,67,100	2,61,24,18,533	3,53,02,953
CURRENT ASSETS, LOANS AND ADVANCES				
Cash & Bank Balances (Including FDs)	21,34,70,959	28,84,743	19,58,00,926	26,45,958
Other Deposits	57,36,555	77,521	71,57,353	96,721
Loans & Advances	69,85,42,017	94,39,757	65,74,33,761	88,84,240
	91,77,49,530	1,24,02,021	86,03,92,040	1,16,26,919
Less: Current Liabilities & Provisions	20,58,10,286	27,81,220	21,02,91,619	28,41,779
NET CURRENT ASSETS	71,19,39,244	96,20,801	65,01,00,421	87,85,141
TOTAL (B)	3,58,81,04,620	4,84,87,900	3,26,25,18,954	4,40,88,094

** 1 US\$ EQUALS INR 74



SRI SATHYA SAI LOKA SEVA TRUST (Muddenahalli Branch)

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	2,22,48,573	3,00,656	7,41,93,878	10,02,620
Interest Income	70,327	950	2,47,758	3,348
Other Income	20,51,959	27,729	23,68,372	32,005
TOTAL INCOME	2,43,70,859	3,29,336	10,37,68,945	10,37,973
EXPENDITURE:				
School Operating Expenses	3,10,35,912	4,19,404	3,80,81,324	5,14,612
Community Service Expenses	5,94,344	8,032	30,79,768	41,618
Administrative Expenses	1,40,935	1,905	14,80,545	20,007
Depreciation	7,40,81,071	10,01,096	8,03,48,426	10,85,790
TOTAL EXPENDITURE	10,58,52,262	14,30,436	12,09,08,764	16,62,028
EXCESS OF EXPENDITURE OVER INCOME	8,14,81,403	11,01,100	1,71,39,819	6,24,055

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	69,14,55,305	93,43,991	75,90,65,532	1,02,57,642
TOTAL (A)	69,14,55,305	93,43,991	75,90,65,532	1,02,57,642
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Asset	68,75,78,460	92,91,601	76,18,41,818	1,02,95,160
CURRENT ASSETS, LOANS AND ADVANCES				
Cash & Cash Equivalents	16,66,872	22,525	24,23,150	32,745
Other Deposits	12,53,825	16,944	11,66,271	15,760
Loans & Advances	56,75,713	76,699	1,65,915	2,242
	85,96,410	1,16,168	37,55,336	50,748
Less: Current Liabilities & Provisions	47,19,565	63,778	65,31,622	88,265
NET CURRENT ASSETS	38,76,845	52,390	(27,76,286)	(37,517)
TOTAL (B)	69,14,55,305	93,43,991	75,90,65,532	1,02,57,642

** 1 US\$ EQUALS INR 74



SRI SATHYA SAI SARASWATHI EDUCATION TRUST

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	2,63,17,485	3,55,642	3,81,44,240	5,15,463
Interest Income	1,63,583	2,211	1,92,910	2,607
TOTAL INCOME	2,64,81,068	3,57,852	3,83,37,150	5,18,070
EXPENDITURE:				
School Operating Expenses	1,52,12,253	2,05,571	3,53,29,560	4,77,426
Administrative Expenses	14,53,070	19,636	17,37,104	23,474
Depreciation	30,92,277	41,788	34,44,920	46,553
TOTAL EXPENDITURE	1,97,57,600	2,66,995	4,05,11,584	5,47,454
EXCESS OF INCOME OVER EXPENDITURE	67,23,468	90,858	(21,74,434)	(29,384)

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	3,89,58,543	5,26,467	3,22,35,075	4,35,609
Loan Fund	1,10,00,000	1,48,649	1,10,00,000	1,48,649
TOTAL (A)	4,99,58,543	6,75,115	4,32,35,075	5,84,258
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Asset	4,61,05,132	6,23,042	3,93,88,224	5,32,273
CURRENT ASSETS, LOANS AND ADVANCES				
Cash & Bank Balances (Including FDs)	31,68,350	42,816	30,26,800	40,903
Other Deposits	NIL	NIL	NIL	NIL
Loans & Advances	27,95,126	37,772	29,74,053	40,190
	59,63,476	80,588	60,00,853	81,093
Less: Current Liabilities & Provisions	21,10,065	28,514	21,54,002	29,108
NET CURRENT ASSETS	38,53,411	52,073	38,46,851	51,984
TOTAL (B)	4,99,58,543	6,75,115	4,32,35,075	5,84,258

** 1 US\$ EQUALS INR 74



EACH ONE EDUCATE ONE FOUNDATION

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	2,19,56,868	2,96,714	2,24,30,536	3,03,115
Interest on FD	17,424	235	1,21,321	1,639
Other Income	1,320	18	10,000	135
TOTAL INCOME	2,19,75,612	2,96,968	2,25,61,857	3,04,890
EXPENDITURE:				
Educational Operating Expenses	1,88,99,400	2,55,397	2,01,36,840	2,72,119
Administrative Expenses	7,64,482	10,331	16,05,804	21,700
Depreciation	45,744	618	NIL	NIL
TOTAL EXPENDITURE	1,97,09,626	2,66,346	2,17,42,644	2,93,820
EXCESS OF INCOME OVER EXPENDITURE	22,65,986	30,621	8,19,213	11,070

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	44,41,957	60,026	44,87,592	60,643
Current Liabilities & Provisions	NIL	NIL	27,676	374
Excess of Income Over Expenditure	30,85,200	41,692	8,19,213	11,070
TOTAL (A)	75,27,157	1,01,718	53,34,481	72,088
APPLICATION OF FUNDS:				
FIXED ASSETS	68,619	927	1,14,362	1,545
CURRENT ASSETS	74,58,538	1,00,791	52,20,119	70,542
TOTAL (B)	75,27,157	1,01,718	53,34,481	72,088

** 1 US\$ EQUALS INR 74



SRI SATHYA SAI UNIVERSITY FOR HUMAN EXCELLENCE

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	FOR THE YEAR ENDING 31-03-2021		FOR THE YEAR ENDING 31-03-2020	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	78,55,727	1,06,158	30,03,553	40,589
TOTAL INCOME	78,55,727	1,06,158	30,03,553	40,589
EXPENDITURE:				
Educational Operating Expenses	65,40,194	88,381	18,27,271	24,693
Administrative Expenses	5,20,260	7,031	4,44,464	6,006
Depreciation	1,04,99,536	1,41,886	1,14,50,125	1,54,731
TOTAL EXPENDITURE	1,75,59,991	2,37,297	1,37,21,860	1,85,431
EXCESS OF EXPENDITURE OVER INCOME	97,04,264	1,31,139	1,07,18,307	1,44,842

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	16,97,54,197	22,93,976	17,94,58,461	24,25,114
TOTAL (A)	16,97,54,197	22,93,976	17,94,58,461	24,25,114
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Asset	16,94,21,158	22,89,475	17,95,15,520	24,25,885
CURRENT ASSETS, LOANS AND ADVANCES				
Cash & Bank Balances (Including FDs)	8,37,463	11,317	29,947	405
Loans & Advances	46,768	632	1,24,263	1,679
	8,84,231	11,949	1,54,210	2,084
Less: Current Liabilities & Provisions	5,51,191	7,449	2,11,269	2,855
NET CURRENT ASSETS	3,33,040	4,501	(57,059)	(771)
TOTAL (B)	16,97,54,197	22,93,976	17,94,58,461	24,25,114

** 1 US\$ EQUALS INR 74



SRI SATHYA SAI HEALTH AND EDUCATION TRUST

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	44,97,91,834	60,78,268	46,48,75,293	62,82,099
Interest Income	7,17,046	9,690	5,16,298	6,977
Other Income	5,96,17,471	8,05,642	18,02,271	24,355
TOTAL INCOME	51,01,26,351	68,93,599	46,71,93,862	63,13,431
EXPENDITURE:				
Administration and Maintenance Expenses	22,66,50,853	30,62,849	6,61,18,133	8,93,488
Hospital's Operating Expenses	17,87,26,719	24,15,226	26,66,25,847	36,03,052
Depreciation	7,75,16,807	10,47,524	6,13,99,940	8,29,729
Finance Cost	6,21,78,070	8,40,244	5,35,99,394	7,24,316
TOTAL EXPENDITURE	54,50,72,449	73,65,844	44,77,43,314	60,50,585
EXCESS OF EXPENDITURE OVER INCOME	3,49,46,098	4,72,245	(1,94,50,548)	(2,62,845)

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	1,59,82,60,224	2,15,98,111	1,56,79,57,271	2,11,88,612
Secured Loans	57,38,04,487	77,54,115	45,15,91,543	61,02,588
Unsecured Loans	NIL	NIL	2,95,00,000	3,98,649
TOTAL (A)	2,17,20,64,711	2,93,52,226	2,04,90,48,814	2,76,89,849
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Asset	1,91,55,74,679	2,58,86,144	2,18,14,93,281	2,94,79,639
CURRENT ASSETS, LOANS AND ADVANCES				
Cash & Bank Balances(Including FDs)	5,53,78,591	7,48,359	4,21,25,419	5,69,262
Loans and Advances	2,34,60,279	3,17,031	2,35,58,879	3,18,363
Other Deposits	52,45,857	70,890	56,75,804	76,700
Other Current Assets	38,99,28,375	52,69,302	21,16,952	28,607
	47,40,13,102	64,05,582	7,34,77,054	9,92,933
Less: Current Liabilities & Provisions	21,75,23,070	29,39,501	20,59,21,521	27,82,723
NET CURRENT ASSETS	25,64,90,032	34,66,082	(13,24,44,467)	(17,89,790)
TOTAL (B)	2,17,20,64,711	2,93,52,226	2,04,90,48,814	2,76,89,849

** 1 US\$ EQUALS INR 74



SRI SATHYA SAI ANNAPOORNA TRUST

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	5,21,17,311	7,04,288	5,58,70,280	7,55,004
Interest Income	1,28,955	1,743	30,599	414
Other Income	19,006	257	25,630	346
TOTAL INCOME	5,22,65,272	7,06,287	5,59,26,509	7,55,764
EXPENDITURE:				
Amount spent on providing services to students	4,25,24,187	5,74,651	5,57,59,170	7,53,502
Administrative Expenses	11,12,321	15,031	10,95,560	14,805
Depreciation	9,74,998	13,176	4,97,285	6,720
TOTAL EXPENDITURE	4,46,11,507	6,02,858	5,73,52,015	7,75,027
EXCESS OF INCOME OVER EXPENDITURE	76,53,766	1,03,429	(14,25,506)	(19,263)

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	2,81,97,532	3,81,048	82,31,762	1,11,240
TOTAL (A)	2,81,97,532	3,81,048	82,31,762	1,11,240
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Asset	80,93,824	1,09,376	70,10,590	94,738
CURRENT ASSETS, LOANS AND ADVANCES				
Cash & Bank Balances (Including FDs)	2,00,18,471	2,70,520	13,35,772	18,051
Less: Current Liabilities & Provisions	(85,237)	(1,152)	1,14,600	1,549
NET CURRENT ASSETS	2,01,03,708	2,71,672	12,21,172	16,502
TOTAL (B)	2,81,97,532	3,81,048	82,31,762	1,11,240

** 1 US\$ EQUALS INR 74



SRI SATHYA SAI ARADHANA TRUST

SRI SATHYA SAI
ARADHANA TRUST
SATHYA SAI GRAMA, HUSSAINAPALLE

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	2,35,15,675	3,17,779	44,83,625	60,590
Interest Income	1,78,518	2,412	1,09,144	1,475
TOTAL INCOME	2,36,94,193	3,20,192	45,92,769	62,064
EXPENDITURE:				
Pooja and Function Expenses	1,56,55,833	2,11,565	49,72,524	67,196
Contribution to Other Trust	53,00,000	71,622	NIL	NIL
Administrative Expenses	87,268	1,179	75,675	1,023
TOTAL EXPENDITURE	2,10,43,101	2,84,366	50,48,199	68,219
EXCESS OF INCOME OVER EXPENDITURE	26,51,092	35,826	(4,55,430)	(6,154)

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	2,49,28,484	3,36,871	2,22,77,392	3,01,046
TOTAL (A)	2,49,28,484	3,36,871	2,22,77,392	3,01,046
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Assets	2,13,71,228	2,88,800	2,13,59,228	2,88,638
CURRENT ASSETS, LOANS AND ADVANCES				
Cash & Bank Balances (Including FDs)	20,26,762	27,389	1,55,137	2,096
Other Deposits	15,06,242	20,355	13,85,607	18,724
Loans & Advances	37,526	507	17,877	242
	35,70,530	48,250	15,58,621	21,062
Less: Current Liabilities & Provisions	13,274	179	6,40,457	8,655
NET CURRENT ASSETS	35,57,256	48,071	9,18,164	12,408
TOTAL (B)	2,49,28,484	3,36,871	2,22,77,392	3,01,046

** 1 US\$ EQUALS INR 74



SRI SATHYA SAI PREMAMRUTHA PRAKASHANA SOCIETY

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INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED AND BALANCE SHEET AS AT MARCH 31, 2021

INCOME AND EXPENDITURE

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
INCOME:				
Donations and Contributions	16,28,692	22,009	46,94,462	63,439
Income from sales & Subscription Books	22,22,036	30,028	79,73,171	1,07,746
Increase / (Decrease) in Stock	10,19,377	13,775	(38,65,199)	(52,232)
Other Income	1,76,125	2,380	64,703	874
TOTAL INCOME	50,46,230	68,192	88,67,137	1,19,826
EXPENDITURE:				
Operating Expenses	46,85,231	63,314	93,25,010	1,26,014
Administration and Other Expenditure	3,37,136	4,556	3,95,419	5,344
Depreciation	70,234	949	87,845	1,187
TOTAL EXPENDITURE	50,92,601	68,819	98,08,274	1,32,544
EXCESS OF EXPENDITURE OVER INCOME	46,371	627	9,41,137	12,718

BALANCE SHEET

PARTICULARS	AS AT 31-MAR-21		AS AT 31-MAR-20	
	₹	\$	₹	\$
SOURCES OF FUNDS:				
Corpus Fund	39,72,869	53,687	40,19,239	54,314
TOTAL (A)	39,72,869	53,687	40,19,239	54,314
APPLICATION OF FUNDS:				
FIXED ASSETS				
Tangible Asset	4,06,039	5,487	4,48,774	6,065
CURRENT ASSETS, LOANS AND ADVANCES				
Inventory	32,39,683	43,780	22,20,306	30,004
Sundry Debtors	8,57,384	11,586	13,00,601	17,576
Cash & Bank Balances (Including FDs)	13,03,883	17,620	16,32,623	22,062
Loans & Advances	53,364	721	53,364	721
	54,54,314	73,707	52,06,894	70,363
Less: Current Liabilities & Provisions	18,87,484	25,507	16,36,429	22,114
NET CURRENT ASSETS	35,66,830	48,200	35,70,465	48,250
TOTAL (B)	39,72,869	53,687	40,19,239	54,314

** 1 US\$ EQUALS INR 74

“ Just as many tiny drops of water join together to form a stream and many streams join together to form a mighty river that flows with great strength and vigour to reach and merge in the ocean, likewise if all join together and take to the path of love and service as a single unified entity, then the service rendered will be more effective and fruitful to the society. ”

**SADGURU
SRI MADHUSUDAN SAI**

NUTRITION



Let
NO
CHILD
GO TO
SCHOOL
HUNGRY
EVER!



EDUCATION



**Institute of
Human Values**



SaiSure

HEALTHCARE

COMMUNITY SERVICE